

# THE GATEWAY

volume C number 1 · the official student newspaper at the university of alberta · [www.thegatewayonline.ca](http://www.thegatewayonline.ca) · thursday, august 27, 2009

## Hatching fresh ideas

A hundred volumes in, and it's only the beginning.  
Come and see where a century has taken the *Gateway*.





# Medical isotope future in doubt

LEIF LARSEN  
The Manitoban

CHALK RIVER (CUP) — Prime Minister Stephen Harper announced in June that Canada would not extend its commitment to producing medical isotopes at the National Research Universal (NRU) reactor at the Chalk River facility beyond 2016.

The announcement has put the spotlight on the medical isotope industry and called its apparent fragility into question.

Medical isotopes such as Cobalt-60 produced by reactors like the NRU are used often for both treatment and diagnosis. The injection of medical isotopes into the body can help doctors diagnose heart disease, cancer and even provide high-resolution images of bones that can be superior to X-rays. Used for treatment, the energy given off by the isotopes can be directed toward cancer cells, killing them.

The Chalk River NRU reactor has become a major global supplier of medical isotopes, providing an estimated 60 per cent of the world's isotope needs, and can produce enough material to treat 76,000 people per day.

The facility was set to be decommissioned in 2005 and replaced by two new reactors. However, despite 12 years of continuous development, Atomic Energy of Canada Limited (AECL) announced in May 2008 that the development of the new reactors would be abandoned due to uncorrectable design flaws.

After this failure, the Canadian Nuclear Safety Commission (CNSC) renewed the NRU reactor's license in 2006 on the condition that the reac-



WIKIMEDIA COMMONS

(ALMOST) ALL USED UP The Chalk River Facility is on its last leg of operations.

tor underwent upgrades to ensure the integrity of the cooling system. In November 2007, the reactor was shut down to perform the upgrades; however the work took longer than expected, creating a global shortage of medical isotopes.

On December 17, 2007, against recommendations of the head of the CNSC Linda Keen, the government of Canada opted to restart the NRU reactor to satisfy global demand and a shortage of medical isotopes. At the time, Keen commented that the risk of an accident occurring at Chalk River was "1,000 times greater than international standards."

Keen's disagreement with Gary Lunn, the federal minister of Natural Resources at the time, over the safety of the Chalk River facility led to her dismissal in January 2008. Since then, the opposition parties have raised questions about the motivation behind her firing and government interference in regulatory bodies such as the CNSC.

In May 2009 Chalk River's NRU reactor was shut down again as a

safety precaution during power outages in Eastern Ontario and Quebec. Following the shutdown, heavy water was found leaking from a corroded spot on the reactor, prompting the AECL to keep the reactor offline for three months while repairs were carried out.

Due to their reactivity, nuclear isotopes have a short shelf-life, so the current shutdown of the NRU reactor has created the potential for another international isotope shortage.

Harper said on June 17 that the Canadian government would seek to extend the license of Chalk River's NRU reactor beyond 2011 to 2016, but that Canada may look to get out of the medical isotope business following its decommission. Currently no new reactors have been commissioned.

With aging production facilities, the planned shutdown of the NRU reactor and no new reactors on the horizon, practitioners and patients of nuclear medicine have reason to be concerned until a long-term solution to the shortage is found.

# Author challenges common view of Canadian history

ISHMAEL N. DARO  
CUP Opinion Bureau Chief

SASKATOON (CUP) — Yves Engler has laid out a difficult task for himself. Although most Canadians believe Canada's foreign policy is built on peacekeeping and resolving conflicts, Engler is out to disprove such notions.

Engler's third book, *The Black Book of Canadian Foreign Policy*, recounts the many instances when Canada fell short of its peaceful image abroad.

The shocking charges in the book include Canada's failed attempt to establish colonies in the Caribbean after WWI, tacit support for the apartheid regime of South Africa, and helping to establish the brutal dictatorship of Augusto Pinochet in Chile.

Engler also asserts that former Prime Minister Lester B. Pearson might be considered a war criminal for his diplomatic role during the Vietnam War. Pearson, who is the father of Canada's peacekeeping image, is often remembered as being against the Vietnam War, but Engler believes his slight disagreement about the conduct of the war has been mythologized into an anti-war view Pearson didn't actually hold.

"If you take courses in Canadian university about foreign policy, you don't, in my opinion, get a very good understanding about the true history of Canada's role in the world."

Engler says there is a "soft nationalism" in schools that is further propagated by the media that assumes an unquestioning look at Canada's actions internationally.

"I think it's obviously systemic in

that basically all powerful institutions support the mythology in one way or another," he said.

Ultimately it was events in Haiti that inspired the writing of *The Black Book of Canadian Foreign Policy*. In 2004, a struggle erupted between Haiti's democratically elected president Jean-Bertrand Aristide and opposition forces. According to Aristide, he was forced from power by the American, French, and Canadian governments for a more compliant government. Canadian officials dispute this claim.

"There was just too much evidence that Canadian politicians, police trainers, military, et cetera, knew what they were doing [...] The reality was a horrible devastation to the most impoverished nation in the hemisphere," said Engler, who has travelled to Haiti.

Inspired to expose the truth about Canada's involvement in Haiti, Engler co-wrote *Canada in Haiti: Waging War on the Poor Majority*. However, when Engler tried to present his findings to fellow Canadians he was often met with skepticism. This led Engler to dig deeper in his latest book.

*The Black Book of Canadian Foreign Policy* attacks almost everything most patriotic Canadians hold sacred: Canada's peacekeeping image, standing up to American power, and foreign aid that supposedly helps the developing world. Engler disputes critics who might claim he is unpatriotic or that he hates Canada.

"I played junior hockey, I'm bilingual, and I wrote most of the book at Tim Hortons. I think that gives me pretty good Canadian credentials."

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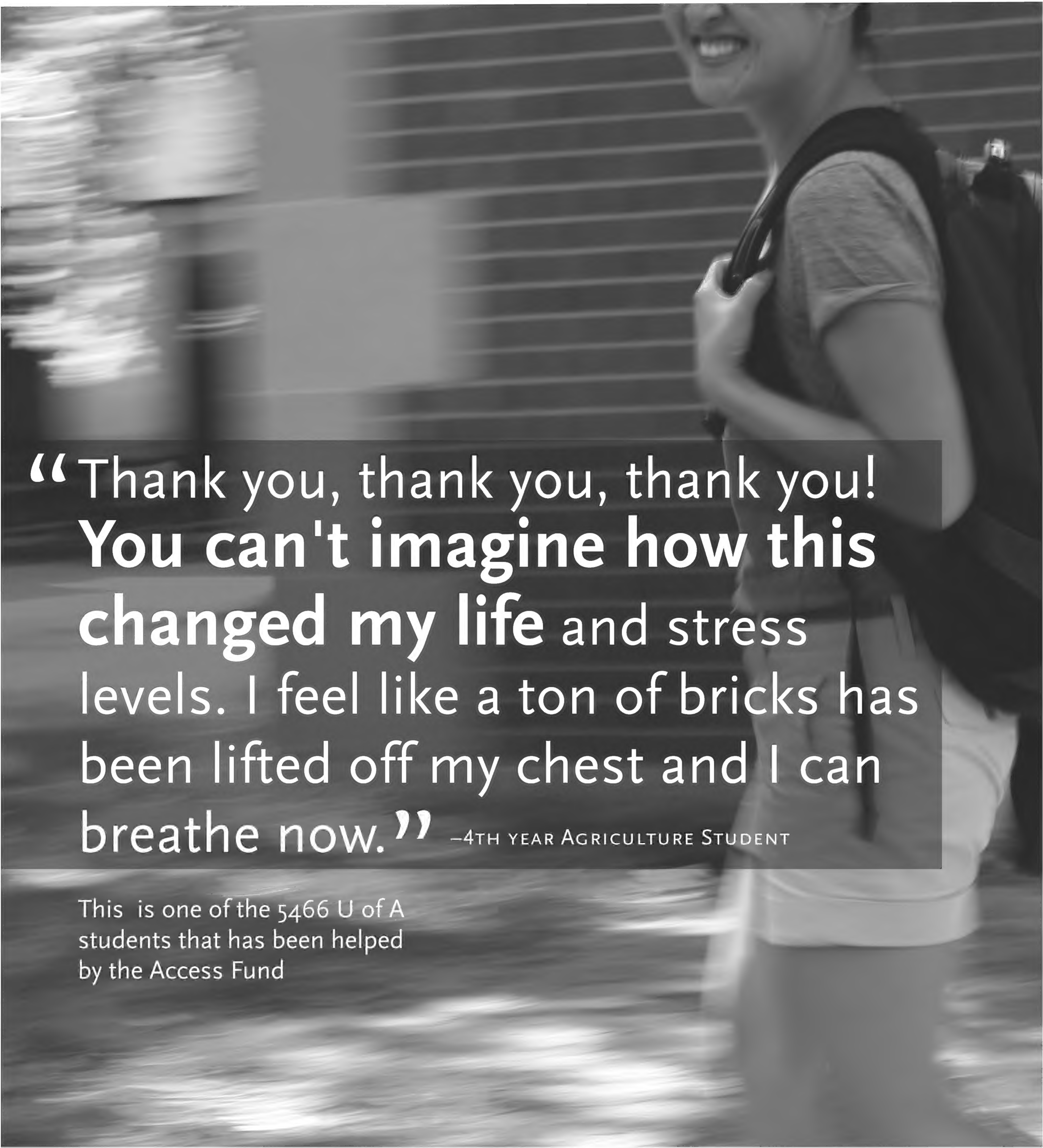
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levels. I feel like a ton of bricks has  
been lifted off my chest and I can  
breathe now.”** —4TH YEAR AGRICULTURE STUDENT

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#### HOURS FOR SEPTEMBER - APRIL

**Monday, Wednesday - Friday**  
8:30am to 4:30pm  
**Tuesday** 8:30am to 6:00pm



## The silver lining of the Green and Gold

FIVE YEARS AGO THIS WEEK, I SET FOOT INTO my very first lecture as a bright-eyed blank slate of an Arts student. I was eager to escape the cold, industrial grasp of my small-town upbringing and enter a world of progressive, metropolitan ideals. “The world really *is* different in the big city,” I would tell myself, certain there was more to life than picking up cougars at the local watering hole and ostracizing those who didn’t fit into the cookie-cutter form of a truck-driving WASP male so common to rural Alberta. And now, with my undergrad a year past expiry, with plenty of time left to go, nothing has really changed; in fact, I’m more terrified and confused by the world around me than ever before.

If I wanted to lie to you, as my profession has trained me so amply to do, I could tell you that in the time that I’ve taken at the U of A, I’ve seen it all and done more body shots than most Dekes can stomach for breakfast. But the truth is that even a grizzled old man like me, who revels in the chance to sow the seeds of wisdom among fertile neophytes, is still but a greenhorn in the grand scheme of the world.

I foolishly thought that a liberal arts degree would bless me with the critical thinking skills necessary to peel back the complexity of society and see it clearly for what it is beneath the layers of bullshit. But as it turns out, the deeper I dug, I only found more layers of befuddlement, and more questions than explanations. Where I expected to find sanctuary from the masses of ignorance, I was only met with more cretins, or worse, elitists who looked down their noses at me and my hopelessly naïve quest for self-discovery. As it turns out, mismanagement, corruption, and outright stupidity have less to do with regional differences and more to do with the fact that you can’t pigeonhole every person into the same ideological manifesto that you yourself subscribe to, no matter how ironclad or bulletproof the structure.

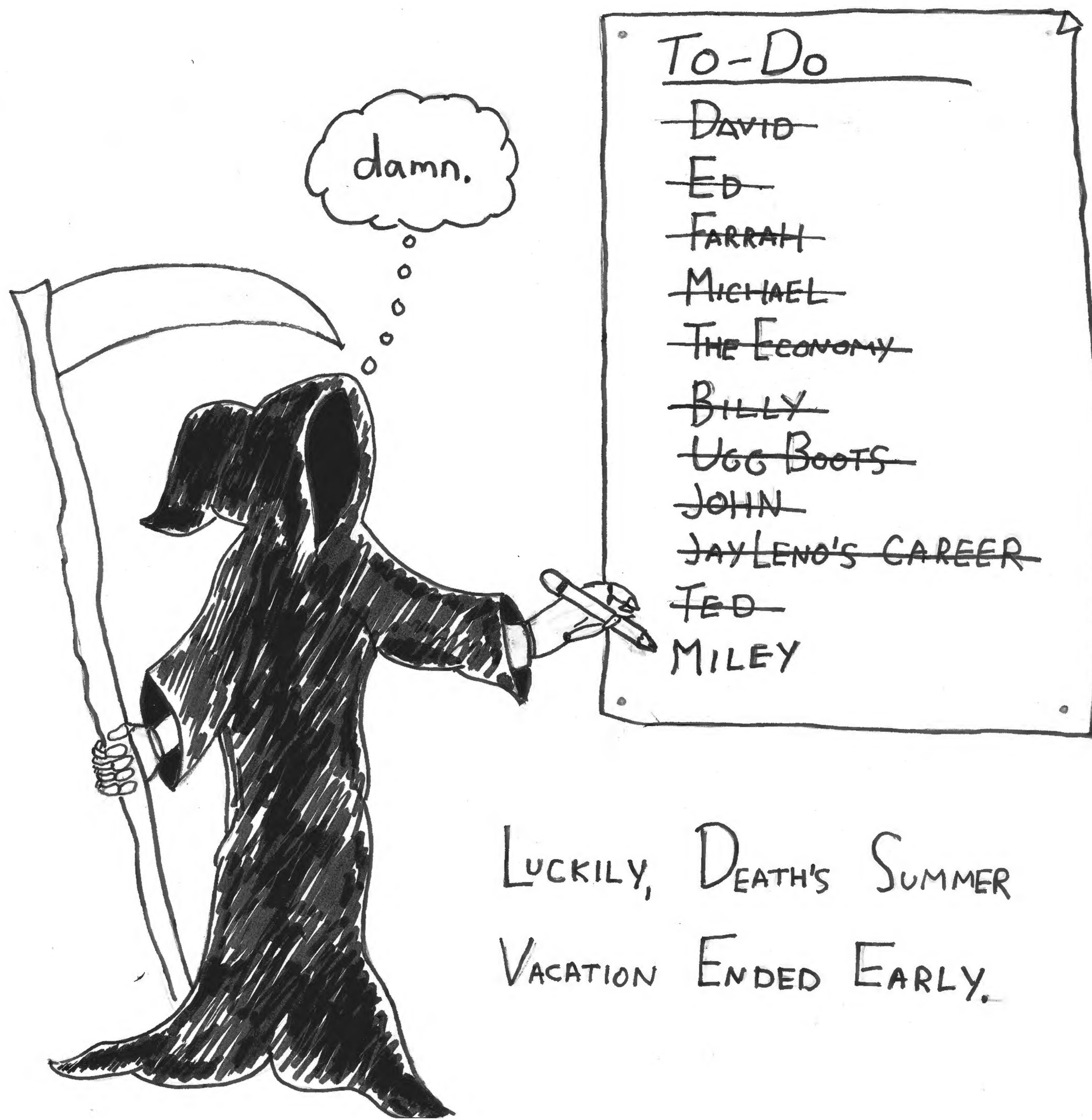
And that realization, my friends, is the key to a happy university career. It didn’t happen overnight, but eventually, I traded in my provocation for ambivalence, and my demagoguery for ... well, for using smaller words. I’ve stopped countering the opinions that I disagree with so fervently, accepting that I’m not always right; instead of letting myself get enraged, I just tune out, and I’m better for it.

I’ve stopped scoffing at the causes that I find pointless, I’ve stopped raging against the machine, and most importantly, I’ve indulged in more college vice and debauchery in the past four months than in my five years prior, all in the name of keeping it real. After trying to fight back and speak out against every perceived instance of the downfall of society, I finally accepted that I need to let go — I’m much happier to shut out the things that piss me off and partake in the thrills in life that make me truly happy.

In your tenure at the University, you’re likely going to find yourself caught between trying to define your own emerging self while keeping from slipping into the toil of every other drowning student around you. You need to stop, and just let it happen. The harder you try to grow up and force yourself into an idealized self-image, the higher you’ll build your own ivory tower, wondering how and when your youth slipped out from beneath you. Don’t lose yourself to blank stares at blank pages, and find the silver lining on the edge of what could be dull and featureless otherwise.

Take the advice of the wiser men and women who’ve come before me and spend your next four, six, or nine years at the U of A studying, partying, and discovering exactly what kind of person you want to be. You can’t expect to grind your way through experiences, hoping they’ll make you a better person — the best you can manage is to sit back, enjoy the ride, and let yourself develop organically in the ideal environment that university has to offer.

MIKE KENDRICK  
Editor-In-Chief



LUCKILY, DEATH'S SUMMER  
VACATION ENDED EARLY.

DAVID JOHNSTON

## letters TO THE eds

### The pop stops here

It was with happiness I read in *The Gateway* that the SU had approved the “single source beverage” agreement. Like so many in our obese, corporation-loving world, I like my bottled sugary drinks, and I don’t like to walk far to get them.

It was with less happiness that I noticed the next day that prices on SUB vending machines went up by 14.3 per cent. Vending machines across campus soon followed suit.

My question to the SU is this: does the scholarship money come directly from this 14.3 per cent tax on those of us with addictions to bottled beverages that are probably slowly killing us? Or is the price hike pure coincidence?

MIKE SMIT  
Computing Sciences

### Hooray for journalists

I hate to admit that I haven’t read the *Gateway* for the past 58 years, but when I picked up a copy recently, I was pleasantly surprised by the quality of the writing.

I was particularly impressed by Cody Civiero’s article “Creationism get the evolving door.” (May 8) It is one of the best pieces I’ve ever read on the topic, and very obviously well

researched. I see a bright future for this young man in journalism.

ART DAVISON  
Chemical Engineering Class of ‘51

## from THE web

### He’s the man with a plan

RE: “(100) Days of Mathewson gets a two-star review” (August 6)

I feel most student initiatives suffer greatly from a lack of planning which ultimately results in wasted resources and effects that actually increase student apathy. For once, it is great to see the SU Executive taking the time to thoroughly plan out how to go about their initiatives with bold vision.

Having vision and bringing it into fruition is a skill which is manifest in one’s ability to plan. It is time to stop piecemeal initiatives and begin working from a holistic vision where initiatives are complementary so as to unlock synergies that ultimately result in resources being used to their maximum potential. With this a true critical mass may form in the student body and effective strategy may at last tackle the student selfishness and apathy to which this campus is swamped.

But I agree with you Lucas. Once you have the vision mapped out, it

often takes a true leader to make the sacrifices needed to pursue it — and not just altruistic sacrifices, but intelligent and thoughtful sacrifices. It is encouraging to see that Kory has vision; a good sign of a leader. This is something worth celebrating. Hopefully we can celebrate again when he uses his strength to bring that vision into material existence.

MARK MCCORMACK  
Via Internet

### Oilsands not yet a beach

RE: “Oilsands ecosystem on the road to recovery” (August 6)

I find it a bit odd that the would conclude that the “oilsands ecosystem” is “on the road to recovery” (as stated in the headline to this article) simply because one professor at the University of Alberta spends his time researching how to engineer synthetic forests after they are clear-cut and pit mined. I just came back from a trip to the oilsands and I can assure you that the “oilsands ecosystem” is *anything but* recovering!

On the contrary — based on what I saw with my own two eyes, and on what I heard from local First Nations people and oilsands workers — I would posit the the “oilsands ecosystem” is being poisoned at an alarming rate (this would include the regional watersheds, wildlife, forests, fauna, and

even people!). Perhaps, instead of celebrating the work of one U of A prof with a preposterously inaccurate headline, next time the *Gateway* will offer a more balanced approach (and a more appropriate headline) in its “News” section!

“ORGANIC INTELLECTUAL”  
Via Internet

### Unflinching populism

RE: “If a change is gonna come, I haven’t seen it” (August 6)

Esoteric, though, perhaps a little complacent? Some referrals and specifics would definitely help your cause and make it less some post-Obama emotionalism and more dedicated activist. Though, I imagine that may be a little special interest and may compromise the piece’s unflinching populism.

JOSEF CHECKEL  
Via Internet

### Er ... flinching populism?

RE: “If a change is gonna come, I haven’t seen it” (August 6)

Err ... aren’t esoteric and populist antonyms? And I don’t see how deriding the voting public as “morons” is pandering.



# Energy infrastructure burnt out



JASON  
LUK

“Having no competition has left us simultaneously under threat of blackouts and paying some of the highest power bills in the country. Deregulating meant we’ve lost control over when power plants are built, even when they’re desperately needed.”

So, as you’re probably aware if you follow the latest in energy information news, an official for Alberta’s Utilities Consumer Advocate recently quit. Now, having shed the constraints of having pure evil muzzling him, he can take it upon himself to warn the public directly that our stay-the-course march towards fully deregulated power will “crush” them. Despite past promises of low prices, Alberta has proven to have a power market almost designed to fail.

Decades of infrastructure neglect makes it excruciating for new competition to move in. Just as we don’t expect to find a Walmart in a deserted plain, a power plant won’t build where the wires don’t run. Now in a frantic rush to catch up, we’re told to prepare to be hit by a sudden absurdly expensive transmission expansion. But even if our decrepit system is spiffed up with something that is bigger or better, utilities are still scared shitless to build here.

Our ultrasensitive boom-and-bust economy may be fantastic for investors who can cash out anytime, but it’s not hot for someone backing a billion-dollar plant over 30 years. The fact of the matter is, no one knows whether the next oilsands project will flood the market with a bevy of impossibly cheap electricity

made from waste energy, or drain our grid to near-emptiness, pushing up power prices. As a result, having no competition has left us simultaneously under the threat of blackouts and paying some of the highest power bills the country has ever seen. Deregulating ultimately meant we’ve lost control over when power plants are built, even when they’re desperately needed.

We were supposed to be able to shop around for the better prices, but energy retailers are just as petrified of our fragile power grid. We now have a choice of a handful of sleaze-bag militias who can only survive by going door-to-door hustling folks with outrageous energy contracts. They don’t know if volatile market prices are going to be low next week, or whether they have to pay for imported power just to fight off the dreaded threat of a blackout.

So they take the path of least resistance for them; they sign you up to five years of monstrous calculus-textbook-like prices to ensure they can cover their own bills. Even here in these deep city lights, our Edmonton-based utilities won’t save us, as EPCOR intelligently refuses to play the demented game of selling deregulated power.

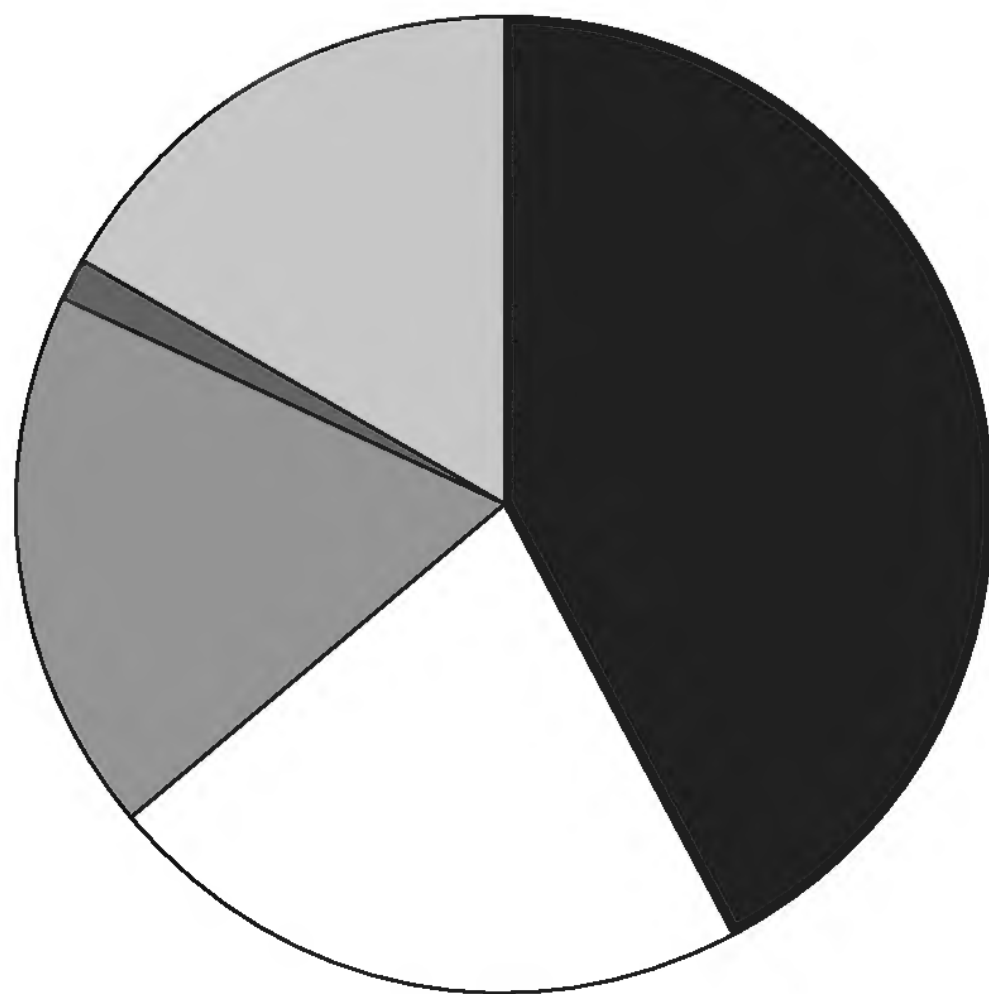
It’s not that having fluctuating power prices is a sin, but the

energy barons could at least go out of their way a smidge to make it useful to us. When power demand is high during the day, new plants go all out and dirty old plants fire up, sending costs soaring. Earlier or later in the day, the system eases up and runs more efficiently as power demand and prices plummet. “Smart Meters” currently used in Ontario and California would let us slash our bills by doing the dishes at 8 p.m. rather than 6 p.m. Klein and Stelmach’s developmentally delayed lovechild of a system struggles to tell time, charging us the same price day or night.

Sure, we could tough out the occasional blackout, and generously spread our wealth by buying more power from British Columbia. We could man up to door-to-door utility con-men and agree to ludicrous contracts, knowing their busy-work feeds *their* family, at least. We could even wash our delicacies late at night, burning the midnight oil, all to let the grid run more fuel efficiently, and marginally lowering society’s overall power costs. And all of this happening, unfortunately, without any real personal financial benefit. But if this is the best that the PCs can offer us with deregulation, how are we better off than with the socialist systems of yesteryear?

## readerpoll

“What’s the maximum price you’d pay for a booth-hawked cheeseburger and soda during Week of Welcome?”



- As a vegan, your poll offends my sensibilities. (17%)
- \$6.99 (I'd better get a toy.) (1%)
- \$4.25 (For a good cause) (18%)
- \$3.75 (That's about average, right?) (22%)
- \$2.50 (I'm a cheapskate.) (42%)

TOTAL RESPONSES: 78

THIS WEEK’S QUESTION:  
“How many courses are you registered in for the fall term?”

vote online at  
[thegatewayonline.ca](http://thegatewayonline.ca)

### LETTERS ♦ CONTINUED FROM PAGE 12

If anything, Civiero’s problem is that he seems to want to piss people off. I’m not exactly a member of the guy’s fan-club, but “populist” is the last word I’d use to describe him.

MATT  
Via Internet

Letters to the editor should be dropped off at room 3-04 of the Students’ Union Building, sent via paper aeroplane or e-mailed to [letters@gateway.ualberta.ca](mailto:letters@gateway.ualberta.ca). The latter is preferred, since having to type up letters makes the Opinion Editor rather sad and tired.

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libellous or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words,

and should include the author’s name, program, year of study and student identification number to be considered for publication.

Furthermore, e-mails featuring excessive amounts of exclamation marks, all-caps, large font sizes, and emoticons, are liable to be ridiculed mercilessly by the editorial staff.

In recent days, we’ve begun using website article comments as letters for the section as well, since print media is slowly dying a langourous death, and we’re all watching it burn, burn, burn with terrified looks in our eyes. During that awkward transition period, however, comments and quotes from both sides of the Internet will be accepted. The inclusion of identifying details are preferred under this case, but not altogether necessary, as the anonymity of the Internet is an inalienable right that we cannot take away.

Tweets to the Gateway’s twitter account will not be printed, however. Welcomed, but not retweeted.

## St. Vital

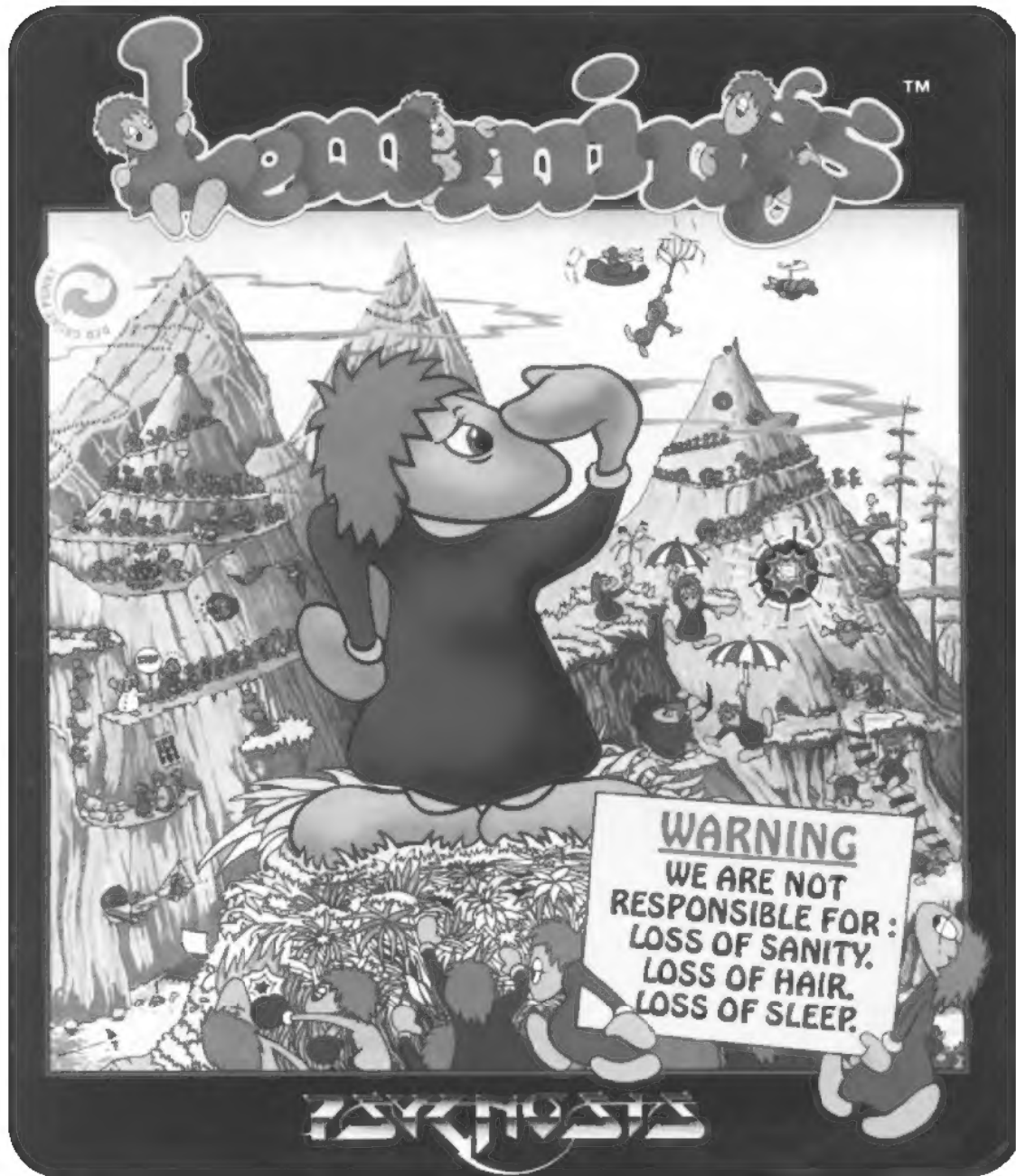
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### VIDEO GAME ANTIQUITIES:



## Lemmings

Oh, come on. Who doesn’t love a game about a race of crazed little green-haired sheeple that mindlessly dive off cliffs if you give them half a chance? Pikmin and Elebits have nothing on these crazy bridge-building, ditch-digging, self-detonating little guys.

At Gateway Opinion, we also like to assign our volunteers diverse tasks to safely carry the newspaper to victory, though we’ve got a slightly lower mortality rate. Come on up to SUB 3-04 on Thursdays at 5pm starting September 3rd, and we’ll find a job that’s right for you.

It probably won’t involve too much cliff-diving. Unless you’re up for it.

## GATEWAY Opinion

equipping our infantry with parasols since 1910.



# Fresh advice for freshmen: campus veterans spill secrets



OPINION  
STAFF

Group  
Commentary

So you're standing in the middle of campus — dazed, confused, unsure of which direction to go. You can't tell SUB from CAB from FAB, and don't know why there's some building named after a turtle called Tory. You're clutching a bunch of over-priced books, wielding an over-priced lunch, and being crowded by thousands of other students, all of whom apparently know exactly where they're supposed to be. You can't waste the day wishing it'd slow down, so you're going to need to pick up the pace. Welcome to your freshmen year, kids. It ain't gonna be easy.

Luckily, the venerable veterans of *Gateway Opinion* are here to provide you — that's right, you in the Grad 09 hoodie — with valuable tips, secrets, and insights that can only be garnered from the hard-knock life experience. It would literally take hours of campus living to collect tips like these, and who has that kind of time to waste?

## Mike Chafe

Let's face it; now that you've left the high school fish tank and moved into the vast ocean of postsecondary, you're going to have to make a few sacrifices. Soon you'll kiss goodbye to such old friends as money, personal hygiene, and of course sleep. University life will soon ravage your body, turning you into an insomniac

zombie, just like that guy from the *Twilight* movies. So, what's a student with no time for actual sleep to do? Energy drinks are much too weak and cocaine is far too expensive. The solution is simple: sleep in class! With a few simple steps, you'll soon be spending your lecture hours dreaming.

On the first day of classes, I'd advise quickly befriending the class keener. Keeners are usually found in the front row, transcribing out the professor's every word and making copious notes about their normal notes. Having this person as an ally will provide peace of mind that while you sleep, you won't miss any important information.

Seating position is also important. Obviously, a front-row seat will be to your disadvantage in the art of lecture sleeping, but sitting in the very back is also a rookie mistake for a new sleep-lecturer. Choosing a seat in the middle is ideal as the crowd creates optimal camouflage to avoid the eyes of watching professors.

Finally, be sure to dress nonchalantly. Even though your fluorescent orange t-shirt with "I put out on the first date!" bedazzled in rhinestones on the front is cool, it tends to attract too much unwanted attention. Follow this advice and you'll be getting your eight hours no problem. Sweet dreams.

## Mike Dadural

So it's to your first year of university, and you're on your own. Let's get down to the heart of it — to whom can you turn? Beer? Porn? Food? Well, all of those work, but if you're

not into alcohol and there isn't a computer in your immediate vicinity, food will be the friend that provides you with a shoulder to cry on for the year ahead.

If you find yourself hungry in HUB, Ho Ho's is your place to go. For \$5, you'll be treated to either rice or chow mein, with your choice of two other items. As small as this may sound, it's surprisingly filling for something that's inexpensive.

Looking for a quick caffeine fix? Head to CAB — Tim Hortons is the place to be. It may be commercial, but you can snag a fresh (and dirt cheap) cup of joe for those long lectures or study sessions.

For those who venture into the SUB food court, Marco's should be a place to keep your eye on. For an average of \$6, your taste buds will be treated to a cheesy, meaty, and delicious donair. It's also good to keep in mind that on Tuesdays, Taco Time hosts its weekly Taco Tuesday where you can score a scrumptious taco for minimal cost.

So there you have it, friends: these are just some of the fine food establishments you can head to for a quick, inexpensive bite to eat. But don't go spending it all too quickly; last thing you'd want is a hole in your wallet and a bloated stomach.

## Robert Frigon

The Orientation clubs fair contains more treacheries than its fair surface would imply. Be wary when walking through the booths in Quad in the first week; they'll try and keep you from your wanderings searching for the allure of beer with draws for a free iPod or cash shower booths at

the Ranch. I learned the hard way, as time and time again, I put my name down for these wonderful draws.

But inevitably, thanks to dozens of loud, pushy students, I end up also putting my name down for many more activities: rowing club, swimming teams, outdoor excursions, mixed acapella chorus, Student Spelunkers Anonymous, Engineers In Space, Campus Conservative Party, and many, many more. Doubtless you will fall into this trap also, and with your spanky-new ualberta e-mail being spread around everywhere, you'll feel the loving glow of awesomeness and acceptance — though that might just be the beer tent kicking in.

Of course, after your first week, you realize that you don't have time for 12 distinct groups, each with their weekly meetings and passel of daily welcome activities. The real kicker comes when you actually log in to your new email account and find yourself wading through, sadly and literally, *thousands* of messages about events, fundraising bakesales, killer parties, lawn dart tournaments, and the initiation that Delta Gamma wants you to attend, because in the one minute talk with them they realized you were a perfect Delta Gamma specimen.

So please, go look at all the clubs, as they are an integral part of your university experience; but please sign up for only the one or two you really want. Otherwise, you'll still be deleting bible study group invitations well into October.

## Aaron Yeo

Many of you freshmen will find yourselves experiencing a kind

of newfound freedom, especially when it comes to money. Leaving your summer job with a fat wad of cash in one hand, and maybe a credit card in the other, your wallet will soon be empty and your credit card will be crying out for mercy. Lesson number one: University is expensive. A full course load costs you more than \$5000 a year, not including books, and that's still ignoring the money you'll have to shell out to, in short, *live*. And unless you're still at home mooching off your parents, rent and food don't come cheap.

Additionally, the freedom of having cash with no one watching you spend it will see you going on many a shopping spree. Booze, coffee and \$13 lunches at SUB are all important ingredients to the student life. And soon enough you'll even feel guilty for not owning at least three pieces of pricey clothing with the U of A logo on them.

In the end, there is only one solution I can see here — as much as that extra cup of Tim's or that smoothie may help, resist the urges. Contrary to popular belief, spending more money doesn't make you a better student. Dish it out wisely and don't be afraid to be a cheap-ass. Students are stereotyped as being broke, so no one's going to be looking down on you for tipping less than 15 per cent. Unless, of course, you're not tipping at all, in which case you're fueling the vicious circle; chances are, those waitresses and bargirls are in your English class and are just as broke as you.

## Sam Brooks

Don't take ECON 101. 'Nuff said.

## NEW COURSE

### Interdisciplinary Energy and Environment Course INT D 561

Fall 2009 - Industry, Government and the Duty to Consult

This course will examine the "Duty to Consult" from perspectives of the "interests at stake" including Business, Law, Native Studies and Indigenous Knowledge incorporation into environmental and engineering aspects of consultation, accommodation, and project approval. Leading authorities on consultation processes will participate in the course.

Recent Supreme Court of Canada decisions require government to consult, and accommodate, Aboriginal people, whenever their traditional lands and livelihoods may be affected by development. Governments, in turn frequently pass these consultation duties on to industry.

The Supreme Court Case *Haida* states: 'the controlling question...is what is required...to effect reconciliation between the Crown and Aboriginal people with respect to the interests at stake.'

The "Duty to Consult" has created new challenges for industry, communities and government, and a demand for well-informed professionals who contribute to the process and the progress of development initiatives.

**Class Times:** Tuesdays 18:00-21:00 (Section X1, Class # 38038)

**Instructor:** Ellen Bielawski, Dean, Faculty of Native Studies

**Location:** CEB 331





For more information, please visit the School of Energy and the Environment website at [www.see.ualberta.ca](http://www.see.ualberta.ca)



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# Stop with the signs or we're on a one-way street to hell



ALEXANDRIA  
ELDRIDGE

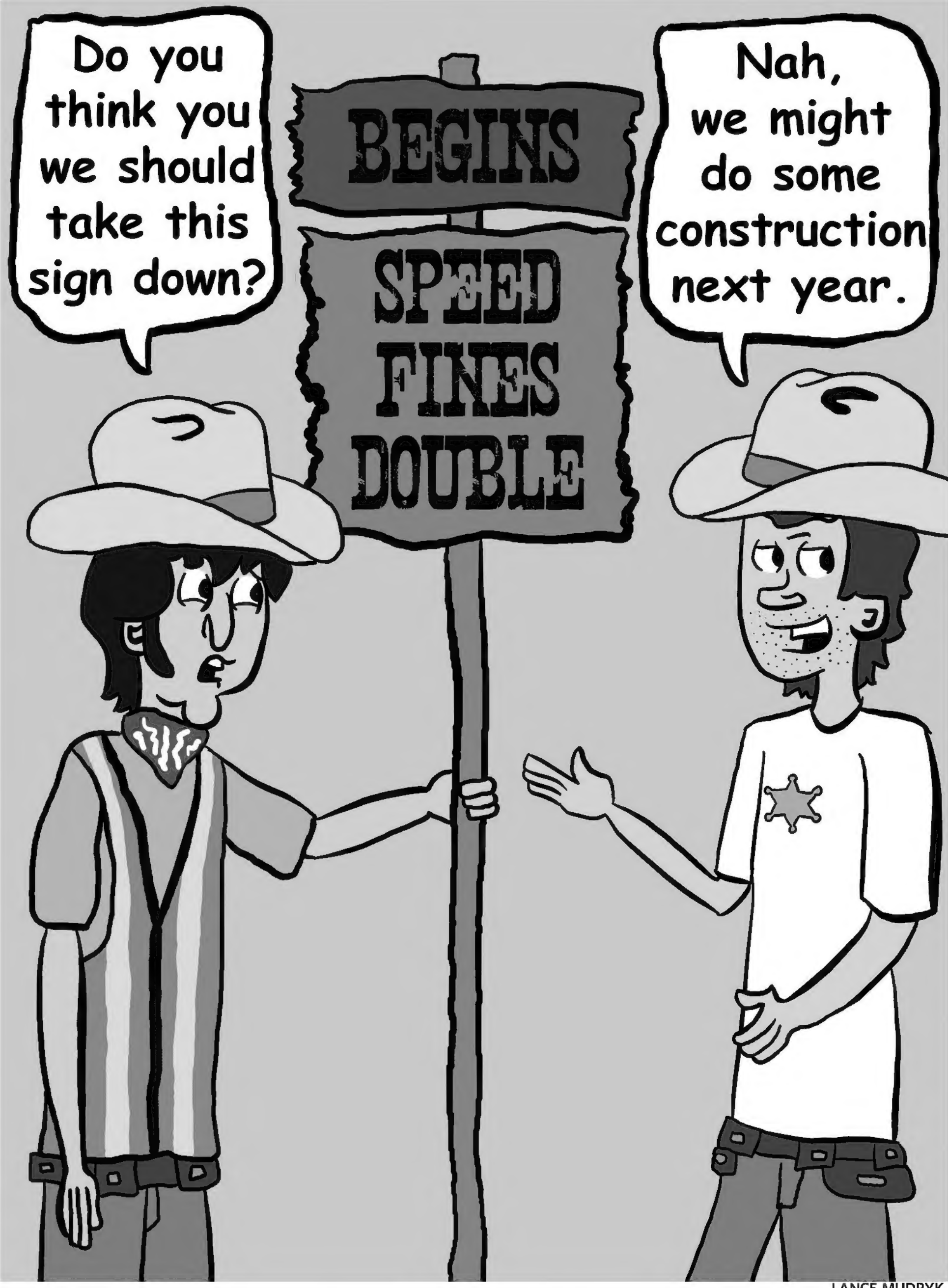
While driving down any major road, motorists are frequently assaulted by the bright colours and catchy slogans of advertising. Often these signs are promoting a business, touting a political candidate, or informing motorists that an important garage sale is taking place on the next street. Then there are signs meant to educate and promote a message. For example, there's my all-time favorite: the one that reminds me to "Focus and Drive: Arrive Alive." Hey, maybe I could focus and drive if I wasn't so busy squinting my eyes from 10 km back to try and read a sign that has no bearing on the actual situation on the road. It's commonly impressed upon the public that drivers get into accidents because of distractions — talking on cell phones, eating, smoking, fiddling with the radio while driving and more. But you know what else is distracting? Unnecessary road signs.

In the summer there's always more signage along the road than usual. Everywhere I turn, there's an increase in construction zones, and of course with that comes an increase in billboards, television, and radio ads urging the public not to "R.I.P. through construction zones." I'm not the type of driver who "rips" anywhere, but it never takes too long for me to get enraged when I see those bright orange signs along the Yellowhead telling me to slow to 50 km/h because it's apparently a construction zone. It makes it a lot worse when I slow down to a crawl and the only construction to be found is a guy on the side of the road eating a Timbit, if anyone at all. At this point I'm forced to ask myself, "What defines a construction zone?" I ask you, is it abandoned machinery, tarps flapping the breeze? Please.

This raises the question: why are those signs still there? We've already established that the roads are littered with enough unnecessary advertising; there's no need to add to it because construction companies are too lazy to cover their signs at the end of the workday. Not only are they a distraction and an inconvenience, but they cause irritation and impatience. This isn't just a gripe; when drivers get irritated and impatient, they get reckless. When faced with the construction situation described above, there are two options. The first: continue going 50 for absolutely no reason and piss off your neighbouring motorists. The second: break the law. Which is the better option — possible road rage or disregarding signage that shouldn't be there in the first place? And which do you think a reckless driver is going to pick?

I know, I know, drivers are warned that speed fines double in construction zones, but in practice I don't know anyone who's ever actually received this elusive fine. And then there are the threats from the Edmonton Police Force that there was a "Big Ticket Event" going on a couple of months ago. I'm not a supporter of speeding, but it's my strong suspicion that there was no Big Ticket Event; rather, there was just a Normal Ticket Event and they were trying to slow people down with empty threats, and distract them in the meantime.

Don't get me wrong, I would gladly decrease my speed if I was actually driving through a construction zone. I realize that workers are killed in construction zones because cars go too fast. But maybe drivers wouldn't be tempted to speed if the construction companies were more diligent in covering up the signs when they aren't needed. So the message for construction companies: take down the pointless signs. Then there's no reason to run the gamut of red lights and signs, making for fewer distractions, fewer accidents, and lower speeds when there actually is a reason for drivers to slow down.



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University of Alberta Libraries

Events Calendar	FOOD, PRIZES AND GIVE-A-WAYS		
August 31, September 1	10am - 4pm	<b>Rutherford Library</b> <i>West Atrium Entrance</i>	<b>Block Party</b> Join us for cool music & hot popcorn
September 2 - 4, 2009	9am - 3pm	<b>Scott Library</b> <i>2nd Floor, WC Mackenzie Health Sciences Centre</i>	<b>Info Rx</b> Get your dose of information and we'll provide the sugar to help the medicine go down
September 2 & 3, 2009	11am - 1pm	<b>Coutts Library</b> <i>1st Floor, Education South East Wing</i>	<b>Pirates of the Curriculum &amp; Open House</b> Two days of drop-in orientations, activities and refreshments.
September 3, 2009	noon - 5pm	<b>Cameron Library</b> <i>1st Floor</i>	<b>DocDay</b> Documentaries and popcorn all day, featuring 4pm screening of <i>RIP! A Remix Manifesto</i>
September 3, 2009	12pm - 2pm	<b>Bibliothèque Saint-Jean</b> <i>Pavillion McMahon Campus Saint-Jean</i>	<b>La Semaine de la rentrée</b> Drop in and get to know your librarians and share our <i>bienvenue</i> cake
September 3, 2009	1pm - 4pm	<b>Winspear Library</b> <i>1st Floor, Business Building</i>	<b>Meltdown 2009</b> Appropriate some frozen assests – stop by for free <i>Sno Cones</i>
September 8, 2009	1pm - 2pm	<b>Weir Library</b> <i>2nd Floor, Law Centre</i>	<b>The CANDY Bar</b> You've been called to the Candy Bar. Stop by for great Candy selections served by our friendly "bar-tenders"

Watch for upcoming events at the brand new **Augustana Library!**

For location map visit [www.campusmap.ualberta.ca](http://www.campusmap.ualberta.ca)





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**The School for Energy and the Environment (SEE)**  
invites you to attend the second presentation in our "SEE the research at work" seminar series:

## Blowing in the Wind:

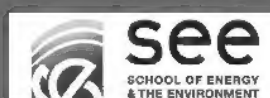
Pros and cons of small wind turbines for rural homes

**Brian Fleck (Mechanical Engineering)**

Over the past few years interest in small scale wind turbines for residential off grid use has been seen as a potential solution to paying expensive grid power hook ups or as a way of reducing the environmental footprint of the energy use of an off grid residence.

Our research group has been looking at the advantages and disadvantages of installing small wind turbines for residential use in rural areas. We have primarily focused on field testing by comparing generated power to concurrent wind velocity monitoring.

**Date:** Thursday, September 3rd, 2009  
**Time:** 12:00 pm to 1:30 pm  
**Location:** Stollery Executive Development Centre, Room 5-40 A&B, Business Building, U of A  
**Registration:** Please RSVP by August 31st online at [www.see.ualberta.ca](http://www.see.ualberta.ca)



Questions?: School of Energy and the Environment (SEE): [uasee@ualberta.ca](mailto:uasee@ualberta.ca)

# The Miss Independent mistake

A golden ticket to postsecondary is no excuse to party the night away.



TIM SCHNEIDER

Welcome back to school, young minds. Once again, our campus will be flooded with students; among them, a number of fun-loving girls who call themselves "independent." But is it just me, or these days when a girl says she's independent, does it more than likely just mean she's a bratty dame of loose morals? Now don't get me wrong; I know a lot of women that are what I would define as independent. They work hard, they have their own place, and they manage all of their responsibilities effectively. Also, none of them have ever felt the need to tell me how independent they are. Openly calling yourself "independent" is like calling yourself "feisty" or "free-spirited" — if you have to articulate it, then there's a good chance you're not.

It's always the girls who seem to bug me with this quirk. These "Miss Independents," as I've started calling them, are inevitably the ones proclaiming their maturity and self-sustainability while walking around in Chanel dresses and driving Lexuses they bought with their parents' money. Miss Independents are obvious in any social situation because they will usually be attractive, demanding of respect, quick to get drunk, and even quicker to want to go home with the "right" guy. They will also be very quick to

defend that they aren't sluts because they won't go home with just any guy, but they always seem to end up making out or going home with some guy each night. Presumably this is a key characteristic of their independence.

**One option is, if you're a guy, when you see a Miss Independent in the club, compliment her on something trivial and take her home to your place to celebrate her independence. (It really is that easy.)**

So where did these girls come from? There are a number of prevalent social factors that shape the emergence of this sort of behaviour, but I'll just attack the pop culture culprit: *Sex and the City*. See, a lot of young girls grew up watching the so-called independent women parading around on TV and decide that the term is synonymous with casual sex and designer labels. Because if there's one piece of pop culture that's chock-full of verisimilitude and believability, it's the glittery world of Carrie Bradshaw and friends. But they see it that way, and become part of the Now generation, which wants all of the luxuries of life they feel entitled to without working for them.

I don't want to give the mistaken impression that this behaviour only

exists in women. In fact, I'm just as annoyed by the male version of this phenomenon. Ever seen the YouTube video "My New Haircut?" Well, it's not far off of what these Jägerbomb-swilling trust fund turbo-douchebags act like. We all know the breed of twit I'm talking about; if the Miss Independents feel that they're being independent by emulating this sort of male, perhaps they should think again. This style of "Brosephs" inevitably hit the clubs every night except Sundays to observe their holy day (when a new episode of their favourite documentary *Entourage* comes out.) These are the sorts of people you can expect to find at the bars here on campus, and I have no doubt that they'll all continue to be a fixture there for a long time to come.

So how do we deal with them? Well, one option is, if you're a guy, when you see a Miss Independent in the club, compliment her on something trivial and take her home to your place to celebrate her independence. (It really is that easy.) However, if you're afraid you might be one of these obnoxious but occasionally fun people, here's my advice to you: take all that energy and assertiveness you have and actually accomplish something with it; actually do something worthy of the term *independent*.

True, it will involve actual hard work, but the fun will still be there once you can afford it on your own. In the end, if you don't want to heed this advice, that's fine. Oh, and if you happen to be in a nightclub on Whyte and see me, come say "hi." I think you have a great personality and I'd love to take you home to my place to celebrate your independence.

## Navigating degrees of green means glee



DAVID JOHNSTON

So I have a friend starting university this year. Her name is Sam. She's kind of cool, and I want her to feel welcome, so I request that every time you see someone you don't know on campus this week, you go up to them, give them a big hug, and say "Hi, Sam!" Naturally, this will result in several awkward situations, but I'm confident that at least some of my poorly aimed goodwill will make its way to her lovely self, with the side effect of making the U of A seem quite becoming to all the other Samuels and Samanthas starting classes. Wait — I also know a real jerk named Sam, and I want him to burn in the fiery bowels of purgatory. Okay, stop welcoming Sams, everyone!

So, I need a better idea. Luckily, I have one so good that it makes the last idea look like some half-baked scheme conceived by a creepy stalker/friend. Sam's other distinguishing feature is that she's a vegetarian, so I think everyone should help her fit in here by taking excellent care of the University's largest vegetable. No, no, not the Great Pumpkin. That is technically a fruit, and also fictional. No, I'm speaking of course of the wondrous green lawn we affectionately call the

"Quad." (Short for Quadley, in case you were curious.)

Now, some of you might argue that since we do not technically own the University, lawn care and maintenance should not be in our jurisdiction. To that, I say that while we don't own the University, we are at least its tenants, and just as my landlord insists I take care of that weird yellowish stain under our kitchen sink, (it keeps *growing*!) so too should we take some pride in the vast landscaping architecture surrounding us. They say that things just cannot grow under our care, but you wanna know how we're gonna be top 20 by 2020? Not through lame exercises like education or construction of vital resource centers, no. The road to success is through *gardening*.

Lawn care is an ancient and esteemed art form dating back to the 12th-century Netherlands, when 12th-century Netherlandian husbands would smuggle casks of 12th-century Netherlandian beer past their wives under the pretense of using them to "watering the lawn." Sometimes they would spill the beer on the lawn in their drunken revelries, causing the plants therein to flourish thanks to the strange organic chemicals in their alcohol. This is why, centuries later, the Netherlands are still known the world over for their grass.

Today, we've come very far, and here on our campus, we only treat our lawns with the finest water and occasionally pig's blood if there's a drought. In order for you to do your part in keeping our Quad green and

beautiful, we ask that you do all your drinking in and around the fields, in hopes of catching some of the runoff. The beer tents should thus be excellent gardening vantage points during Week of Welcome.

It'd also be a good idea if people could stop walking across the lawn, as the passage of hundreds of feet tends to erode the soil and make the grass sad. Please use the time-honoured carpooling technique of traveling from building to building on piggy-back, or use one of the SU-provided hovercarts. Or the cement trails, but those are totally for squares.

There's also fertilizing to be done, but that consists, essentially, of pooping on the lawn, and "poop in the middle of the Quad" totally sounds like something one of the local fraternities will be hazing its members with, so we should be covered on that front. (I'm joking, of course. A noble fraternity would never lower its members to doing something like that. They'd make them poop in the middle of Cameron Library.)

If everyone follows these important lawn care regiments, then in no time flat we should have one of the province's greenest campuses, without having to worry about carbon dioxide emissions or whatever the scientists are talking about nowadays. A healthy lawn leads to a healthy campus, and a healthy campus means all our new students will feel welcome. Although I'm pretty sure it won't mean anything to Sam, because I've stolen and photocopied her class schedule and she never has to travel through the Quad. Darn.



# You can't spell 'hypochondria' without 'parody'



JONN  
KMECH

**"Instead of risking contraction by venturing into the world, simply use my handy self-diagnosis guide. If you're coughing, it's probably swine flu; if you're coughing up blood, it's probably tuberculosis. But if pus and blood are exploding out of all your orifices, you can rest easy — that isn't one of the main symptoms of swine flu. You have Ebola."**

It's the end of August again. The birds are chirping, the leaves are majestically beginning to change colour, and the guillotine is once again coming down on the head of the kicking, screaming body of summer. This means only one thing: the start of a new semester and all the various stresses associated with it, particularly if you're a freshman.

As if there wasn't enough to be apprehensive about, reports are stating that this fall, universities will be a major frontline in the battle against swine flu. Orientation leaders aren't trained to talk about your school experience in the context of a flu epidemic, so you could find yourself left in the lurch. And that's the point where I come in with my refreshing guidance and soothing, cheerful optimism.

The first thing you may notice when you get to campus is Quad. Take note: this giant field in the middle of the University is a wonderful vibrant place to play frisbee, have a sunny picnic lunch, or store massive numbers of infected bodies during a rampant viral outbreak in a freezing cold winter. Shovels are available in the Bookstore for nominal fees.

But don't let that worry you for at least another month; you've got

more pressing issues to fret about right now, like moving into residence. This can be a frightening experience by itself without having to contend with a renegade bug. But if you're living in Lister, it should calm your nerves to know that swine flu is probably the least contagious infection you'll catch there and will be much more forgiving on your groin region. Regardless, there's a high probability that your roommate could be from the Paleolithic era, so his hygiene should be suspect.

Even though people who breathe through their mouth are arguably less likely to pass on a virus, they still might be harbouring microbes in their clothes and fur. To remedy this, spray down everything on their side of the room, including your roommate while they sleep, with bleach. This will have the dual effect of both killing all pathogens and ensuring that your roommate wakes up in a timely manner so you won't have to wait for the washroom while they spend hours dealing with agonizing chemical burns.

Now, in the wake of a highly infectious virus, does it make sense to sit in an enormous chamber filled with potentially contaminated strangers for over an hour? Realize that to do well in university, you'd

better be intelligent enough for your answer to be "no," so you obviously already know by now that going to class is not only discouraged — it's potentially deadly. As the virus surges through campus, you can be proud knowing that your movie-and-video-game "me" time at home will be spent in the isolation necessary for you to be healthy for midterms. On the flip side, purposefully contracting swine flu is an excellent way to have a perfectly legitimate excuse to not be healthy for your midterms.

However, should you ever come out of your self-imposed exile and remove your biohazard suit, you'll be exposing yourself to dangers both communicable and cultural. It's certainly lucky for students that German scientists recently discovered that obscene quantities of alcohol have been shown to both make awkward social situations much easier and be one of the most effective treatments for swine flu. Remember that drinking enough to knock out a male silverback will ensure that no virus can destroy your insides as efficiently as you can all by yourself. Plus, while you're table-dancing with your pants flying around your head, you'll be able to boldly claim you're doing at least as much to prevent the spread of swine flu as those people who weren't eating pork.

If such liver-pickling, illegitimate-child-having inebriation doesn't disinfect you, then you may very well contract H1N1. The only rational solution is to panic, because you might as well have Ebola. Thankfully, the University has a Health Clinic for students on second floor of SUB. But under no circumstances should you do something idiotic like actually visit there — the waiting room is likely full of people with swine flu, and you haven't even been diagnosed yet.

Instead of risking contraction by venturing into the world, simply use my handy self-diagnosis guide. If you're coughing, it's probably swine flu; if you're coughing up blood, it's probably tuberculosis. But if pus and blood are exploding out of all your orifices, you can rest easy — that isn't one of the main symptoms of swine flu. You have Ebola. Please hold your celebrations far away from the rest of us.

With all this advice fresh in your mind, you should be one of the few survivors left on campus by the time first semester ends. Considering your physical appearance, this is actually a blessing, as the dating pool will be that much smaller and less choosy, so you might actually find a significant other. Just make sure to bleach them down before trying to do anything remotely romantic; for all you know, they could be a carrier.

## THE BURLAP SACK

Dear Costco,

I really do love you. I appreciate that you sell things oh so cheap and in such disgustingly large quantities that they seem to last forever. I can even forgive you for charging me a fee to shop within your fluorescent-lit confines. But selling Christmas cards in August? Really?

Sure, they don't exactly spoil or go moldy, but Christmas is four months away, and you're still hocking backpacks and binders. There's something so perverted about a Christmas/Back-to-School shopping overlap that I'm afraid we can't see each other any more.

We can still be civil about this. I'm not returning that 20-pack of muffins you gave me, and I'm not expecting my membership fee back. Maybe we can someday be friends, but right now, being reminded of all of the financial and temporal stresses of the holiday season when I'm navigating all of the financial and temporal stresses of the back-to-school season is too much. Reindeer-sugar-cookies, wacky seasonal sweaters, and yes, cards with heartfelt messages are all things that fill me with great joy — at Christmas.

I'm sorry it had to end this way. On the bright side, I can still pick up an obscenely large tub of Halloween candy on my way out. I'll even send a card. Only 119 days 'til Christmas. But who's counting?

SARAH STEAD

*The Burlap Sack is a semi-regular feature where a person or group who needs to be put in a sack and beaten is ridiculed in print. No sack beatings are actually administered.*

### It's our 50th Anniversary!

University of Alberta's  
Annual Turkey Trot Run and Walk

Shake your tail feathers  
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FACULTY OF PHYSICAL  
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UNIVERSITY OF ALBERTA

**Saturday Sept. 26 2009**  
4km walk, 4km run, 8km run

Starts at Universiade Pavilion at 1030  
Cost: **Student - \$10;**  
**Non-Student - \$15;**  
**Family - \$30**

Registration starts Wednesday  
September 2 online or at the  
Recreational Sports Office,  
W-90 Van Vliet Centre

Early Bird registration closes  
Friday September 18

**Event website:**  
[www.campusrec.ualberta.ca](http://www.campusrec.ualberta.ca)

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or call 780-492-1242**

**Application deadlines:  
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February 1 to start September, 2010**

\* Completion of a BScN degree is required to write the  
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## SOCIAL INTERCOURSE

### Adam

Directed by Max Mayer  
Starring Hugh Dancy and Rose Byrne  
Princess Theatre (10337-82 Ave)  
Opens August 28

The relationships between kinda-awkward guys and the women who try desperately to love them have always made fantastic fodder for heartwarming, gee-shucks romantic dramas. The main character in *Adam* was born with Asperger's Syndrome, causing him to lack social skills despite his high intelligence and love for space. But, this is all bound to change when he develops a crush on his upstairs neighbour. The film won the Alfred P. Sloan award at this year's Sundance Film Festival for best film that focuses on science or technology.

### Act of God

Directed by Jennifer Baichwal  
Metro Cinema (9828-101A Ave)  
August 28 – September 1

A useful tip I was once given is that it's never a good idea to walk around in an open field during a lightning storm while flying a kite, waving around a golf club, or wearing an aluminum suit. Who knew? Unfortunately, the people in the new Canadian documentary *Act of God* never got that memo. Chronicling the stories of both friends and direct victims of lightning strikes, the film investigates whether random chance or something more religious is behind this rare occurrence. Despite the fact that very few people are actually killed by lightning annually, it can still cause severe bodily injury, and is only slightly easier on your ears than hearing that cloyingly sentimental live song.

### Atlas Shrug

CD Release Party  
With *The Equation & September Stone*  
Saturday August 29 at 9 p.m.  
Starlite Room (10030-102 St)  
\$12 at the door

It would be logical to assume that Atlas Shrug is named after the gesture people give when they want to convey a powerful, almost earth-moving sense of indifference, but apparently it's also some kind of reference to a book by Ayn Rand. Yes, the Edmonton prog-rock quartet clearly loves their objectivist tomes and mystical influences, as evidenced by the Illuminati-like pyramid eye and cryptic symbols on their poster, as well as their web site. Fronted by what appears to be Dr. Manhattan balancing the world on his head like a dog, their page details how the band is influenced by sacred geometry, divine patterns, and "the deeper issues of the universe," which one can only guess involves the same cosmic wisdom that decides who gets hit by lightning.

### The Cult

Sunday, August 30 at 8 p.m.  
River Cree Casino  
(300 East Lapotac Blvd)  
\$52.50 – 62.50 at ticketmaster.ca

With the ongoing financial crisis, annual sales of sanctuary have hit rock bottom, but this hasn't slowed the entrepreneurial women that sell it or the band that sings about their exploits: The Cult. Having formed in 1983, the English rockers reached their peaks in the mid-1980s before alcoholism and tensions between bandmates caused a decline in their popularity, and eventually, a breakup. But they've since reformed and now continue to tour and sing that song that has allowed hundreds, if not thousands of cars to drive with an air of courageous purpose through pristine, wooded, mountainous roads while a narrator tells you about unbelievably low APR financing.

JOHN KMECH  
Scalping tickets to the gun show

# A Surefire way to impress the ladies

For Zeke Galt, "Having a good time, all the time" entails everything from strippers to skydiving



## CULTURA OBSCURA

### Zeke Galt's Freefall Tattoo

SARAH STEAD  
Arts & Entertainment Editor

The last time the Gateway caught up with Surefire Machine guitarist Zeke Galt, he was draped in strippers, knocking back brews with his bandmates, and laughing about how great it was to be able to live the band's motto in its fullest sense: "Have a good time, all the time." While booze and broads may be standard rockstar fare, Galt is no stranger to pushing the envelope in other ways. However, with his latest stunt — getting tattooed while skydiving — not only was said envelope pushed, but punched right in the face.

"It was something remarkably stupid to do, but I felt it necessary to do for some reason," muses Galt. "When we were going up [in the plane], ready to do it, we just laughed all the way up because we were all like, 'I can't believe we're actually doing this shit. Like, what are we doing here?' [We'd] talked about it since January when we came up with the idea. I was probably like a pregnant lady at the end of her term, just wanting that thing out. I just felt like I just wanted to get it done and the rest didn't matter."

The idea for the airborne body-art sprung from a drunken conversation at a friend's house last New Year's Eve. After Galt stumbled back to his hotel and sobered up, it still seemed like a great idea, even if he'd never been skydiving, and even if his friend Al Christou — a professional skydiver at the Edmonton Skydive Center, who volunteered to tattoo him — had never actually given a tattoo. Prior to the jump, Christou was given a ten-minute crash course from his brother, who happens to be a professional tattoo artist. In addition, his brother offered up his body as a practice canvas, to less-than-stellar results.

"The first one [Al] did on his brother was a snowflake, and he did it horribly and his brother got infected," Galt laughs surprisingly hard at this story, considering his skin was next in line for Christou's needle. When the time came for the actual jump, though, the skydiver had softened his touch —

unfortunately, so had the tattoo gun.

"We jumped with the original tattoo gun, but it wasn't strong enough to penetrate the skin," explains Galt.

Never one to be too easily deterred from dangerous behaviour, though, Galt immediately enlisted a buddy and his father — both of whom were present for the jump — to go to a bargain store and buy a remote controlled car to harvest for a stronger motor. After rebuilding the gun with the RC Escalade's motor ("Twelve bucks!" shouts the band's singer, Rail Road Wilson, in the background), Galt prepared for a second jump.

**"We just laughed all the way up because we were all like, 'I can't believe we're actually doing this shit. Like, what are we doing here?'"**

**ZEKE GALT**  
GUITARIST, SUREFIRE MACHINE

"We got some really good shots. There is ink flying all over the camera lens and blood and shit. It's awesome," Galt says, basking in the memory. "The adrenaline is pumping pretty hard. You don't feel too much. And [Al] did a pretty good job too. He didn't carve right into me. He was really comfortable and he was able to stabilize himself enough and actually do a careful job rather than just jamming into me. The scarring wasn't bad. It worked, crazily enough."

A Swedish man known only as "Jonas" beat Galt to the world record for "First Freefall Tattoo" in 2007, but the guitarist still contacted the Guinness Book of World Records to see if they were interested in making a record for "First freefall tattoo done in tandem." Unfortunately, they weren't.

"[Guinness] said there was no way to accurately measure it and it doesn't meet the specifications of whatever

they [have for] their records, which is stupid because some of their records are so dumb," laments Galt.

"And they wouldn't accept Al's," he added. "He has a dog named Mindy, and he took her skydiving, so she's the world's first skydiving dog. Guinness wouldn't accept that as a record either. Like, 'Most skydives by a dog.' That should be a record."

At any rate, Galt hasn't let Guinness' refusal to acknowledge his record set him back. Since the jump, his band Surefire Machine has been inundated with press requests, drawing a lot of attention to the band and their music. Now that his tattoo has healed, and the letters SFM are now permanently inked on his forearm, Galt has only one thought: How the hell do I top this? How can I further up the ante?

"We think maybe next year we're going to do an aerial branding. We have to figure out the logistics of that, keeping it hot and stuff, but we'll see," Galt says, giddy at the idea of being the band's guinea pig again. "You're in the plane for almost a half hour, getting to altitude, so what are you going to use to heat it in there? We might do it with dry ice, just do the 'freezer burn.' We'll see. It's just some stupid shit."

• **Watch the video of Zeke's jump at:**  
<http://www.thegatewayonline.ca/skydive>





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## Room at the Top undergoes summer facelift

SIMON YACKULIC  
News Staff

Returning students will notice big changes this school year when venturing to the seventh floor of SUB.

Students' Union Vice President (Operations &amp; Finance) Zach Fentiman is confident that this summer's improvements to the SU-run Room at the Top have revitalized a prominent campus landmark.

"I think it has got more style now, [there is] more energy now," Fentiman explained, gesturing behind him to Room at the Top's newly-finished counters and acid-washed concrete floors. "It's ready for students. It's not old and depressed—a dive bar. It's a legitimate place for people to hang out with friends and drink or eat or whatever else while on campus."

Room at the Top re-opened in mid-August after undergoing substantial renovations during the summer. According to an outline presented to council, the refurbishing cost totalled \$68,000 with the largest chunk of the funding going to revamp the bar itself, which cost \$24,320.

What was previously "illegitimate" about Room at the Top may not be clear — Fentiman concedes that it was clearly a profitable venue in the past — but what has been clear so far is that the new design hasn't scared away clientele. And with the new lights, bar, floor, and seating comes an expanded food and beverage palette to serve the cravings of Edmonton students.

"Beer-wise, the beer [selection]



STEFFI ROSKOPF

**WHAT CAN I GET YA?** A significant portion of the renovation costs went to upgrading Room at the Top's bar

has been expanded," Fentiman noted as the server delivered a pint of wheat ale. "So obviously we have Grasshopper on tap [...] and there's 16 taps on there now."

Of particular interest is the inclusion of Amber's, a local brewery operated by U of A alumni Jim Gibbon. Amber's has been given one tap with which they plan to rotate and showcase their many flavours of micro-brewed ale.

"What Amber's has proposed is that every month they're going to rotate what's on there. So right now it's Bub's Lunch Pail Ale, and [after September] it's going to be something different," Fentiman enthused.

Another beer to watch is the

lager currently going under the pseudonym of "Brand X," (actually Molson Black Label). Going for \$4 a pint or \$12 a jug, the establishment is to hold a re-naming contest this fall for "Brand X" to give its name a more local flavour.

Along with marketing "Brand X" and Amber's, Fentiman clarified that the re-configured Room at the Top will try to attract students with fair prices on all its beer. Prices will range, per pint, from \$4.75 for some domestic to \$6.50 for imports.

"We're trying to keep our beer prices as competitive as possible," Fentiman said.

Even with student unemployment during the summer at higher-than-

usual levels due to the recession, Room at the Top management still aims to capitalize on their prime campus location to maintain profitability during the upcoming school year. Fentiman outlined the management team's feeling that in order to remain on top, Room at the Top will need to encourage university students to stay on campus when they meet to socialize with their classmates.

"What we are hoping is, with the new feel and new configurations to the menu and improved customer service standards, all that stuff, is that even though there might be less of a pie, hopefully more of a share comes to us."

## STREETERS

Compiled and photographed by  
Sean Steels and Steffi Roskopf

As you may be aware, the placement of Labour Day has caused classes to start early this year.

## What would you do with some extra days of summer?

**Shane Labelle**  
Engineering I**Janine Eccleston**  
Engineering I**Brandon Kwong**  
Engineering I**Philip Girgs**  
Education I

I'd probably want to catch up on extra sleep before school starts.

I'd probably go out to my lake and chill there [Would you go water-skiing?] No, I stink pretty bad at water-skiing.

I never got a chance to go vacationing this summer, so I'd probably go out camping with the boys. Just do some real camping in the woods. [Real camping, man style?] No girls allowed.

I'd probably sleep for about 14 hours a day. Yeah, probably sleep mostly. Or maybe I'd take a road trip. I guess we're in Alberta, so I could just go to Red Deer.

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## EVENT SCHEDULE



**TUESDAY September 1**

### W.O.W. Kick-Off Party

9:00PM | Dewey's

### Name that Tune

9:00PM | Room at the Top (RATT)

### ECOS Bike Check

1:00PM – 4:00PM | Celebration Plaza



**WEDNESDAY September 2**

### Clubs Fair

9:45AM – 4:00PM | QUAD

### Campus St. Jean BBQ

11:00AM – 1:00PM | CSJ Patio & Salon

### Karaoke

9:00PM | Room at the Top (RATT)

### Taste of the U (Food tour)

5:00PM – 8:00PM | Alumni Room



**FRIDAY September 4**

### Pancake Breakfast

7:30AM – 9:30AM | Celebration Plaza

### Inflatables

10:00AM – 2:00PM | QUAD



**THURSDAY September 3**

### Pancake Breakfast

7:30AM – 9:30AM | Celebration Plaza

### Clubs Fair

9:45AM – 4:00PM | QUAD

### Inflatables

10:00AM – 2:00PM | QUAD

### Beer Gardens

12:00PM – 6:00PM | QUAD

### Clubs Fair

9:45AM – 4:00PM | QUAD

### Beer Gardens

12:00PM – 6:00PM | QUAD

### ECOS Bike Check

1:00PM – 4:00PM | Celebration Plaza



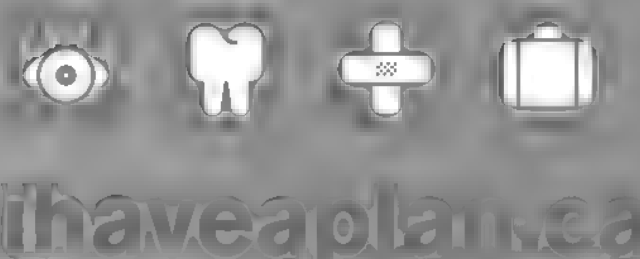
**SATURDAY September 5**

### Sleeping Bag Drive-in

8:00PM | SUBstage



[www.su.ualberta.ca/wow](http://www.su.ualberta.ca/wow)





# Tarantino basterdizes history with glourious results

## filmreview

### Inglourious Basterds

Directed by Quentin Tarantino  
Starring Brad Pitt, Mélanie Laurent,  
Christoph Waltz, and Eli Roth  
Now Playing

JEFF NOEL  
Arts & Entertainment Writer

What if you could kill Hitler? Would you put your life on the line to do it? Would you enjoy it? In Quentin Tarantino's sixth film, the curiously titled war-fantasy *Inglourious Basterds*, he asks these questions and then answers them loudly in the affirmative. After more than a decade of rumors and speculation about Tarantino's perpetual "next" project, it finally rolled onto screens around the world last weekend, much to the bewilderment of audiences everywhere.

And while they may be scratching their heads as to what Tarantino was thinking when he took it upon himself to change the course of history to be more satisfying, few are questioning its entertainment value. There's little doubt that this unique meditation on the power of Cinema closes out the summer movie-season at a high point, and is easily one of the best films of the year.

Mega-star Brad Pitt turns in an appealing comedic performance as Lt. Aldo Raine, the southern-boy commander of the titular Basterds. Along with his rag-tag band of Jewish troops, they wage psychological war on Nazi soldiers behind enemy lines in occupied France using Apache resistance as their inspiration. Collecting scalps and desecrating the dead so as to strike fear into the hearts of Nazis everywhere, they seem



to be doing a pretty good job when we catch up to them, by now even creating concern for the Fuhrer himself.

While the individual Basterds are given much less screen-time than one might expect, when they do have their moments, they shine. In particular, Til Schweiger as the vicious German Basterd Hugo Stiglitz, and director Eli Roth as Donny Donnowitz, "The Bear Jew," who occasionally beats uncooperative German soldiers to death with a baseball bat.

Perhaps the biggest surprise in a film full of them is that Aldo and the Basterds are the secondary concern of the story,

which is actually more interested in the fate of Shoshanna Dreyfuss (Mélanie Laurent). Her character is a Jewish girl who escapes the execution of her family and, after mysteriously becoming a movie-theatre owner a few years later, is cornered into the perfect opportunity for revenge by the hand of fate. Laurent fulfills the now familiar role of QT revenge queen with great restraint and beauty.

As "The Jew Hunter" Col. Hans Landa, the previously-unknown Christof Waltz gives a commanding performance, making the movie his own — and indeed if there is a primary character in this true ensemble piece, it is certainly

him. Equally sophisticated, silly, and psychotic, Waltz takes his place among the great villains in screen history. An incredible opening scene in which Landa questions a French farmer who may be harbouring Jews sets the stage for a half-dozen set-pieces that make up the majority of the movie, which in typical Tarantino fashion, is broken into five distinctly titled chapters, each of which brings its own style and group of new and unforgettable characters. Indeed, if the film has a major shortcoming, it's that one wishes they could spend more time with virtually every character.

It's little surprise that a man who

rewrote the Holy Bible to serve his purposes (see: Ezekiel 25:17), would go so far as to rewrite the story of World War II. But it's somewhat surprising to see how refreshingly original movies can still be in these times when it feels like we've already seen it all.

In a fiery climax that references *Battleship Potemkin*, *Rambo*, *Carrie*, and *The Wizard of Oz* — among who knows how many other cinema classics — Tarantino one-ups them all by going to the next level of his imagination, and in doing so reminds us that while history may be set in stone, for the artist, anything is possible.

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Photo: Michael Holly, Creative Services

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# Tales doesn't Monkey around

Telltale Games revives an old fan favourite while adding sweet 3D graphics



## gamereview

### Tales of Monkey Island, Chapters One and Two

Published by Telltale Games  
Developed by Telltale Games  
Now available on PC at  
[www.telltalegames.com](http://www.telltalegames.com)

LUCAS WAGNER  
Online Editor

It's been nearly a decade since the golden age of point-and-click adventure games. Titles like *Maniac Mansion*, *Full Throttle*, and *Loom* were once commonplace: games which eschewed video-card-pushing special effects in favour of engaging storylines and brain-busting puzzles.

One of the most popular franchises of the era was the *Monkey Island* series, chronicling wannabe pirate Guybrush Threepwood's quest to seek Mighty Piratehood, defeat the Ghost Zombie Demon Pirate LeChuck, and win the heart of Elaine Marley, Governor of the Tri-Island Area. With witty dialogue, plots which satirized both pop culture and pirate culture, and professional-grade voice acting in the later installments, *Monkey Island* was a fan favourite.

But tastes changed in PC gaming once the 2000s rolled around: first-person shooters became dominant once improved graphics cards made 3D available to the masses. Adventure gaming went into decline, and

LucasArts — creators of the *Monkey Island* franchise — put the series to bed in favour of creating more *Star Wars* games. Until now, that is.

Earlier this summer, LucasArts licensed *Monkey Island* to Telltale Games — a company dedicated to the revival of the adventure gaming genre, with games such as *Sam & Max Save The World* and *Strong Bad's Cool Game for Attractive People* — and thus, *Tales of Monkey Island* was born.

An episodic game split into five chapters, *Tales* picks up the series after a fictional *Monkey Island 5*, in which the intrepid Guybrush has finally amassed the items required for a voodoo spell to defeat the nefarious LeChuck once and for all. The game is fully rendered in 3D, a first for the *Monkey* series. A brief tutorial takes place during the first act of the game to get players accustomed with the new interface. Gameplay is a combination of classic point-and-click for object selection, with the option of dragging the mouse or using the keyboard for moving Guybrush around.

Despite the fancy graphics and new controls, however, *Tales* stays true to its roots in terms of story and overall gameplay. The dialogue is as punchy as ever, the episodic plot provides a nice twist on the usual *Monkey Island* formula, and the characters remain mostly unchanged from how they were ten years ago. Guybrush, despite his newfound Mighty Pirate status, is still the same semi-hero, who emerges victorious despite himself,

that gamers have grown to know and love.

Of course, this isn't to say that the fancy graphics aren't worth mentioning; the *Monkey Island* world looks better than ever rendered into 3D, and Telltale's animation is a leap beyond the usual stiffness that three-dimensional characters tend to have. Characters in *Tales* aren't just lip-synched, they're emotion-synched — and it's beautiful. The game's music contains a mix of themes from previous games in the series, along with all-new leitmotifs for the new additions to the game's cast of characters.

*Tales of Monkey Island* isn't perfect, naturally. The game's episodic structure, while innovative, means that players have to wait a month between each new installment (though the second episode provides a recap for those who've forgotten the events of the first). The puzzles also seem significantly easier than those from the earlier *Monkey* games; again, the episodic system limits Telltale's ability to write larger overarching puzzles without losing players along the way.

But these are merely minor nitpicks. On the whole, *Tales of Monkey Island*, at least in its first two chapters, is worthy of the series' name and fame. Even if you haven't played any of the original games, this new installment is still worth a try; and if you've played the original games, you've probably bought *Tales* already, and (like me) eagerly await the game's third chapter.

## FLOP CULTURE

MTV, will your genius never cease? What else can explain the entertainment channel's grandiose plan to rejuvenate their MTV Films brand and make everyone shout "I want my MTV the fuck away from me" than with TV movies, the single cheapest and ultimately pointless endeavours in the history of moving pictures?

Variety reported Wednesday that the studio is planning three new direct-to-TV films to act as "backdoor pilots" for shows. "You can take bigger creative risks with a TV movie as a one-off,"

stated MTV Senior VP of Production Chris Linn. "This gives a chance to work with a whole new group of people and explore subjects that aren't already explored on our network." Translation: "This gives us the opportunity to make even lazier bullshit that can fail miserably without affecting our bottom line. We're excited to work with more cost-efficient shame black holes than pregnant 16 year olds and Paris Hilton's Best Fucking Friends."

These selections include such insufferable focus-grouped pap as *My Super Psycho Sweet 16*, a horror film taking place in a roller rink, *Turn The Beat Around*, yet another competitive dance movie, and *Made*, where a band geek is helped by a cheerleader so she can Bring It On with the real squad. But hey, that

last one features the daughter of Donna Summer, who I've heard is the kids' favourite these days.

If that isn't enough to make you jump into the shallow end of a Tila-Tequila-shaped pool, MTV's plan is to release one of these shots of love (oh, I'm sorry: television events) every quarter. It's strange; it's almost as if the channel is gradually starting to lose its tight focus on music.

JONN KMECH

*Flop Culture is a semi-regular feature in which Gateway pop culture pundits shake their literary fists at ridiculous events or celebrities deserving of bitch-slaps in print.*

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# Taking Woodstock is heavy on quirks, light on music

## filmreview

### Taking Woodstock

Directed by Ang Lee  
Starring Demitri Martin, Emile Hirsch, Imelda Staunton, and Liev Schreiber  
Opens Friday August 28

DAVID JOHNSTON  
Opinion Editor

For a film supposedly about one of the greatest music festivals of all time, it's a conceit of *Taking Woodstock* that we never see any bands actually perform. Aside from a quartet of Sunday-school boys rocking out to Manfred Mann's "Doo Wah Diddy," the closest we ever get to an actual well-known band is a blaze of lights, seemingly miles away, individuals lost and unrecognizable amid the glare and crowds.

No, Ang Lee's film starts out about normal people, shot from the oft-befuddled perspective of our everyman hero, Eliot Teichberg (newcomer Demitri Martin), the youthful president of the Bethel Chamber of Commerce, representing the town of White Lake. He spends his days filing bureaucracy and his nights desperately trying to keep his crazy Jewish parents' failing motel from going under. This isn't made any easier by the admittedly played-out antics of said crazy Jewish parents (Henry Goodman and Imelda Staunton, both falling perfectly into type), nor is it eased by the fact that no one in their right mind would ever visit the town of White Lake.

So naturally, Eliot jumps at the chance to sign a contract with some far-off company called "Woodstock Ventures" to book some famous acts for the town's normally-tame summer music festival. A few businessmen shake hands, a few hundred acres of cow pasture are procured, things spiral out of control, and suddenly Eliot finds himself at the center of the famed festival.

It might be because of the cameo by Eugene Levy as a chocolate-milk-loving farmer, but the



first half of the movie has a very *Waiting For Guffman* aesthetic, where the wacky locals and hippies need to band together to hold the festival. No eccentric stone is left unturned in the characterizations. Aired oddities include: man in suit falling into swamp, troupe of oft-nude "actors" living in Eliot's barn, and Liev Schreiber stealing every scene he can as an ex-marine drag queen named Vilma who somehow becomes the Teichbergs' security chief. The eccentrics start to get tired after a little while, since the only drama is wondering whether these walking quirk factories be able to hold the festival. Will they? *Will they?* (Spoiler alert: They will.)

And thankfully Lee gets his act together by the time Woodstock actually starts, and the rest of the film gently unfolds into a love letter to the whole of hippie culture. The sequences of Eliot wandering through the crowds are no less packed with quirks and side-stories, but here they become a kind of mosaic wash, beautifully filling the background

with a general vibe of free-spirited optimism.

Martin does his best to navigate the quirks he's assigned, but Eliot's character details — his talent for terrible abstract paintings, or his blink-and-you'll-miss-it coming out of the closet — come off as things Lee feels obligated to include to obtain his "based-on-actual-events" sticker. The movie almost holds together as a biopic, but works so much better as an ode to the times; to that regard, it's an admirable, light end-of-summer comedy.

A memorable appearance by Paul Dano and Kelli Garner as a hippie couple (complete with mandatory Volkswagen van and subsequent acid trip) sums up the movie pretty neatly. They mention how they got close to the music, but couldn't see anything more than Eliot ever would. "Like ants making thunder," they hazily describe it. Well, exactly. *Taking Woodstock* wants to be about the little people, but it's the lights and sounds that end up resonating much more strongly.



COMPILED BY AARON LEVIN

### THE TOP 5 LOCAL BANDS TO WATCH THIS FALL

#### 1. THE WICKED AWESOMES!

Burnt puke-garage and psychedelic mizrahi-surf. The red lights of your mind will burst with wrecked synth-lines and skirt-chasing guitar riffery.

#### 2. GOBBLE GOBBLE

Named after that ridiculous restaurant along the highway, this eight-bit fluorescent electro-pop explosion has been packing dance floors and destroying more minds than the Oil City Roadhouse.

#### 3. THE FAMINES

Stripped naked, raw two-piece missionary garage-punk. Leave the lights on and your body will melt. They have the design and packaging game on lock.

#### 4. SANS AIDS

One-man-bands are the new two-piece garage-punks. This sludgy, lo-fi loser-fest has been packing basements for the last four months. Amazing stuff!

#### 5. OUTDOOR MINERS

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# The play's the thing: deconstructing a theatre season before it hits the stage

Aspiring thespian and resident theatre guru David Johnston sizes up the Citadel Theatre's complete 2009/2010 season

## theatrepreview

### The Citadel Theatre

First show opens September 5  
(9828-101A Avenue NW)

The Citadel Theatre's 2009-10 season kicks off on September 5, and we've gotten our hands on the advertising brochure that's been floating around the city all summer. If you don't have one, don't fret: we're here to preview the season, page by page, comparing past history and making solid guesses as to what looks like a showstopper and what'll be left treading the boards to bare houses.

DAVID JOHNSTON  
Opinion Editor

The ad-page for *The Drowsy Chaperone* feels like it was artificially injected with so much excitement and glamour that it's bursting at the seams with sparkles and glitter. In other words, the Citadel is upholding their usual level of subtlety and restraint. I suppose the silliness is to be expected, given the subject is flapper-era Broadway musical theatre parody (I hope it's parody, otherwise I'm gonna need an aspirin), but the message is clear: opulence alert ahead. I'm not complaining, though. My ticket is already purchased.

So *Rock 'n' Roll* is not a musical — that's emphatically stated, because heavens forbid anyone should expect the Citadel would do a musical — but it's ... a play about music? With singing? Or something? I do love the part of the description where it says that the play is about rock 'n' roll, because the title didn't really make that clear. Joking aside, this one looks pretty good, actually. I'm normally not one for overt politics in my theatre, but this looks to be about the best way to communicate them.

Oh, Ron Beattie's back in *Wingfield's Lost and Found*. I really need to get into this series at some

point, since it doesn't look to be slowing down any time soon. But the description, enumerating such memorable moments as "a high-tech cattle drive, a battle with ground bees, a feud with a red-tailed hawk, an eccentric line-up of water witches ... " I'd say that the Beatties are scraping the bottom of the quirk-barrel, were it not for the fact that these things are secretly completely awesome and deserve immediate staging, like, now.

*Sweeney Todd* is a perfect fit for the direction of Bob Baker — he very well handles the choreography of bodies and the movement patterns needed for these kinds of shows, and the stylized feel of the production will sit excellently with the semi-cartoonish look they've been slowly perfecting for the last couple of years. I have to note, though, that this is the third poster out of four that has the same-size circle dead centre. Way to be innovative with your graphic designs, folks. Also: nudity warning! That'll bring out the kids.

They're doing *The Glass Menagerie*? In the *Shoctor*? That theatre is many things, but intimate isn't in the top ten. Can they avoid using the clichés "shattered dreams and broken hearts" right next to each other and twice on the same page? Tom Wood is directing — and *Pride and Prejudice* earns him a lot of credit, I'll say that right now — but everything about this one is screaming warning bells. Fiona Reid as Amanda Wingfield is great, but I just don't know about this one, folks.

I really, really feel like *As You Like It* was selected for that "all the world's a stage" line that they're using for everything promotional this year, and

that's not a good sign. Once again, the filler writing on the side doesn't do justice to the madcap structure of the play. It's a very fun script — it's hard to go wrong with a Shakespeare play — and the poster suggests a general air of silliness, which is terrific. That fake moustache is going to sell a lot of tickets.

On the other hand, I have no clue if it's good or not, but the design and the publicity for *Blackbird* might possibly be the best of the season. The use of absence and darkness suggests good things. The esteemed Wayne Paquette is directing, which suggests terrificness right from the get-go. The story seems a little questionable — "a horrible secret about a past relationship" — but there's

enough mystery and intrigue here to punch my ticket.

The playwright of *Courageous* is acting in it. I'm hazarding a guess he isn't playing a walk-on.

I'm hoping this doesn't end up a vanity piece, because the description makes it seem like it could go either way.

Tarragon Theatre is always bringing these plays to the Citadel that feel like ... well, not the Citadel's trademark brand of over-the-topness, (*Half-Life*, *Scorched*), and that's something valuable. It's caught my attention at least. I just don't know if it's viable. The poster looks like it's trying to be charmingly quirky, and I think it's succeeded.

Well, this is interesting. *The Drowning Girls* feels a little like the Citadel's attempt to reconnect with Edmonton audiences with some homegrown talent, but it's weird. They're marketing this one in a very similar style as *Sweeney Todd*, with black-and-white macabre imagery, shadowy murders, the tantalizing language and the suggestion of nudity.

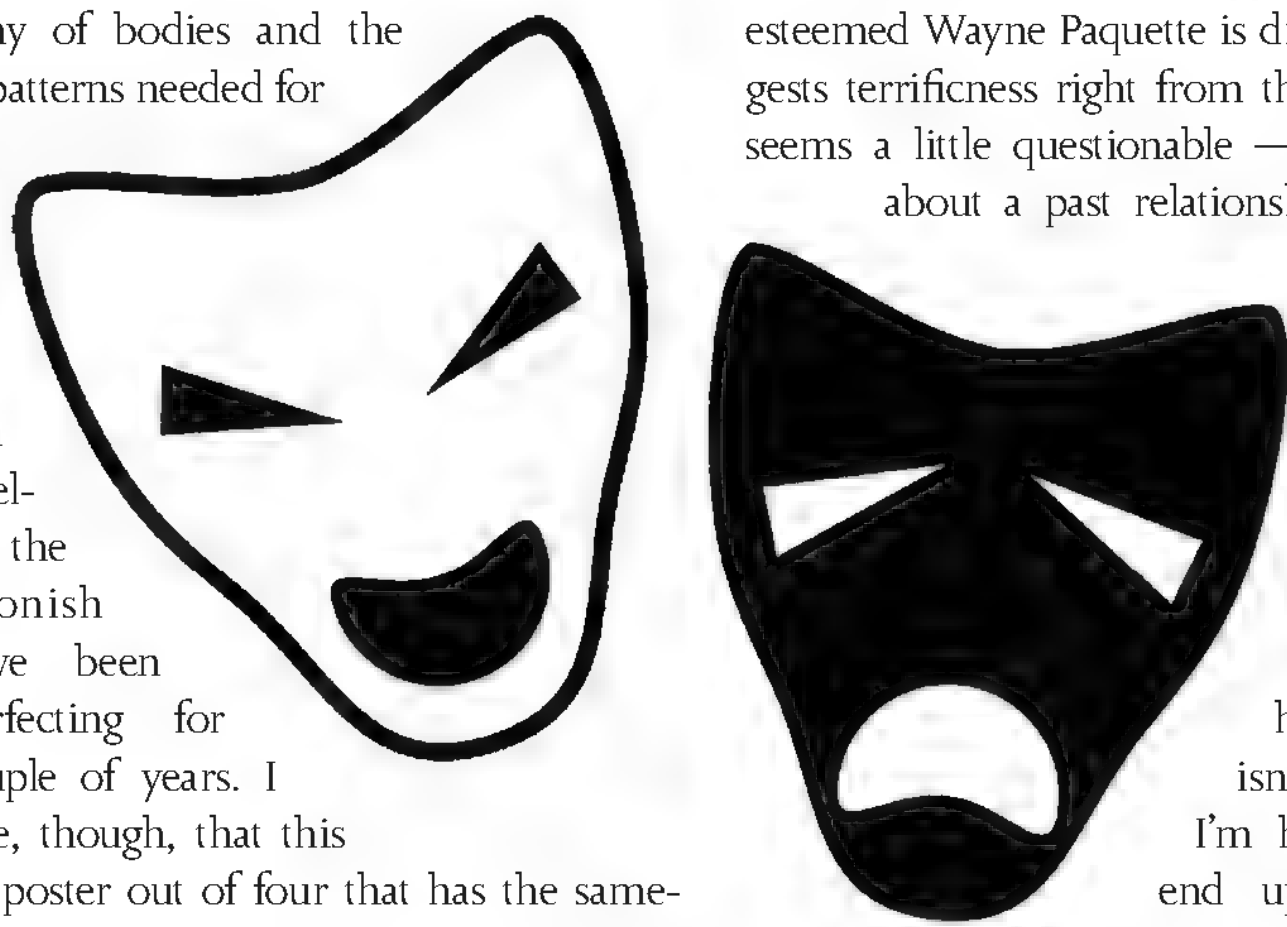
(Girl stepping out of bathtub! Woo!) I'm not sure there's much overlap in the target audiences, but it's interesting to consider.

Ah, now *The Jungle Book* is the scope of play that does well in the Shoctor; the large depth and space are absolutely terrific for the broad allegories and masked symbols who'll be running rampant and wild. It's also been long enough since the Disney version that a new update shouldn't suffer too many comparisons. And the mask work looks pretty awesome. I'm sure it'll all come together in something silly and family-friendly and shiny, which appears to be the mandate of the Citadel this year. Not that there's anything wrong with that.

Case in point: *A Christmas Carol* is back. For the tenth consecutive season. At this point, bookies have to be taking bets on what will finally bring this show down. The leading possibilities include angry timberwolves attacking Tom Wood's SUV, an aggressive strain of the Ebola virus, or an iron-clad copyright letter from the Charles Dickens estate. Otherwise, it's gonna be up again, and don't try to pretend like they won't fill those seats with warm bodies. It's Christmas!

So they're bringing back *Beauty and the Beast* as well? Um, okay. I enjoyed it the first time. It's bright, it's flashy, it's spectacularly done, but it's all been done before; it's worth one look, sure, but how much repeat business are they counting on? I know they can keep the incoming costume budget low this way, but this just seems kind of lazy. As lazy as a superfun musicalstravaganza can be, of course. More power to them, I guess.

I often rag on the Citadel for being too opulent and cheesy, but they do that style of theatre so well that it's hard to be angry with them. It's interesting, though, because this season seems to be going to the extremes; you've got over-the-top plays like *Chaperone* and *Beauty and the Beast* paired with some smaller, seemingly character-driven things like *Blackbird* and *Glass Menagerie*. There's not a lot of middle ground, which suggests they're at least not playing it safe. And that can only be a good thing.



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## Fascists to Wind Whistles: Watch out!

Creative marketing from German net label makes for a successful European jaunt



## musicpreview

## The Wind Whistles

With *The Paper Tigers*  
Friday, September 4  
Naked Cyber Café  
(10354 Jasper Ave.)SARAH STEAD  
Arts & Entertainment Editor

Tom Prilesky and Liza Moser are in trouble with the fascists. Well, at least, they were.

On their recent European tour, the Wind Whistles found themselves surrounded by a dozen police officers, and bombarded with German paperwork after they decided to pull down an election sign for the Fascist Party reading: "Auslander Raus" ("Outsiders Out"). Not too shabby for a band whose music doesn't exactly incite controversy.

"[The police] gave everybody a breathalyzer test and decided that nobody had been drinking enough to be considered out of their mind. It seems like it actually would have been less trouble if everyone was drunk, which is kind of funny," laughs Moser.

Though, in retrospect, it's a funny story to tell, the quirky folk-pop duo faced charges of "disallowing democratic opinion" and a court order was drawn up for Prilesky and a few of the friends to appear in court to face the charges.

"We had to leave the country because we were on tour, so our friend did go to the meeting with the police and they dropped charges because [the officer] said he was really sympathetic to our cause and really thought that what we were doing was great," she says, relief in her voice.

**"People were able to download our album for free but by the time that we got [to Europe], I don't know the exact numbers, but several thousand people already had our album."**

LIZA MOSER  
MEMBER OF THE WIND WHISTLES

So, by the skin of their teeth, the Wind Whistles evaded the charges and were reminded of the all important adage: 'It's not what you know, it's who you know' — and for good measure, they added 'Don't fuck with the fascists' to their books.

The former lesson crystallized a year ago when Prilesky and Moser were about to make their first trip across Europe. They were approached by an up-and-coming European net label created by German university

students called Aaahh Records, and though the pair had poured all of their emotional and financial resources into crafting their latest record *Animals are people too*, they decided to take a risk and work with Aaahh to give the record away for free.

"[Tom and I] didn't really know how to approach Europe yet. It was our first time. We did it and people were able to download our album for free. By the time that we got [to Europe], I don't know the exact numbers, but several thousand people already had our album. [Giving away the album] really did help because people did come out to the shows and we never really had any bad shows, and we also got some radio interviews and did a little bit of TV stuff," Moser enthused.

As helpful as it was to have Aaahh Records disseminating their disc across the pond, the Wind Whistles still needed a way to rake in enough Lauriers and MacDonalds to make the tour financially fruitful. So they put together another record of more experimental tunes called *The Secret Album* to entice fans to support the band."People who download either of our albums on Aaahh Records, if they like it and donate eight Euros or more, we give them a download password for *The Secret Album*. So it's kind of an incentive to support us and it's kind of a thank-you gift," she explains. "That's the whole point of our records—to have good music heard."

## albumreview

## The Wheat Pool

Hauntario  
Shameless RecordsJAMES LEASK  
Arts & Entertainment Writer"I want to go back to the start," brothers Mike and Robb Angus sing early into "This Is It." These words could serve nicely as a mission statement for *Hauntario*, the sophomore album from Edmonton locals, The Wheat Pool.*Hauntario* often feels like an unearthed gem from a past age of

country music. With its elegant piano and ghostly pedal steel, standout "One of These Nights" could have been a classic had it been born in another era. Similarly, "Nervous Bird" and "Italy" both have wordless vocals that call back to yodeling cowboys and give the songs a timeless feel.

The most striking quality of the

album is its lack of the bluster and cloying insincerity that often mars much of Nashville-style country. The Wheat Pool don't go for the fences with broad swings. Instead, they mine the texture and pathos of smaller moments and are all the better for it.

The numerous little details of "Lefty" give a satisfying emotional weight. The two small kids "falling over at the beauty of the world" in "Nervous Bird" seem real enough to see.

The songwriting skill displayed by The Wheat Pool is a rare commodity, and the band uses it to full effect. A consistently rewarding listen like *Hauntario* is even rarer; albums like this are to be treasured.



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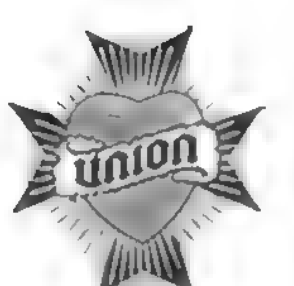
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## Bears football seeking to turn around last year's disappointment in 2009

PETE YEE

**With key players exploring greener pastures, recruiting class being looked upon to perform**

NICK FROST  
Managing Editor

With training camp in the books, regular practices having already commenced, and the lingering feeling of last year's 2-6 record burrowed into their minds, the University of Alberta Golden Bears football is preparing themselves for a brighter future in 2009.

Though a number of notable players — specifically OL Simeon Rottier, who now sports the black and gold of the CFL's Hamilton Tiger Cats, along with Edmonton Eskimos' OL Gord Hinse and DL Greg Whelan — will not be back at Foote Field this year, the Bears aren't overly concerned about the on-field product making any regression.

Head coach Jerry Friesen and company approached this summer's recruitment with the intention of getting better all around, and believe that they're bringing in a number of new faces that can make strong contributions to the veteran core right away.

"One of the big things was to go out and recruit competitive players that could contribute to our football team—that was a major task in the offseason," Friesen said. "The other thing was to make sure that the young players that we had last year had a good offseason not only in the weight room, but also on the field."

Many of the new recruits — notably, quarterback Julian Marchand, running back Harpreet Turka, and wide receiver Karl Mome — got the opportunity to display their skills at training camp this past week, and while some had better showings than others, Friesen understands that experiencing a CIS training camp can be a difficult

experience the first time around.

"Those two days are always tough, and the learning curve is steep for the young players, but you just have to push them through it," Friesen said. "The physical demands are tough especially for first-year players, but you have to maintain that they take care of their body and are understanding the concepts that are being introduced. But, from day one to day five, we're pleased with the improvements that we've seen."

Most of last year's veterans will be back to provide the stability and leadership that Friesen hopes will aid in the team's ascent towards the top of the Canada West standings. Particularly on the defensive side of the ball, a number of fourth- and fifth-years will bring their experience back to Foote Field, where Alberta had one of the highest points-against averages in 2008.

"They want to go out there and improve, and make sure that they're getting better," Friesen explained. "But it's just a matter of becoming confident in what their structure is and, as they progress, seeing some of their leadership skills come out."

Alberta's first test as a unit, in preparation for the home opener on September 4 against the UBC Thunderbirds, will come this Saturday when the team travels east across the Alberta border to face the Saskatchewan Huskies.

"The biggest thing is to make sure that we gain experience in a live-game situation, so that when UBC comes into town [for the home opener], we've established a comfort level going into that game. We're going into Saskatoon to face the Huskies, and they're a good benchmark for us to see how competitive we can be."

**California-born receiver Mome ready to join Golden Bears, bring explosive play to the field**

NICK FROST  
Managing Editor

Though most people wouldn't think that anyone in their right mind would ever trade in the sunshine and larger-than-life atmosphere of California for the smaller and often colder landscape of Alberta, the same can't be said of Karl Mome.

Originally a native of Lathrop, California, Mome — the newest member of the Golden Bears wide-receiving core, and one of the most highly-touted additions to the team — has spent the last few years competing in football programs in the west-coast state, which are well-known for producing quality training and conditioning. Having lived in Toronto, and with family right here in Edmonton, however, he's decided to made the trek back up to Canada in order to both attend classes at the University of Alberta and suit up for the varsity Green and Gold.

"The biggest thing is that he's an academic and that we wanted to come up here," Bears head coach Jerry Friesen explained. "He's also a Canadian citizen and that's another aspect of it. He wanted to come up here and take biological engineering or one of those science programs. He does have family in Edmonton, and that's one of the links."

After discovering that Mome, who's coming off of a successful run with the Sierra High School Timberwolves in San Diego, was keen on joining the program, Friesen and his staff made it a priority to bring him in. In seven games with the T-Wolves last season, the 6-2, 190 lb. receiver hauled in five catches for 36

yards, as well as one touchdown.

"He was interested in our football program, and we were interested in him because he's a very good athlete out a very high-quality football program down in California," Friesen said. "He'll come in and leave his impact on this football team for a few years."

On the field, Mome should provide the Bears with an explosive, face-paced offence at the wide-out position, as well as the ability to provide speed and maneuverability as a kick-returner. However, having spent his entire football career to date in the United States, Friesen says that Mome will have to make some small adjustments in order to accommodate the minor differences between American and Canadian football.

"He's got very good speed — I think the biggest challenge for him is understanding the Canadian game, the width of the field, the learning curve going from a high-quality high-school football program. But what he brings is good speed and good hands," Friesen explained.

Coming in as a rookie this year, Mome will be given some time to gain his legs and flush out the usual mistakes that first-years are sometimes prone to making — come game-time in early September, however, the young receiver will be looked upon to fill some of the holes left by departures in the Bears downfield attack.

"I think it's just a matter of him being comfortable — we just want to move him slowly," Friesen said. "We know that he's a very good athlete and we want to move him up the learning curve easily, giving him more responsibilities as time goes on."



# Number-one Bears QB still undecided

NICK FROST  
Managing Editor

One of the most anticipated decisions regarding Bears football's season should become clearer after this weekend's exhibition tilt against the Saskatchewan Huskies, when the team's coaching staff names its starting quarterback for the upcoming season.

For the past few years, Alberta's main pivot has been Quade Armstrong, who's now entering his fourth year of eligibility—this year, however, pressure is being applied for the position by former Calgary Dino red-shirt and seasoned Canadian Junior Football League (CJFL) quarterback Julian Marchand.

When asked about whether any progress had been made on a decision, head coach Jerry Friesen was very succinct in his response.

"No decision has been made."

The debate between who will start is an interesting one. Armstrong, has the edge experience-wise, and is used to the feel of Canadian varsity-level football, but is coming off of 2-6 season.

Marchand, on the other hand, comes in with momentum, having completed an outstanding campaign with the CJFL's Calgary Colts. In 2008, he garnered Prairie Conference MVP honours, on top of breaking league records for passing and completion. Many believe that he has the capability to bump Armstrong out of the starting spot.

"What we're looking for, number one, is the ability to execute our offence, and consistency on the football field—and that's for both of them," Friesen said. "Whichever one of those players is able to do those things has probably got the heads up on the other. But to say that one is better than the other right now, I can't say that."



GOLDEN BEARS FOOTBALL

## 2009/10 schedule



**Week 1**

vs. UBC Thunderbirds  
Foote Field, 7 p.m.

**Week 5**

@ Manitoba Bisons  
Winnipeg, MB, 7 p.m.



**Week 2**

@ Calgary Dinos  
Calgary, AB, 7 p.m.

**Week 6**

vs. Regina Rams  
Foote Field, 1 p.m.



**Week 3**

@ Simon Fraser Clan  
Burnaby, B.C. 7 p.m.

**Week 7**

@ U of Sask Huskies  
Saskatoon, SK, 7 p.m.



**Week 4**

vs. U of Sask Huskies  
Foote Field, 7 p.m.

**Week 8**

vs. Calgary Dinos  
Foote Field, 1 p.m.



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# Inaugural SU health and dental plan begins coverage at start of September

JONATHAN TAVES  
Deputy News Editor

*It's hard enough to keep up with all there is to do the first week of classes without having to learn all about your brand spanking new SU health and dental plan. So to ease your first-week workload, Gateway Deputy News Editor Jonathan Taves took the time to speak with Students' Union Vice President (Student Life) Nick Dehod to find out everything a student needs to know about making a claim, customizing a plan, and just what exactly a tutorial benefit is.*

*So sit back, read up, and hopefully you'll figure out a way to make the most of your plan, and repair all of that summer holidays alcohol damage.*

## What type of medical expenses does the health and dental plan cover?

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If you want to include a spouse or a dependant, you can do that. It'll just be an additional cost depending on how many people you add. Adding a single dependant will increase the cost to \$287.51, while family coverage will cost \$577.02.

## Are there any restrictions on who the plan is accessible to?

In order for you to be able to use the plan you have to be assessed to have student union fees. And if you are claimed as a spouse or dependant, clearly they have to be your spouse or dependant.

## Does the health and dental plan cover vision?

It does. For vision, we have eye exams, eye glasses, contact lenses, and laser eye surgery.

## Is the plan customizable?

Yes. You can do either \$109.34 for just the health plan itself and then Dental will be an additional \$83. Either can be removed.

## How do students go about making a claim?

There'll be forms online. There'll also be claim forms in the lower level office. With those forms, students can either mail them directly to the insurer or bring them to our office where we'll mail them. There will be a blackout period until the end of September while we sort out who is still on the plan and who has opted out. The plan goes from September 1 until the end of August, so even if you graduate in April, you'll still have coverage.

## What is a direct pay card?

This card allows you to make a claim. You're going to be able to go online and download the card or you'll receive it in the mail. It basically has the health plan number that students need to use with their CCID to collect claims. It will be coming in the mail during the first week of September.

## Alberta health care is a requirement to gain benefits from the SU plan. How will this work for international students or those who might not have Alberta Health Care?

If you're an international student, provided that you're assessed student union fees, you will be part of the plan. But that being said, the health plan provides supplementary coverage to the basic coverage Alberta health care provides. International students have a University Health Insurance plan which fulfills the requirement for them.

## University of Alberta students are paying less than students at the UBC and U of Sask. How was this low rate obtained?

One reason our plan is cheaper is because we don't include graduate students in our health plan. We wanted to make sure the plan was comprehensive while also being affordable for students.

## Can you explain the tutorial benefit for students?

Students can claim coverage of up to \$15 an hour to a maximum of \$2000 per policy year to employ a tutor if the student is immobilized by accident or injury.

## Students lead a busy lifestyle. Do you feel this plan is easy to use and convenient enough to fit with their schedules?

I think that by having the office in place we're going to make it very accessible for students to ask questions as well as fill out claims. The website will make it easier for students to opt out and alter their coverage from a computer in the library or at home.

## Students at the University of Calgary are being offered the option of paying their health and dental plan fees in two installments. In contrast, The U of A's has been placed on the first semester. How was this option settled on?

We were trying to make this plan as affordable and comprehensive as possible and had already negotiated the universal opt-out. If we allowed students to make that decision each semester, that would have had an impact on the price.

## How can students opt out of the health and dental plan? Where can they go online or in person to do this?

What they can do is go to the website which is [www.ihaveaplan.ca](http://www.ihaveaplan.ca) and when they go to that website, They basically select our university and opt out. They can also go down to the office we'll have set up in the basement of SUB.

## The universal opt out isn't typical of student health plans. Was this option difficult to obtain?

Given that we were one of the last major universities to come up with a health plan, it helped us when it came time to finally work out our details. We've also had previous health plans

fail, and along with our good relationship with StudentCare, we were able to allow for a lot of flexibility in this plan. Outside of Quebec we're the only campus with a universal opt-out.

## Are there any other times throughout the year that students can make alterations or changes to their coverage?

If you are a student who starts in the winter semester, there is an opt in period. There is a change of coverage period between August 28 and September 16. That period will be the time they have to alter their coverage details to, say, add a spouse or dependent.

## If students have anymore in depth questions about the plan, where can they look for answers?

In terms of specific coverage, One place students can look for clarification is [www.ihaveaplan.ca](http://www.ihaveaplan.ca). Students can pick up material and ask questions about the plan in an office we'll be setting up in lower SUB.



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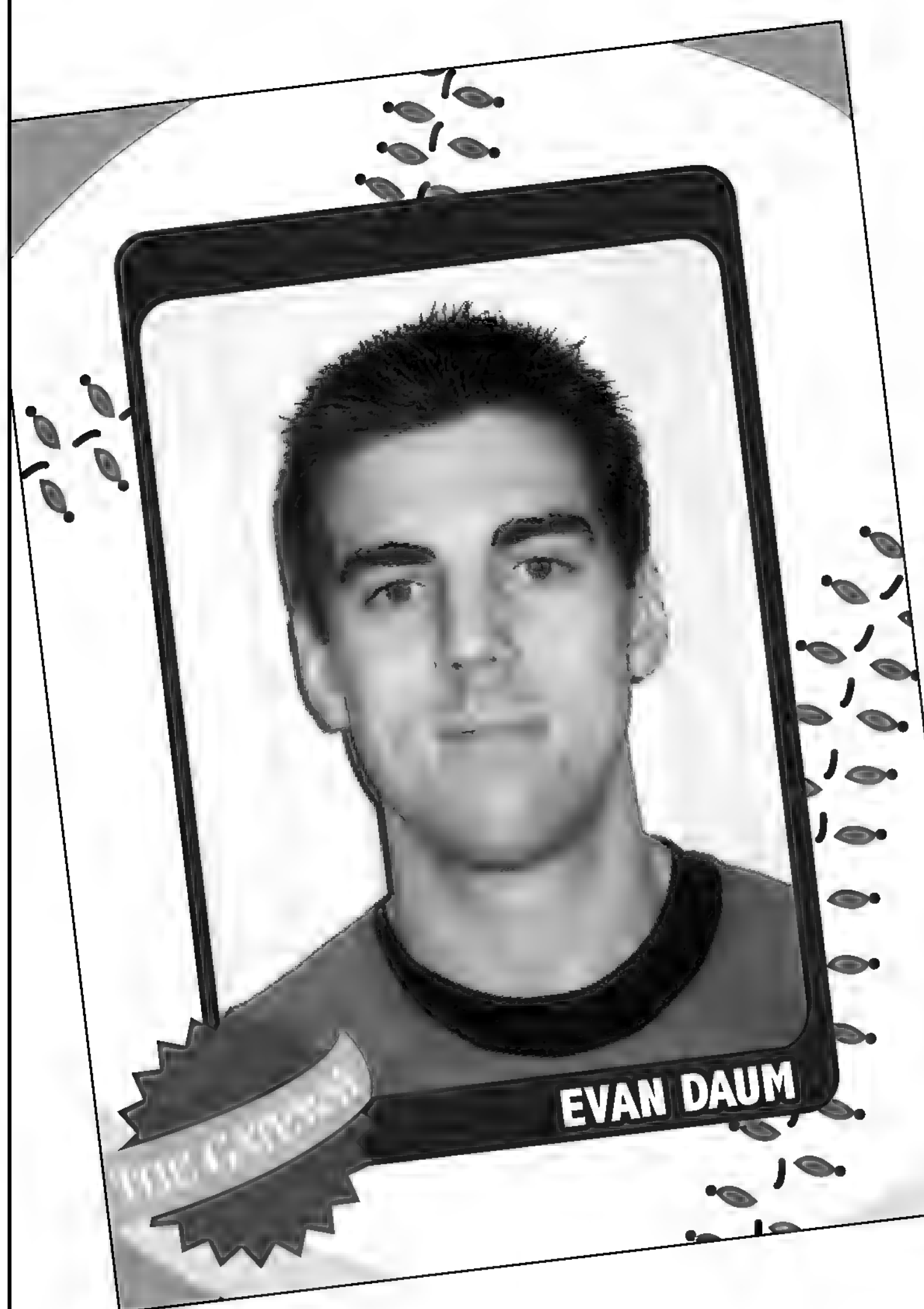
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Ladies, gentlemen, and sports fans  
of the University of Alberta —  
meet your new Sports Editor,  
**Evan Daum.**



Seemingly a mild-mannered journalist from the outset, Evan will be your hook-up for coverage from all major sporting events on campus this year. Originally hailing from Saskatchewan, he's also become devoted fan of the Edmonton sports scene, as demonstrated by his preference of Eskimo green to Roughrider green.

If volunteering for *Gateway Sports* sounds like an intriguing opportunity to you, and you'd like to find out more about how to get involved, he's just the person to talk to — contact Evan and he'll help get you started: [sports@gateway.ualberta.ca](mailto:sports@gateway.ualberta.ca).

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FILE PHOTO: BRENNAN MURPHY

**DEFENDING THE MAPLE LEAF** Alberta's Stephanie Ramsay has a chance at making the final U-22 roster in December.

## Puck Panda Ramsay suits up for Canadian women's U-22 squad

EVAN DAUM  
Sports Editor

Three members of the Pandas hockey team — along with members of other CIS and NCAA schools — made the short trip south to Calgary from August 7–14 to showcase their skills at Hockey Canada's Women's Under-22 team selection camp.

Blueliners Stephanie Ramsay and Andrea Boras, along with forward Leah Copeland took part, giving Alberta the most players sent by any CIS school to the camp. All three were part of Team Canada's gold medal effort at the Winter Universiade in

Harbin, China during last season.

Of the three Pandas who attended the camp, Ramsay was the lone Panda to be named to the preliminary U-22 roster. Ramsay suited up for a three-game exhibition series against Canada's National Women's Team, and a game against the Under-18 Team from August 17–20.

By being named to the initial roster, Ramsay made a major step in making the final U-22 roster which will be announced in December. From there the squad will make its way to Germany to compete in the MLP Cup, which pits Canada's U-22 team against national teams from various

European nations. Germany, Finland, Russia, Sweden and Switzerland all competed in last year's MLP Cup, where the Canadians captured a silver medal.

Ramsay burst onto the CIS scene last season as a newcomer earning Canada West Rookie of the Year honours with six goals and 18 assists after spending time with the Western Women's Hockey League's Calgary Oval X-treme from 2005–08. Ramsay's offensive presence and strong skating ability were major weapons for the Pandas from the backend as she lead the conference in scoring among blueliners and rookies.

## New football media group should aid in present lack of CIS coverage



EVAN DAUM

Sports  
Commentary

If you haven't already heard of the UFRC, you're not alone. The United Football Reporters of Canada is a newly minted group whose objective is "to organize the media who cover the 27 CIS institutions" and "further promote the game," as Jim Mullin, the sports director at CKNW 980 in Vancouver explained in an email back in June. The UFRC was formed in 2008 at the Grey Cup in Montreal, and is an interesting development in media coverage, and promotion of the CIS game — specifically for football.

Mullin is the UFRC's first National Chairperson and must be applauded for his work to promote CIS football and organize the media which cover it into the group. The creation of such an organization may seem trivial to the casual fan, but is an important development in the promotion of varsity

football, and may be an example to be emulated for other CIS sports.

The UFRC is significant for a number of different reasons. With another season of CIS football just around the corner, the organization will already be playing a role in one of the key elements of the game's coverage: the top-ten poll. The new polling system gives members of the UFRC an opportunity to submit their top ten as part of the voting system, giving media types who cover the game from coast to coast a chance to shape the poll. From sports editors like myself working at a university paper to writers covering the sport at major newspapers, and all points in between, everyone gets a chance to be a part of the process.

An organization of media covering the same sport from across the country creates a network that serves to promote CIS football as a whole, and not just on a conference basis. With an organization that reaches across the country, the UFRC will be working to improve access to information about the varsity sport to media, which will assuably lead to greater and more in-depth media coverage. This would promote the product on

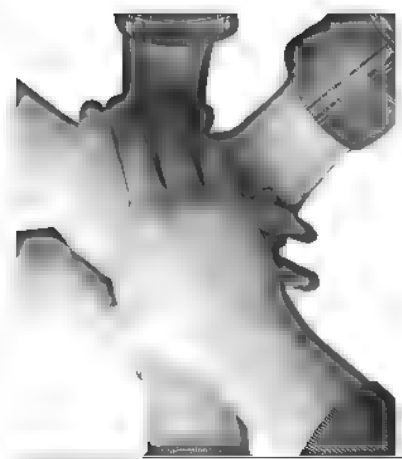
the field, which is something that the CIS desperately needs to compete for attention within such a sport-centric nation.

It's an important step in the development of promoting all varsity sports that a group covering the sport has decided to take the initiative to promote something that doesn't often get the attention it sometimes merits. Of all the groups to step up and try to promote CIS football, the people who cover it may be the best suited to truly increase interest since media coverage and access to information are key in attracting fans.

Organization at any level is important to success and growth, and the establishment of a group like the UFRC is an important step towards increasing the exposure of CIS football, and eventually other sports under the same umbrella. The initiative that Jim Mullin and others have taken to promote the brand, which is the Canadian pipeline to the CFL, is important. By coordinating those covering CIS football and improving access to information surrounding teams, more stories will reach the public and in turn more publicity for the sport will result.



# Gateway Sports reminisces over best athletic feats of summer 2009

SPORTS  
STAFFGroup  
Commentary

Another summer has passed, leaving us with a number of unforgettable events from the world of sports, as well as a few we'd rather forget. And then, of course, there's the whole Brett Favre unretirement saga, which is in a bush league of its own.

But in the spirit of cheering ourselves up upon the inevitable return to classes, the fine folks at the *Gateway* have decided to compile our favourites from the summer of 2009.

## Ciaran O'Flynn

With the final round of the 2009 PGA Championship looming, it seemed as though the year's final major tourney would end with a Tiger Woods victory. Tiger was leading the field by two strokes going into Sunday's fourth round, and held the remarkable record of being unbeaten when leading a major going into the final 18 holes.

His opponent and playing partner was the relatively unknown Y.E. Yang of South Korea. Tiger's seventy PGA tour victories far outweighed Yang's lonesome one, and undoubtedly stacked the odds against the South Korean; however, once the final pairing teed off down the fairways of Hazeltine National, Yang surprised all but himself.

By hitting countless remarkable shots, perhaps none bigger than his hybrid on the 18th to leave him with two putts for the win, Yang did the unthinkable: coming from behind to beat Tiger in the final round of a major.

## Hai Doan

Summer is almost over, but one summertime sports memory that will stay with me for a long time is the Pittsburgh Penguins winning their third Stanley Cup. Seeing the look of sheer exhilaration on Sidney Crosby and Evgeni Malkin's faces as they raised the big drink really made my day. It's not just because I'm a Penguins fan, but I was rather impressed with the manner in which they dethroned the defending champion Red Wings. The Pens were down 2-0 in the series and people were already counting them out, claiming it would be a repeat of last year's Finals.

However, the Penguins managed to battle back to force a game seven, and little-known grinder Maxime Talbot became the hero. Talbot scored both goals to give the Penguins their first Cup in over 10 years. It wasn't until I saw the game clock run out that I realized I had been holding my breath for the last few seconds as the Red Wings frenzied to find the equalizer.

## Sarah Stead

Last summer during the 2008 Olympics in Beijing, Usain Bolt became perhaps the first athlete to set a world record and simultaneously be criticized for doing so without any kind of doping scandal.

The footage of the Amazon Jamaican sprinter throwing his arms out before the finish line and beating his chest was played on the news repeatedly, and speculation was rampant as to how fast Bolt could have actually completed the race if he hadn't slowed down early to celebrate. Oh yeah, and his shoe was untied too.

And it was disappointing: sports are about testing the limits of human capability, not quitting when you've given just enough to win.

However, this summer in Berlin, Bolt didn't slow down and destroyed his own 100m and 200m records by 0.11 seconds each, placing the

new times at 9.58 and 19.19, respectively. At 23 years old, it's likely that Bolt has yet to peak and come the London 2012 Olympics, it's possible that those limits could be pushed even further.

## Evan Daum

22 points is nothing. That's the way it turned out in Regina that fateful July day when I witnessed the entire Rider Nation take a collective disappointed sigh after watching a 22-point lead slip away at the hands of my beloved Eskimos.

It was a hot July day, and I was in the midst of a sea of green at beautiful and archaic Mosaic Stadium. As the billboard pointed out on the way into the stadium, with an arrow to the sky, and arrow to the stands: "Sea of Green, sky of blue!" It truly is the heartland of Canadian Football, but what did I care? I just wanted to see those silly green men get pummelled into the ground so I could rub it in the face of all my co-workers at the golf course I was working at in the fair province of Saskatchewan.

That's exactly what happened as the Eks came through with a huge comeback win — the perfect way to beat those Rider Priders. It was a hell of a game and, without question, the sports highlight of my summer.

## Nick Frost

On the evening of June 29, several media sources, both local and national, confirmed that the Edmonton Oilers had acquired superstar sniper Dany Heatley from the Ottawa Senators.

Of course, we all know that ended up not being the case, which shattered my fragile copper and blue heart into a million pieces. But, for the hour or so that I was under the impression that the Oilers finally had a 40-goal player and a legitimate finisher for an Ales Hemsky pass, that was, by far, the most exciting sports moment of my summer.

# Voytechek wins summer gold at British swim event

EVAN DAUM  
Sports Editor

Pandas swimmer Kayla Voytechek has been making waves around the swimming world this summer. After representing Canada at the Summer Universiade in Belgrade, Serbia back in July, she captured gold in the 100m breaststroke at the British Championships in Sheffield, England in early August.

The second-year Albertan carved eight-tenths off her career best in the event by clocking in at 1:08.84, with her previous personal best coming at the Universiade.

Voytechek's busy summer continued by competing on Canada's National "B" swim team at the British Tri-Nations and Great Britain Grand Prix before heading to the home of Confederation, Prince Edward Island, to represent Alberta at the Canada Games at the end of the month. Joining Voytechek in P.E.I. was Golden Bears and Pandas swimming head coach Bill Humby who will serve as a coach for the Alberta squad.

A native of Lethbridge, Voytechek made a name for herself last season capturing a silver medal at the CIS Championships in the 50m breaststroke, finishing second to world-record holder and former Panda Annamay Pierse, who was also last year's CIS Female Athlete of the Year. The L.A. Swim Club product will be back at the U of A for her sophomore season, with her eyes on improving on a very impressive rookie campaign.

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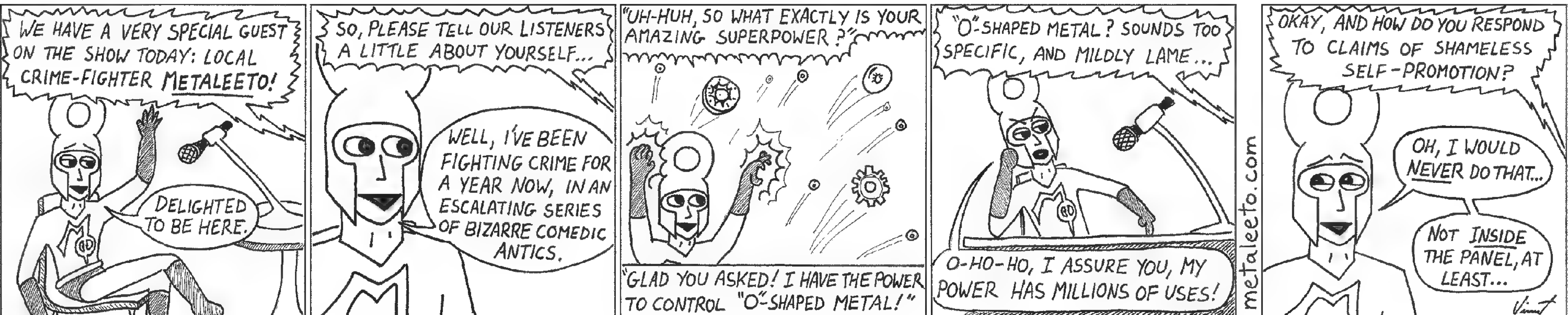
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# Stay healthy this fall!

## Here are some simple precautions to help keep H1N1 influenza at bay this season:

- Wash your hands often with soap and warm water, or use your alcohol-based hand sanitizer
- Practice proper cough and sneezing etiquette (cough and sneeze into your arm or a tissue)
- Try to avoid close contact with people who appear to have a respiratory illness
- If you become ill with influenza-like symptoms, stay home for seven days after symptoms begin or until you are feeling well enough to resume normal activities, whichever is longer

## What is pandemic H1N1 influenza virus?

It is a new strain of the influenza A virus (2009). The World Health Organization (WHO) has declared it a pandemic virus.

It is a respiratory illness that has never previously been detected in humans and causes symptoms similar to those of the regular human seasonal influenza.

Most people have no immunity to protect them from getting sick with this new virus.

This virus is being detected in many countries around the world and is spread from person to person in communities.

For current information on H1N1 influenza and how it affects you, go to:

**[www.H1N1.ualberta.ca](http://www.H1N1.ualberta.ca)**





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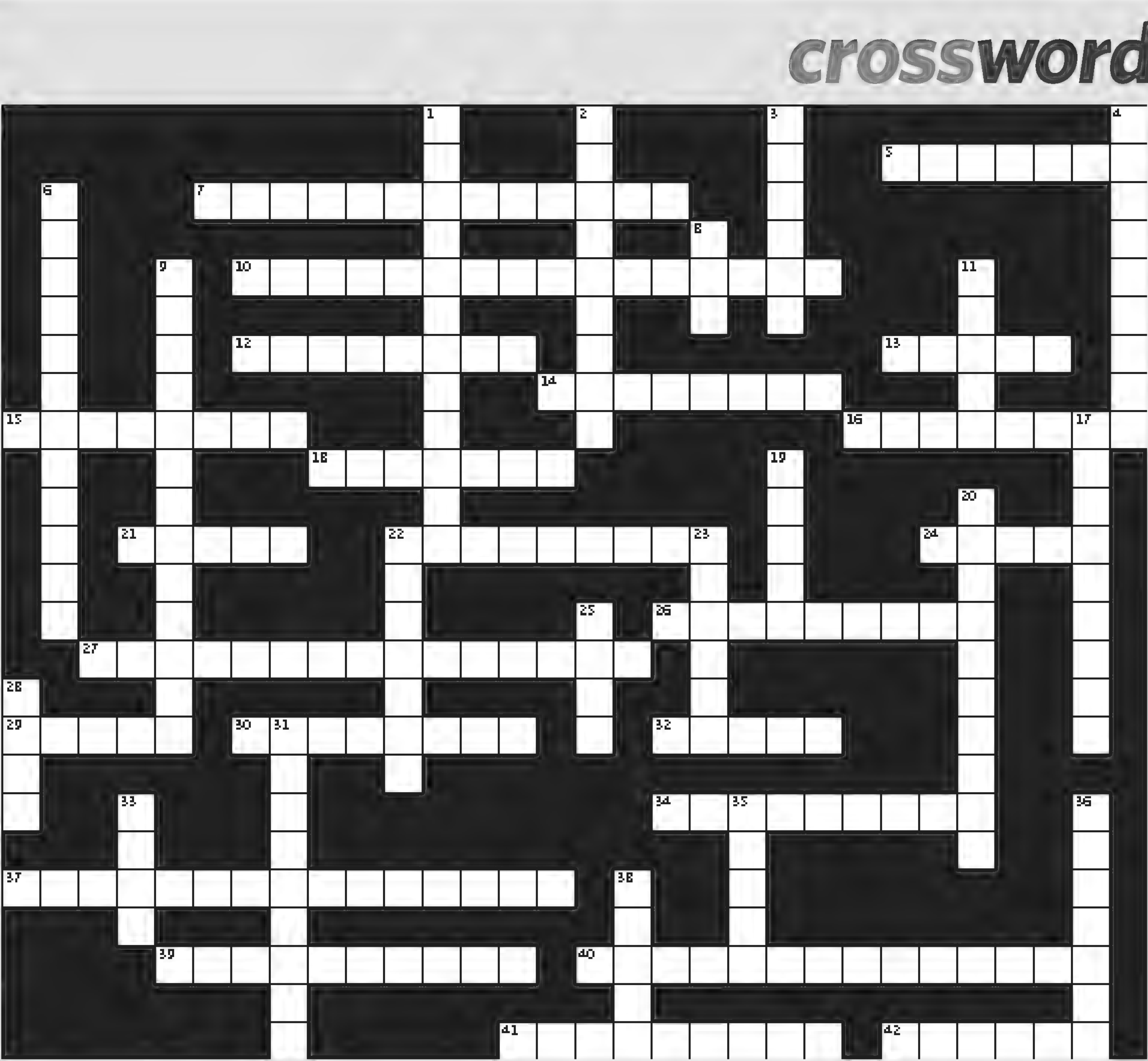
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AND FINALLY

We come back, everyone! It's nice to see everyone's smiling faces. Or grumpy faces. I honestly don't care about your face, as long as your face's eyes are reading the paper in front of you. What are you most excited about this year? Really? That's a dumb answer. Why don't you come up with something better? Okay, believe that then. Personally, I'm excited about my little sister coming to the university this year. She's studying something in Arts — linguistics history, or some crap like that. Maybe I should care a bit more, but I'm more focused on keeping her away from all of you. Yes, that's right — you, the depraved Gateway reader. I read your survey response last year, and I know now you scored on the Purity Test, and after much thinking, I've decided I don't want any of you near her. Best of luck in future romantic endeavours, though. Judging from now you answered question 37, you need it.



Back to School Edition

The Crossword runs semi-regularly with the answer available at [www.thegatewayonline.ca](http://www.thegatewayonline.ca)

Across

- 5. The Faculty: Take me to your \_\_\_\_\_.
- 7. Who plays Claire Standish?
- 10. "O Captain! My Captain!"
- 12. "Mrs. \_\_\_\_\_, you're trying to seduce me, aren't you?"
- 13. Opted not to eat mice in Road Trip
- 14. Magic School.
- 15. "If you wanna be the teacher's pet / baby you just better \_\_\_\_\_"

- 16. Matthew Perry at 17 (Again!)
- 18. Good Will \_\_\_\_\_.
- 21. The Perfect \_\_\_\_\_.
- 22. South Harmon Institute of Technology
- 24. Saved by the Bell: Weekend in \_\_\_\_\_
- 26. "Dear Diary, my teen-angst bullshit now has a \_\_\_\_\_."
- 27. "Who's your daddy and what does he do?"
- 29. "\_\_\_\_\_ magazine day!"
- 30. The New Guy
- 32. Vote for \_\_\_\_\_.
- 34. Based on the book Queen Bees and Wannabes.
- 37. Bathroom psychiatrist.
- 39. Mandy Moore as a Jesusfreak.
- 40. Undercover reporter goes back

- to high school
  - 41. What stained Carrie's prom dress?
  - 42. The original American Pie.
- Down
- 1. 10 Things's Guidance counselor Mrs. Perky says, "\_\_\_\_\_ is the term used most often."
  - 2. Louanne Johnson: "There are no victims in this \_\_\_\_\_."
  - 3. Elle Woods' Beau
  - 4. Teen Movie Spoof: "Oh it's already been \_\_\_\_\_."
  - 6. Mona Lisa Smile's lead.
  - 8. Jim Sturgess' dream school in 21
  - 9. Stuttering Hal Hefner joins the

- debate team.
- 11. Cautionary \_\_\_\_\_.
- 17. "We're going streaking!"
- 19. Hilary Swank's first movie role.
- 20. They went on Double Secret Probation
- 22. The mean girl of High School Musical.
- 23. Ferris Bueller's Girlfriend
- 25. Michael J. Fox was a Teen \_\_\_\_.
- 28. Thora Birch in Ghostworld.
- 31. Orange County's druggie older brother Lance.
- 33. Julia Stiles in Save the Last Dance.
- 35. The most vagina-like flavor of pie
- 36. Two main cheerteams of Bring It On: Toros and \_\_\_\_\_.
- 38. Revenge of the \_\_\_\_\_.



PHOTO CREDIT

A BREATH OF FRESH AIR A view looking north from the top of the Sulphur Ridge summit at Jasper National Park. The valley contains the flows of the natural Miette hotsprings.



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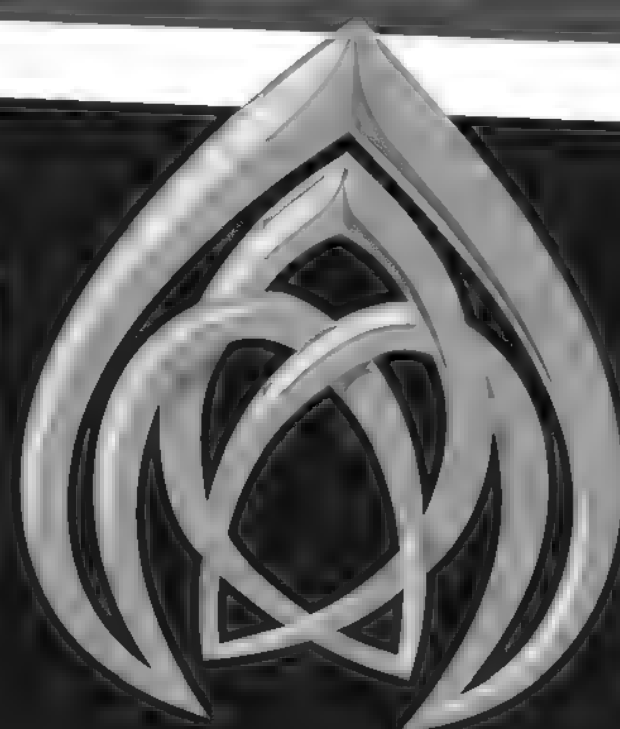
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# Eating disorder centre opens on Whyte

SEAN STEELS  
Senior News Editor

Often portrayed as solely a sickness of young, self-conscious women, eating disorders have grown along with the media and cultural pressures to encompass a wider distribution of the population than ever before, affecting men, women, young, and old.

But those struggling with the burden of disordered eating will have one more option for help this September thanks to the presence of Me Without Measure (MWM): an Eating Disorder Organization on Whyte Avenue and 104 Street.

The location will serve as a hub for awareness related initiatives and support groups — one for those suffering from eating disorders, the other for friends and family members of those afflicted, explained Maggie Brennan, Program Director of MWM and masters student of counseling psychology at the University of Alberta.

Support group sessions, which are free and fully confidential, will focus on how to equip participants with the tools to battle the over-idealized false reality presented in mass media, Brennan described.

“We try to help participants develop a critical mind, question what they’re seeing, and educate people about how photos are touched up in magazines and how they’re used to sell you things. Big business wants you to feel bad because then

you need their product,” she said.

“It all boils down to how you feel about your body, and 90 per cent of women and 50 per cent of men just don’t feel very good about their bodies.”

The origin of disordered eating, often regardless of gender or background, lies in self-perception and body image, explained Helen Vallianatos, who is an assistant professor in the University of Alberta’s Department of Anthropology and board director at the MWM. Vallianatos specializes in how social determinants shape health.

“There aren’t uniform ideals for what a beautiful body is. [In North America] you could argue that lean, muscular bodies are the beauty ideal for men and women,” she said.

“We need to introduce people to the idea that a healthy body is not any particular body size and that people have different norms. We need to foster body awareness and acceptance of health at any size.”

In addition to support groups, MWM also plans to divert time and resources towards expanding the canon of literature around eating disorders and body image. In the coming year, graduate students working under Vallianatos will get a chance to perform research at the MWM.

In the opinion of Peggy Szucs, MWM’s Executive Director, an increase in the amount of research done on eating disorders has been a long time coming.



PETEYEE

**BUILDING CONFIDENCE** MWM staff hope that the centre will shed light on eating disorders.

“Statistics in Canada and the United States: there are practically none that are recent and relevant,” she said, adding that because so many eating disorders go undiagnosed and because they can be so hard to identify, a realistic estimation of how many are affected is impossible.

“Someone who is bulimic might not have physical signs as opposed to an anorexic, and people affected by something that hasn’t entered the health care dictionary yet, like bigorexia — obsessive compulsive body-building — would almost never be thought of as having body image issues.”

Another area of focus for the MWM will be developing a support group specifically targeting men with eating disorders. Approximately ten per cent of those with eating disorders are male.

“There’s more attention starting to be paid towards young men,” Vallianatos said. “There might not be that much out there in terms of publication, but awareness is a start.”

## CAMPUS DIGEST

### CAMPUS BUILDINGS EVACUATED DUE TO BOMB SCARE

Around 9:30 a.m. on August 26, College Plaza at 112 street and 82 avenue was evacuated following a bomb threat.

Edmonton Police arrived on the scene and closed surrounding roads and businesses as the explosives unit investigated.

After searching the building, nothing suspicious was found and staff were eventually allowed to return to the building.

### STUDENT AWARDED FUNDING FOR FOOD PRESERVATIVE RESEARCH

A graduate student in the University of Alberta’s Department of Agricultural, Food & Nutritional Science has been awarded a \$33,000 fellowship from the Canadian Wheat Board.

Brenna Black, a graduate student, will use the fellowship to explore the antifungal properties of bacteria found in wheat and barley seed.

The bacterial compounds harvested may also provide an alternative to irradiation and atmospheric packaging to extend the shelf life of food.

### AGEISM DEVELOPS EARLY ON

Researchers at the U of A have found evidence for ageism in children as young as two years old.

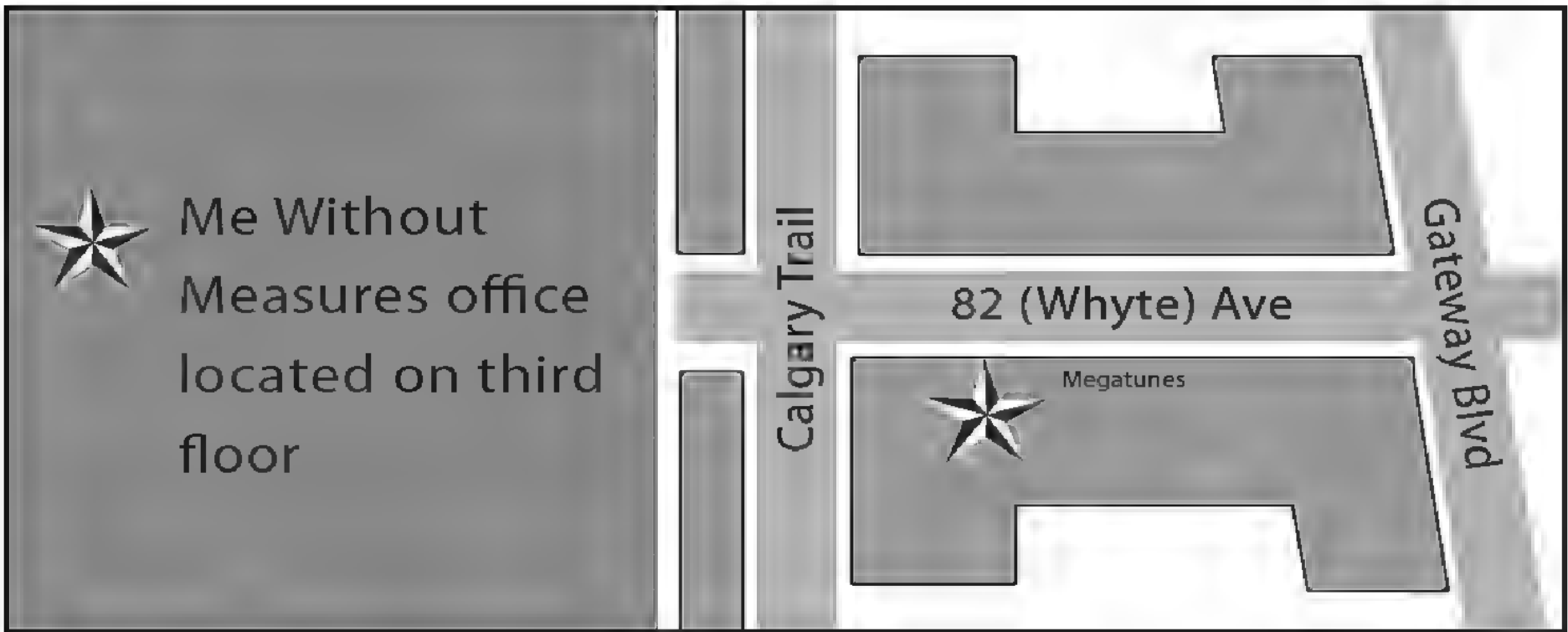
Researchers Kwong See and Elena Nicoladis with the Department of Psychology have shown that toddlers can develop negative stereotypes about those older than they are and that the effects of such development could last into their own old age.

### INFRASTRUCTURE FUNDING AWARDED

A \$22.5 million fund has been awarded to the University of Alberta from the federal Knowledge Infrastructure Program.

The program is designed to fund projects ready for construction to additionally stimulate the economy.

A portion of the infrastructure funding will be used to renovate the Chemical and Materials Engineering Building and construct resource facilities in the Health Resources Innovation Facility.



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## U of A PhD student derives preservative, other health benefits from mango seeds

CATHERINE SCOTT  
News Staff

Working with mango kernels has been a fruitful endeavor for University of Alberta PhD student Christina Engels with the Department of Agricultural, Food, and Nutritional Science. Engels has discovered a way to extract a specific substance from leftover kernels, unearthing an inexpensive, all-natural preservative, and capitalize on a food trend.

According to Engels, the mango industry produces juice and dried mangos, but discards millions of seeds every year. Engels was determined to find a way to recycle these by-products.

"The basic idea behind this project is to use the leftover kernel to find a good application for it," Engels said.

What she discovered were tannins, a plant compound that inhibit the growth of pathogenic bacteria such as *Listeria*, a bacterial strain that infected luncheon meat last summer, killing 21 Canadians. Since the substance is extracted from a so-called waste product in the age of processed foods and growing obesity rates, Engels believes demand will grow for what is an inexpensive, natural product.

"At the moment, there's a trend towards more organic and natural foods. This presents a natural alternative to existing synthetic preservatives," Engels noted.

The mango preservative can be used on products that are most susceptible to rot and require very particular storing techniques, such as dairy products. However, this discovery will not be hitting the dairy section of grocery

stores tomorrow or even next week.

"There will be other food scientists to work with it, to make sure there is no negative impact on humans, but it will be available sometime in the near future," Engels said.

If this substance passes rigorous nutritional testing, she said that it could also be used in the washing water of fresh-cut lettuce or put directly into fruit juices.

For Engels, the practical uses of mangoes continue to add up. She described a process that involves extracting fat from the mango kernels and using it to replace the fat from cream in ice

cream. In addition, other research has found anti-oxidant activity as well, which is linked to cancer-reducing properties. However, these discoveries also demand further examination.

Though she has been enjoying the fruits of her labour, Engels said her work does not end here; this is only a pit-stop during her quest to learn and discover more.

"I've been getting so much positive feedback. It's really nice that it affects people outside of my lab," Engels noted. "Now I want to go deeper and find out why they have this ability."



PETE YEE

**THIS JOB IS THE PITS** U of A PhD student Christina Engels has focused her thesis work on the potential health and financial benefits of discarded mangoes.

“

Why would you do this to me?

SCOTT MCKINNEY  
Engineering Councillor

—after being nominated to the Budget and Finance Committee

## COUNCIL FORUM

Written by Jon Taves

*Students' Council is the governing body of the Students' Union consisting of the SU executive, Undergraduate Board of Governors representative, and the 32 faculty councillors.*

*Students' Council meets every second Tuesday in the Council Chambers in University Hall at 6 p.m. Meetings are open to all students. The next meeting will be held on Tuesday, September 8, where free food will be provided for all attendees. So if you're interested in student government, come grab a plate and satisfy your craving for democracy.*

### THE CHANGING FACE

SU Vice-President (Academic) Leah Trueblood presented on recent data from the Registrar's office regarding the demographics of the student body.

She explained that nearly half of new students to the U of A transfer from other institutions. It was noted that many students face external pressures on their university careers largely due to financial worries. Trueblood believes that it's important to keep up with the diversity of the student body so that the SU can effectively represent a wide array of interests.

### ENDING POVERTY

Council heard a presentation from the Millennium Villages Project, an organization with the mandate of revitalizing

impoverished communities in sub-Saharan Africa. Their goal is to halve extreme poverty in the region by 2015 through self-sustaining programs of agriculture and needed infrastructure. Council is considering holding a referendum to vote on a Dedicated Fee Unit of \$6.40 per term from U of A students to go towards the organization. A similar program is already in place at Carleton University.

### I STUDY ARTS BECAUSE...

Council also heard a presentation from the Collective Body of Arts Students. The presentation outlined CBAS' goal of fostering a sense of community within arts, and to be an open forum where student and departmental concerns can be addressed.

### SAVE(D) OUR DEWEY'S

Council ratified an agreement between the Grad Students Association (GSA) and the SU regarding Dewey's that, as written, is in effect until August 2012. The SU's lease agreement had expired and University administration intended to use the pool hall space for offices being moved from the Tory Building.

The GSA offered their old offices as an alternative for the administration in an effort to preserve "a unique and special social space on campus, one that brings together all elements of the campus community." The SU will continue operation of the venue as before, including the billiard space. However, both organizations are seeking University approval for the west

bar and mezzanine to be included in the lease as well.

As per the agreement, the GSA will receive 15 per cent of any net profit from Dewey's, and the GSA, when reasonable, may request privileges to promote the use of the venue "as a graduate-friendly student space" for holding special events there.

### QUESTION PERIOD

Trueblood responded to a question about her recently presented academic plan. One of its key tenets is a call for more undergraduate research and more emphasis on quality teaching. It's the SU's contribution to the University's new guiding document, "Dare to Deliver."

President Kory Mathewson responded to questions regarding this year's speaker and debate series. A number of issues are expected to be covered by the events, including the debates surrounding Israel and Palestine, and Creationism versus Evolution.

Mathewson also talked about his planned undergraduate survey. He's met with University Vice President (Finance & Administration) Phyllis Clark who explained that the administration is not interested in contributing questions to the effort.

VP (Operations & Finance) Zach Fentiman spoke about the changes to SUBtitles, including the new "Green Zone." Workers are currently finalizing visual elements and adding products such as clothing, stationary, reusable water containers and plantable trees. Plans for the renovations are on schedule.



# U of A researcher tasked with stopping pine beetle advance

ARAH SLACK  
News Writer

According to a high-profile researcher at the University of Alberta, if the mountain pine beetle continues its decimating advancement through North America's pine forests, the only thing to stop it will be the Atlantic Ocean.

Professor Nadir Erbilgin, an assistant professor of forest entomology and chemical ecology at the University of Alberta's Department of Renewable Resources, is trying to make sure the pine beetle doesn't get the last word. As the Canada Research Chairman in forest entomology, he's funded by the Canadian government, as well as the United States Department of Agriculture to help protect the jack pine forests on both sides of the border that are at serious risk.

"In North America, the mountain pine beetle is one of the most important organisms; its range is from B.C. to the mountains in Colorado, where there's a pine beetle epidemic just now [...] It's a very big range," Erbilgin said.

He explained that there are three main factors contributing to the pine beetle epidemic: the warming climate, aging forests, and human interference with wild forest fires.

"Low winter temperatures are one of the most limiting factors for beetles, as for all individuals. We're getting warmer and warmer winter temperatures. So the [pine beetle] population is being added to every year."

Erbilgin added that in conjunction with the population explosion, there are now many aging forests because of fire control which make prime territory for the beetles to move into.



RYAN SHIPPELT

**WE DID START THE FIRE** Efforts to halt the mountain pine beetle include controlled burns of old-growth forests to make them less welcoming to the pest.

"The fire has to come and kill the stressed [individual trees] in the forest. But there's been a fire exclusion for several decades, with a governmental policy to reduce the damage to humans. But nature doesn't work that way," he said.

In this context, Erbilgin is working against the clock to develop defensive strategies for protecting the pine.

"Tree defence is a very dynamic thing. The beetles are already here in great numbers in Alberta lodgepole pine forests. We're trying to reduce the rate of spread. We need to focus on a

preemptive approach, to investigate factors that promote or limit beetle in jack pine forest, rather than a post-establishment when the individual is already there."

Erbilgin's researching the impact of other organisms, like the budworm, that facilitate the mountain pine beetles' advance.

"Native stress agents, like budworm, or root rot 'armillaria,' and abiotic impacts like drought, [are] the base of my study, factors which may make jack pine forests susceptible," he stated.

"I expect the bud worm defoliation will be a high-risk area. Areas identified as high risk can be targeted for management like logging or targeted burning," Erbilgin's described.

He emphasized the need to generate solid data to determine management activities, and expects to spend the rest of his career doing so. Erbilgin noted that without efforts to keep the beetle population in check, consequences would be devastating.

"Damages would be immeasurable; economically, that renders lumber trees useless. Ecologically, jack pine is

one of the most prominent pine species in the Boreal forest. They grow in areas other pines don't, and are one of the largest pine distributions in Canada," he said.

The beetle's advancement into Alberta is a critical step, as it will determine the shift of the beetle from lodgepole to jack pine, a step Erbilgin believes will not hinder the its growth.

"Alberta will be a battleground, a gateway for the pine beetle to the northern states and the rest of Canada."

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# Students look for textbook alternatives

## Digital textbook use is rising, but reservations remain about technology

KYLE GIBSON  
News Writer

Digital textbooks may soon become the new popular learning medium as rising costs of physical textbooks drive students to look for alternatives.

Already in the United States, digital textbooks have seen a rise in popularity due to increasing selection through websites such as CourseSmart.com. Online textbook prices are on average 50 per cent less than their physical counterparts, according to U of A Bookstore course material manager Paul Wilde.

Wilde explained that parts of the inflation in bookstore textbook prices are due to the supplementary material that most publishers now package with their textbooks.

"There is a definite trend of textbook prices far exceeding the national inflation rate. The publishers will tell you that it's the cost of production, the cost of shipping and so on, but I don't see that. We pay the shipping for the books coming here. And when you're talking an overall market where inflation is down 0.9 per cent, how do you justify a five to seven per cent price increase?" he said.

However, Wilde stated that until the technology catches up with the database of course material, buying used books remains a more practical option.

"From the student perspective, used books are still the best deal mainly for the reason that with a new book you have the option of reselling it or keeping it. There is no residual used book value for a digital textbook," he said.

Students' Union Vice President (Academic) Leah Trueblood said that she believes that digital textbooks are a cost-effective option compared to physical textbooks, but has reservations on how user-friendly the technology currently is.

"As we see new instruments becoming usable, we will see prices of textbooks go down and I think we will see the industry change. But in terms of right now, I don't think things like CourseSmart will make a large impact," she said.

Trueblood stated that other options are still available to students with other forms of textbook purchase. The Students' Union-sponsored website [www.bebooksmart.ca](http://www.bebooksmart.ca) was created for the purpose of giving students

affordable options when purchasing textbooks, including research done on popular new editions to determine the amount of relevant changes made in comparison to previous editions.

The Students' Union is also involved with The Canadian Roundtable on Academic Materials, which includes bookstores and students' unions across Canada, in order to find ways of curbing rising book costs.

Should the demand for virtual textbooks increase, Wilde says the bookstore has the digital infrastructure to provide the service to students.

"It's going to take the stores that are more tech savvy and [have] the digital infrastructure to deliver the content, but yes, the bookstore is prepared," he said.

... exerted unusual power over the scientific temper-  
... rench mathematician Joseph Louis Lagrange pro-  
... worked best to the sound of music. Einstein's  
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... rule playing with such charm and feeling," she wrote.  
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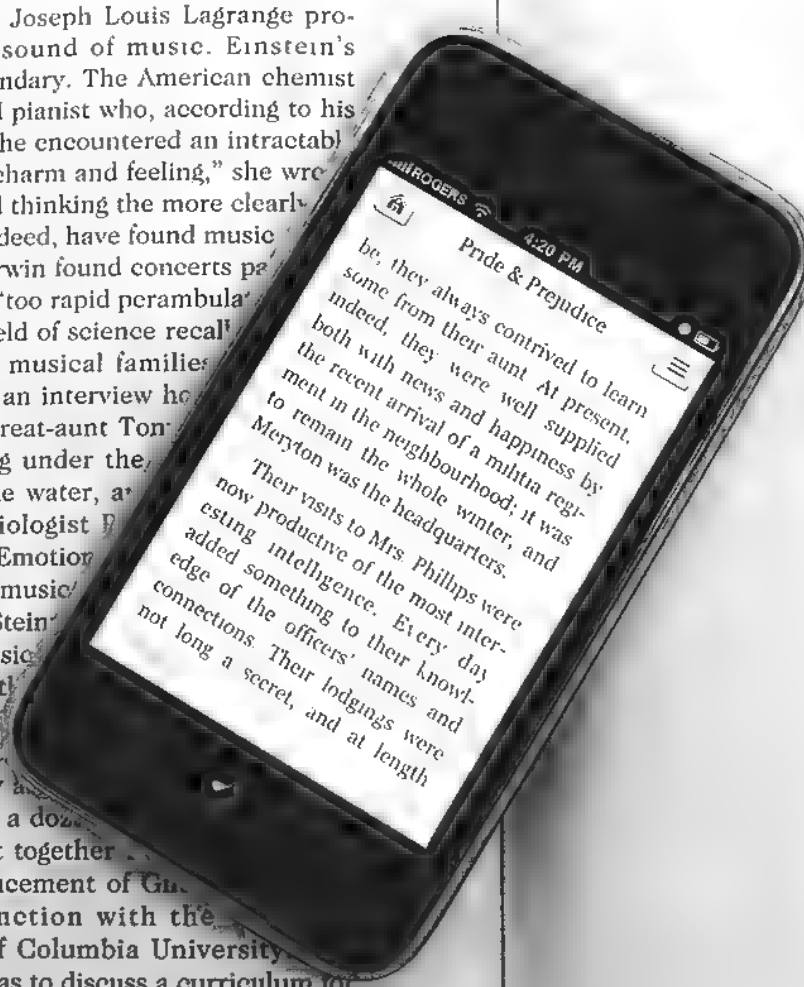


PHOTO ILLUSTRATION: PETE YEE

**IT'S ALL IN HERE** Textbooks downloaded onto iPhones are gaining popularity.

## CAMPUS CRIME BEAT

Compiled by Cody Civiero

### RE-ADMISSION

Just before 10 p.m. on August 19, Uster staff reported a female patient from the hospital had become lost and required a ride home. Hospital Security was indeed reported missing from the hospital. CSS provided her with a ride back.

### ROADBLOCK

On the evening of August 19, Peace officers stopped a male who crossed against the pedestrian light and impeded traffic on 112 Street and 83 Avenue. The male was identified and determined to have an extensive criminal record that included weapons offenses. He was trespassed and directed off campus.

### THE NEWTON CONNECTION

Just after midnight on August 19, CSS received a report that a male was selling drugs in front on Newton place. CSS attended and located a male who match the description provided. The male was identified as a previously trespassed person who has come to the attention of CSS numerous times. The male had a criminal history that included drugs and sexual offenses. He was warned for trespassing and directed off campus.

### MISS SCARLET IN TORY WITH THE LEAD PIPE

On the night of August 17, officers located a non-affiliated male and female sleeping in the Tory/Business Atrium. They identified and the female was in possession of a 16" long piece of metal pipe. The metal was voluntarily confiscated and the pair

was directed off campus.

### RUBBISH RUMMAGER

Around 4 a.m. on August 17, Hospital Security reported a male was dumpster diving and pulling out scrap metal on the east side of the Rexall/Katz building. CSS attended and the male was observed to be carrying a knife sheathed in a case attached to his belt. The male provided an alias before identifying himself. He was determined to have an extensive criminal record that included weapons, theft, and drug related offenses. He was trespassed from U of A property.

### RISKY BUSINESS

On the afternoon of August 16, CSS received a report of a naked male on the floor of a stall inside a female washroom in the Business Building. CSS attended and located a male and female student engaged in a sex act. The students were identified and Code of Student Behavior charges are pending.

### ALL YOU CAN CHEAT BUFFET

Around 1 p.m. on August 15, Faculty Club staff reported a male acting strangely inside the restaurant. The male entered the building without paying and began helping himself to food at the buffet. CSS attended and identified the male who was determined to be under the influence of drugs. The male was trespassed and directed off campus.

### UNWANTED VISITOR

Just after noon on August 15, a bike unit member observed a male and female yelling in HUB. Both were not affiliated with the University and the female alleged that prior to CSS arrival, the male had assaulted her. The Edmonton Police were contacted to attend and the male was trespassed from University property.

# SUBtitles

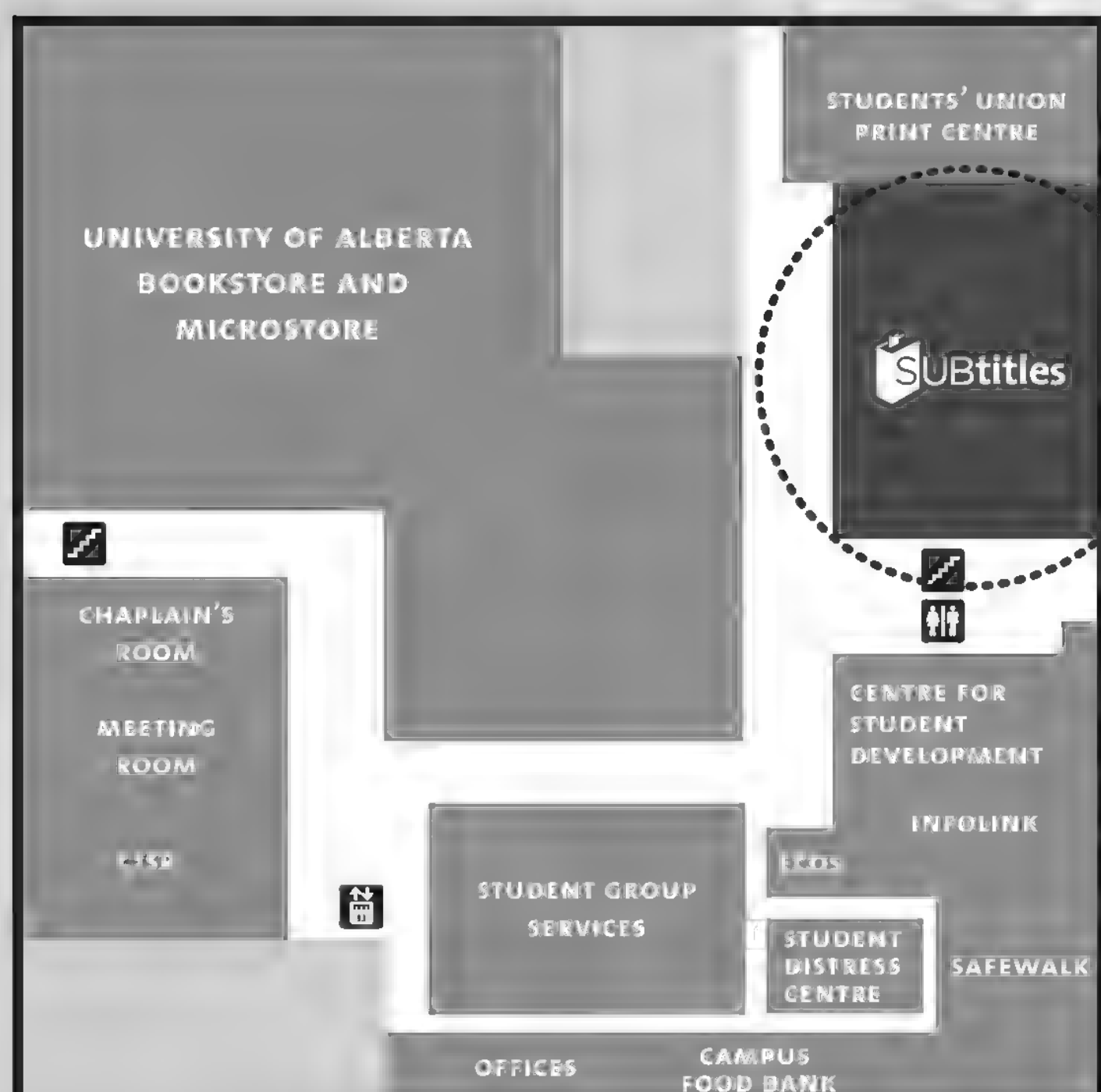
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Thursday, September 3rd	9:00 am – 5:00 pm
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# Loan application numbers increase as unemployment plagues students

JONATHAN TAVES  
Deputy News Editor

For students, back to school means a trip to the bookstore and the fee payment office, but at an increasing rate, a detour for student loans processing is also on the itinerary.

According to Alberta's Ministry of Advanced Education and Technology, the number of provincial student loan applications have increased from about 17,000 to just over 21,000 compared to the same time last year.

"We're only in through the first four months of our fiscal year and we've already seen a 17 per cent increase," said Kevin Donnan, a spokesperson for the Ministry.

This summer saw a record high for unemployment across the country, with Statistics Canada reporting a 20.9 per cent joblessness rate in July — the highest since records began in 1977.

As a result of these tough economic times, some students may find themselves in an unfamiliar position, and will have to look for options to remedy their financial woes.

"Coming into this year, students are at a definite financial detriment, so of course they're going to be looking for alternative funding if they can't find a summer income," said Students' Union President Kory Mathewson.

That alternative will likely be loans, and Donnan explained his department is prepared for the jump.

"[It's the] policy of this department that no student who is in need will be turned away," he said. "Our focus is on providing students with the help and assistance they need so they can manage their day-to-day lives, while at the same time pursuing their

educational opportunities."

Even with the maximum loan of \$13,300, some students may be forced into making tough decisions during the year. Jane Lee, manager of the Student Financial Aid Information Centre (SFAIC), stresses that there are resources available to ensure no one gets to that point.

**"Our focus is on providing students with the help and assistance they need so they can manage their day-to-day lives, while at the same time pursuing their educational opportunities."**

KEVIN DONNAN  
SPOKESPERSON, MINISTRY OF ADVANCED  
EDUCATION AND TECHNOLOGY

"If you need help financially, just come [to the SFAIC]," Lee emphasized. "The staff are trained [so you can just] tell them your situation and they'll find a way to help. We don't expect students to figure that out all on their own."

Among the assistance available is the SU's Access Fund, which offers non-repayable bursaries for students that demonstrate financial need.

The fund is paid for through undergraduate Students' Union fees.

"We take part-time students, full-time students, international or

Canadian students, anyone can apply for it. It's open for everyone, as long as they're a University of Alberta student," Lee explained.

With the high unemployment and loan application numbers, SFAIC is anticipating a possible increase in demand for its services.

"We are expecting more people to apply, whether they'll be an increase of people actually receiving the fund is hard to say. It depends completely on how many people know about it," Lee said.

In addition to the Access Fund is the U of A administration's bursaries and emergency funding, which is also allocated through the SFAIC and the Dean of Students' office.

"What it provides is short-term interest free loans for students to cover their living or emergency expenses [that] they are expected to start paying back after three months," Lee said.

While students are feeling the effects of the global economic downturn, the means available to help them have also taken a hit.

"There's definitely a lot of stress on the system because of the demand for additional student financial aid," Mathewson said. "At a certain sense we're lucky to be at the same level as last year, given the hit the [U of A] endowment took."

Donnan stood by the Ministry's commitment to students in despite added belt-tightening in the provincial budget as well.

"Budgets are fluid documents [...] We want to make sure we're meeting the needs of students, but at the same time, it's a shared investment," he said. "We're in an interesting time, and like I say, we're monitoring the situation very closely."



FILE PHOTO: LAUREN STIGLITZ

**BRINGING US TOGETHER** The new LRT line to South Campus was one of the developments at the U of A this summer.

## SUMMER IN REVIEW

Compiled by Sean Steels and Jon Taves

### U OF A EMPLOYEES TEST NEW ETS PAYMENT METHOD

July 9 — The Edmonton Transit System (ETS) tried out a new payment system with a group of U of A employees.

The system, called ETS Blue, consists of a tap-and-go chip-embedded card system that users load with their pre-paid transit fares. The technology was integrated with their staff ONEcards.

ETS Blue is in preliminary trial stages, but is already set up in the city's LRT stations. The eventual plan is to equip all ETS busses with the option as well.

When the idea is implemented full-scale, an estimated two years away, ETS plans to use data collected to alter routes and payment rates quickly and effectively.

### LOST UNIVERSIADE BID ALTERS PLANS FOR SOUTH CAMPUS

June 4 — The long-awaited decision on the city of Edmonton's bid for the 2015 Universiade games ended in disappointment earlier this summer. The U of A was heavily involved in the bid, and lost \$465 million in funding for South Campus development when Gwangju, South Korea was awarded the event instead.

Despite the loss, South Campus additions will go forward as planned, save for some delays to residences on the site.

New health and wellness facilities, are also planned for both the main and South Campus.

"This is a trend that students are interested in. Our goal is still trying to meet student demand for these kinds of facilities," said Mike Mahon, Dean of the Faculty of Physical Education and Recreation.

The city has refocused its bidding efforts in its campaign for 2017's Expo 17, also known as the World's Fair. A successful Expo bid could largely

make-up for the lost funds of the Universiade.

### LRT SERVICES EXPAND

May 7 — The Edmonton Transit System (ETS) opened two new Light Rail Transit (LRT) stations on 25 April, connecting the University of Alberta's South and North Campuses.

The extension will eventually connect Clareview, in Edmonton's north-east, to the developing Century Park area, in the south end of the city on 23 Avenue.

As a result of the change, a new express route has also been opened from The Grange station, which lies west of Anthony Henday Trail, to South Campus, and ETS officials anticipate another express route will also be added from West Edmonton Mall in September.

Most bus routes operating along 114 Street have now been altered to detour to South Campus, allowing the LRT to complete the trip to North Campus for students.

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COME SEE SIGHTS YOU'VE NEVER SEEN BEFORE, AS YOU MAKE YOUR WAY INTO THE THREE RING CIRCUS THAT IS THE UNIVERSITY'S RESIDENCE HALLS. AS A NEWCOMER, YOU'LL HAVE THE OPTION OF LIVING UNDER THE BIG TOP IN ONE OF THREE RESIDENCES: LISTER, HUB, OR INTERNATIONAL HOUSE.



## LISTER CENTRE

Quite possibly the most tantalizing of the three, Lister is divided up into four towers: Kelsey, Mackenzie, Henday, and Schäffer — although the latter is only for those brave enough to be in their second or third year of the show. Many are curious as to which tower is right for them, but each is as different as the various freaks that dwell within.

Despite this, there are many curiosities and oddities one can expect to see with its walls. Concessions in Lister are sold by a mysterious corporation known only as Aramark, and paid for with meal funds hidden away on each resident's ONEcard. If you're one of the unfortunates bound by this odd trinket, be wary: while dipping into your meal plan too often may result in having to scrounge desperately for pocket change, using it too little will cause all your left-over funny money to pull a vanishing act at the end of the year.

Another phenomenon of Lister is its strange fascination with the sportin' outing of dodgeball. Throughout the year, its denizens group together during the night to compete against one another in an occult gypsy ceremony known as the Lister Dodgeball League. While mostly isolated to Lister in previous years, their obsession is spreading to the main campus with the introduction of a University-wide Campus Cup tournament, headed by ringmaster Students' Union Vice President (Student Life) Nick Dehod.

## HUB

Situated along the east side of the North Campus, HUB is an unnatural hybrid of a building, split between commercial establishments at its core, and residential apartments along its fringes. Built by the Students' Union many years ago in a crazed fit of architectural madness, this four-block long structure protects its residents from Edmonton's harsh winters like an overbearing mother ape, keeping the internal temperature swelteringly hot year-round.

First-years are kept inside four-person cages that overlook the mall's thoroughfare. Despite

the outward appearance of squalor, each unit contains its own kitchen, bathroom, and living area, as well as individual bedrooms — perfect arrangements for those looking to enjoy the show in a more independent environment. But despite the opportunities for isolation, HUB manages to maintain a strong community. Residents can partake in many sideshows in its community centre, known only as the mysterious Vault.

## INTERNATIONAL HOUSE

I-House is the most exotic and diverse of the big tops: residents are encouraged to celebrate not only their cultural differences, but their academic ones as well, since those who step right up to this platform come from all years of study — even graduate students have been known to live here. Located even farther east on campus than HUB, International House is also the newest of the U's residences; so those looking for the best and brightest residence experience will feel right at home here.

## FURTHER ATTRACTIONS

Besides the big three, there are many other floating festivals out there to house students on campus; most of them, however, are ticketed for those in higher years of study. East Campus Village (next to the Law Centre) is a neighbourhood of townhouses owned by the University, mixed in with walk-up apartments, with a hodge-podge of attractions and curios alike. Residence Saint-Jean, on the campus of the same name, is open to carries from all years of study — but only those fluent in *la belle langue*. Newton Place, the most costly of the residences, is a tall apartment tower just east of the Hospital, perfect for all those skyscraping, death-defying acrobats. And for quiet-loving older students or mimes who want to raise a family while studying, there's Michener Park on the South Campus.

With all the options available at the University, it's important to remember that it's possible to live off-campus, away from the hustle and bustle of the circus. But we ask you: where's the fun in that?





## GAMES OF SUPERB SKILL

**YOU THERE—YES, YOU WITH THE NEWSPAPER! STEP RIGHT UP AND SET YOUR SIGHTS UPON SOME OF THE FINEST PERFORMERS THAT BOTH PROFESSIONAL AND VARSITY SPORTS HAS TO OFFER, RIGHT HERE IN YOUR OWN BACKYARD! IT TAKES A SMALL ARMY TO STOP 'EM, AND AN EVEN LARGER ONE TO TOP 'EM!**

Whether you're stuck playing three-card Monte with your weekend plans, or a student looking to preserve some bucks without feeling like you've been hoodwinked by sticky-fingered grifters, the Edmonton sports scene provides fans of all ages the chance to catch some of the best games in town.

Feast your eyes upon the top athletes in Canadian Interuniversity Sport (CIS) as Alberta's own Golden Bears and Pandas strive to add to the multitude of banners currently hanging from the various rafters right here on the U of A campus. Many of the men and women competing in Canada's varsity sports league not only represent their respective

schools, but have also competed for their country in international events, such as the Olympic Games, as well as Canadian junior hockey leagues.

And if you're seeking something more than the handiwork of these fine, young stallions, the local professional sports scene — featuring six teams in major and major-junior leagues operating out of both Canada and the United States — awaits you beyond the curtain.

So don't be a rube — let this handy guide lead you on a thrilling journey through the various locales in which to catch tremendous feats of athleticism right here in Edmonton.

### FOOTE FIELD (11601—68 AVENUE)

The U of A's only outdoor multi-purpose sporting facility is the place to be to catch events in autumn. Home to several teams — including Golden Bears football, Pandas field hockey, as well as both Bears and Pandas soccer — most fixtures take place in the afternoon, so this is the place to find the sure cure for the weekend blues on the cheap. And with Edmonton's recent LRT expansion now providing easier access to South Campus, getting to and from Foote Field is easier than ever for students.

**Gameday tickets:** \$12.50 for adults, \$7.50 for students/seniors, \$5.00 for U of A students.

### CLARE DRAKE ARENA

Bears and Pandas hockey are winter fixtures here at the U of A, and the only place to gaze upon such a spectacle is right here at "The Drake". Located right across from SUB, Clare Drake Arena lies in the northwest corner of the Van Vliet Centre. Once inside, hold on to your hats because the joint gets loud when both teams rekindle rivalries with the fiercest competitors from Alberta, Saskatchewan, and beyond.

**Gameday tickets:** \$12.50 for adults, \$7.50 for students/seniors, \$5.00 for U of A students.

### MAIN GYM

Within walking distance from Clare Drake Arena, the Main Gym is the proud home of both the Bears and Pandas basketball teams, the Pandas volleyball team, and the reigning CIS Champion Golden Bears volleyball team. One saunter up the stairs of the Van Vliet Physical Education building will lead you to some of the greatest shows on earth, where the grandstands are usually packed as far as the eye can see for some of the most entertaining varsity sports in all the land.

**Gameday tickets:** \$12.50 for adults, \$7.50 for students/seniors, \$5.00 for U of A students.

### REXALL PLACE (7424—H8 AVENUE NW)

Hockey is one of the biggest draws in Edmonton, and nobody draws a bigger crowd than the Edmonton Oilers. Though tickets can be expensive and sometimes hard to come by, if you're willing to put in the effort to get your hands on some, it's well worth it — whether or not you

think the team will actually go anywhere this year. For a less-expensive alternative, the Oilers just so happen to share Rexall Place with the Western Hockey League counterparts, the Edmonton Oil Kings. Both teams are enshrined in history, and provide first-class entertainment, so an entertaining night out — win or lose — is almost certainly guaranteed.

**Tickets:** Oilers: \$38.50–\$235.00, Oil Kings: \$10–\$38

### COMMONWEALTH STADIUM (11000 STADIUM ROAD)

Home to Edmonton's other Green and Gold football squad, the Eskimos call Commonwealth Stadium home and periodically "defend the turf" there, as well. With nearly 60,000 strong on some nights, as well as a "Campus Corner" for all you cash-strapped university types, the atmosphere is sure to be one of excitement and possibly some rowdiness (on account of the beer, that is). Though the season has already commenced, games still run all the way into November.

**Tickets:** \$16–\$68

### TELUS FIELD (10233—96 AVENUE NW)

If it's baseball that you're into, you're in luck — catching an Edmonton Capitals game just might be the most affordable option of all the major sports in the city. With club seats running at less than \$20, and numerous promotional nights, this budget-friendly ticket is perfect for a group of friends looking for that ballpark atmosphere any night of the week.

**Tickets:** \$8–17

### NOTABLE GAMES:

**September 9, 2009:** Bears hockey vs. Vancouver Canucks rookies at Clare Drake Arena

**September 11, 2009:** Bears hockey vs. Edmonton Oilers rookies at Clare Drake Arena

**October 15–17, 2009:** Bears volleyball Can-Am Challenge (featuring CIS and NCAA opponents)

**October 17, 2009:** Bears football vs. U of Regina Rams

**November 20, 2009:** Bears basketball vs. U of Regina Cougars (Greg Francis' home debut as Bears basketball's head coach)

**March 5–7, 2010:** CIS women's volleyball championships



### RIDING WITH STRANGERS (SO TO SPEAK)

Though driving is an option for students with a vehicle, you'll look like a regular sucker when you're maneuvering the parking lots looking for a space that doesn't exist — and don't even start on the money that you'll have to fork over once you find a stall. In the case of Commonwealth Stadium and Rexall Place, your best bet is to hop aboard the LRT, which makes direct stops in both locations. Though the trains can get a bit crowded after games, you'll be thanking

yourself when you're not cursing loudly out of your car window, shaking your fist at everyone who refuses to let you finagle your way out of the lot. As far as Telus Field is concerned, driving is a legitimate option here due to the lack of direct LRT service — however, you can hop on the number 9 bus from 109 Street and swing on by, or if you're in a pinch and can't afford the gas or bus fare, walking to the stadium from the University is always an option.



## MATH & APPLIED SCIENCES CENTRE CARMEN & MARKUS



### The Math & Applied Sciences Centre (MASC)

extends a warm welcome both to new and returning students and we wish everyone the best in academic success.

Having trouble with your mathematics, science, or statistics course? We're here to help! We offer mathematics preparation workshops, as well as custom-designed exam preparation courses to help you succeed on your midterm and final exams.



For the 2009/10 academic year, we are pleased to offer the following:

- **Mathematics Preparation:**

Math 100 and Math 113/114

- **Weekly Seminars (held throughout the term):**

Math 100, 101, 102, 113/114, 201, 209

- **Midterm and Final Exam Reviews (held shortly before the exams):**

Math 100, 101, 102, 113, 114, 115, 120, 125

201, 209, 300, 309, 311

Stat 141, 151, 235

Phys 130, 230; Chem 101/103, 102/105, 164/261;

Biol 107; Engg 130; EnCmp 100; EnPh 131; MecE 250; CivE 270

& a variety of science and engineering courses

**Carmen & Markus**

**Location: CAB 289**

**780-492-6272 / [masc@ualberta.ca](mailto:masc@ualberta.ca)**

**[www.ualberta.ca/~masc](http://www.ualberta.ca/~masc)**





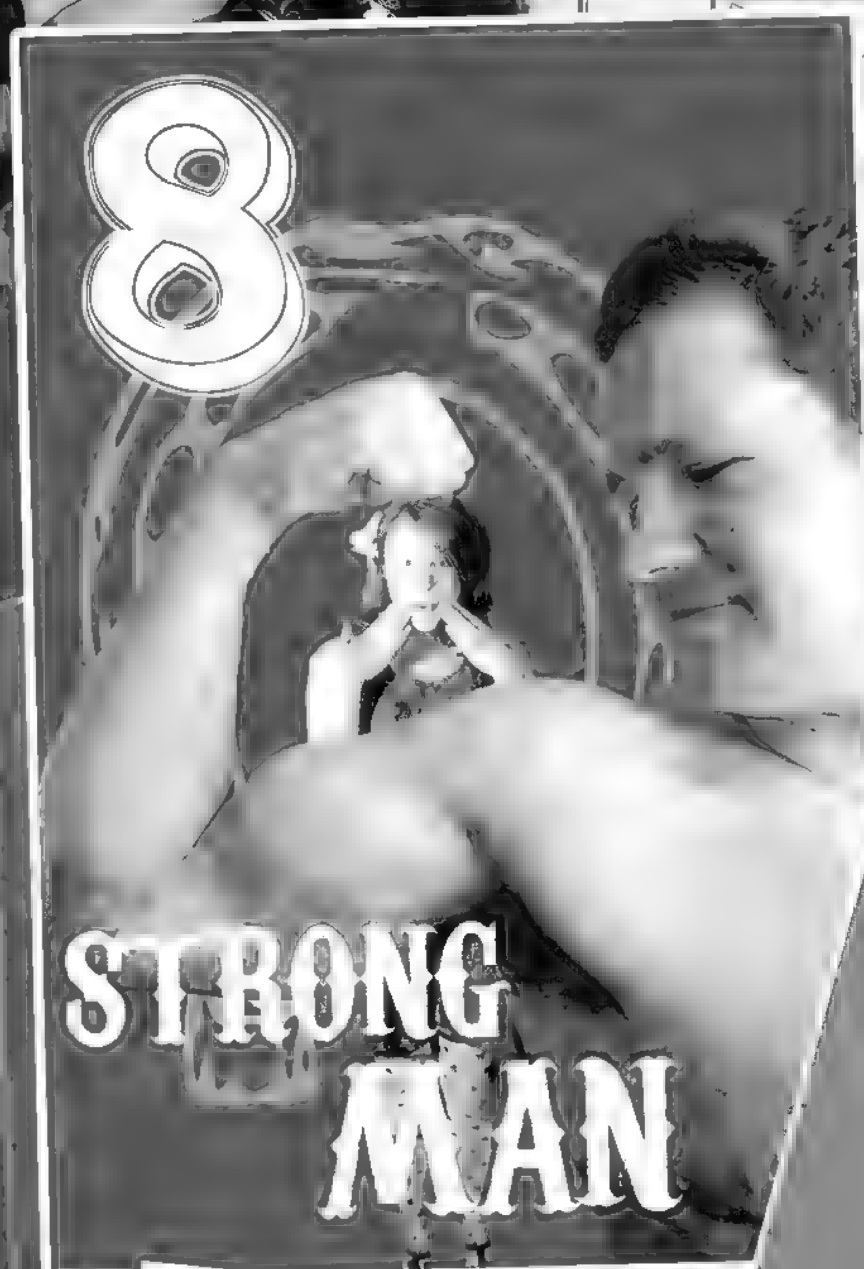
*Hello, my lovelies!*

*Life's a circus and you've just hit the big leagues, kiddos. Your university experience will have its fair share of ups and downs, of juggling acts and death-defying leaps of faith, of freaks and geeks and painted cheeks. And if you want to make it through the ring of fire in one piece, you'll need my help.*

*But that's what I'm here for. Within these pages, you'll find my gift to you: a collection of the tricks, tactics and tools you'll need to take this masquerade by storm. Study this guide, carnies, and you'll be performing foolhardy flights of fancy before I can crack my whip.*

*And don't you worry... I'll be watching.*

*-The Ringmaster*





# the delicate balance

LADIES AND GENTLEMEN, WE NOW DIRECT YOUR ATTENTION HIGH ABOVE THE RING AS OUR TEAM OF DEATH DEFYING ACROBATS CHEAT MORTALITY BY WALKING A WIRE NO WIDER THAN YOUR THUMB. THIS IS THE MAIN ATTRACTION—THE REASON YOU PAID THOSE HEFTY ADMISSION PRICES. THE REASON YOU'RE HERE: ACADEMICS!

START PREPARING YOURSELVES FOR THE PRECARIOUS BALANCING ACT THAT IS A UNIVERSITY CAREER. THIS IS TIGHTROPE WALKING 101, HELPING YOU CONFIDENTLY STRIDE THE FINE LINE BETWEEN MIDTERM STUDYING AND THE NEXT PUB CRAWL, THE RESEARCH PAPER DUE IN TWO DAYS, AND YOUR BLOSSOMING LIBIDO. HEED ADVICE FOR YOUR ACADEMIC FUN, AMBULISM, AND YOU JUST MIGHT BECOME THE NEXT PHILIPPE PETIT.



## PLANNING FOOTSTEPS

The best things for an acrobat to know well are their own strengths and weaknesses. Those who go to bed early eager for the start of the next day should build a timetable consolidating classes in the morning.

If instead you're one to stay out to last call before finally getting to that lab report, consider the comfort of afternoon or evening time slots. Remember that you're paying to go to school now, and no one cares whether you go to class. If you know that on many mornings the temptation of sleep will win out over your 8am STAT 141 lecture, it may be wise to and register in the 2pm class next semester.

Unavoidably, some classes will have to be missed. To prepare for this stumbling block, try to have or make at least one trustworthy, note-taking tag-team partner in each of your classes. That way, when you opt in to that noon-o'clock pitcher (or eight) with your pals in RATT, you have someone to fill you in on what you missed. Just make sure that friend isn't the one you invite to go drinking with you; someone has to stay around to be the daring young man (or woman) on the flying trapeze.

Taking the right amount of water breaks can also help you make the most of your academic pursuits. One or two hours in between class acts can be great for catching up on readings, meeting friends for coffee, working on assignments, or thumbing through the latest issue of the *Gateway*. But be careful not to leave the crowd waiting for

too long, or you'll find yourself trying to kill the five-hour window before the monotonous drone of your ENGL 121 professor, and you'll soon find yourself further and further from campus losing the willpower or desire to return to the spotlight.

Time management is just as important from month-to-month as it is day-to-day. Once all your class choices have been finalized and your trick list is confirmed, take a few minutes and go through the important dates of each one. Make yourself a list of the due-dates of every assignment, paper and exam so you know what trouble areas are ahead as you get immersed in academia. Soon you'll be riding that high-strung unicycle to fame and fortune.

## THE SAFETY NET

Try to look ahead and create a class schedule that you look forward to. There's a very important tool available to help you do this. As we all know, if a tight-rope walker wants to succeed in his trade, he has to start low to build technique and confidence. Consider the add/drop deadline (September 16) your training for the first couple weeks, as it allows for a few stumbles while you start to gain your footing.

Gravity creeps up pretty quick, so you may find it worth while in the first week to delay your entrance into the beer gardens for the sake of test-driving classes that interest you. Though you're not registered in them, you can sneak a peek at syllabi and see how professors are. You may find something you like more than what you're in already, and

could swap. If the class is full, at the very least you'll know what to look for when registering for the next semester.

## AN ARTISTS' TOOLS

It's imperative that you learn to effectively use the things meant to help your balancing act: books, computers, spaces and people.

Your list of required textbooks can be found under your class schedule in Beartracks. But wait, eager spectator! Don't rush out and spend your hard-earned money so brashly. The early weeks can also allow you to save some coin which could instead be spent on a midway game or another delicious caramel apple.

In addition to scouting out professors and course content, the add/drop deadline can also help you investigate textbook costs. Delay snagging your textbooks for a few days, and you can decide whether your passion for art history actually measures up to the \$200 required investment. Look over the syllabi for the courses you've stayed in and see how "required" the newest edition really is, and know that you have options. You'll sometimes find by reading the syllabus that a book will go severely under-utilized during the semester. The well-stocked U of A libraries will often have anything you're looking for. And ten minutes and \$5 spent at a photocopier could be all you need to get the twenty pages that are actually needed.

Regardless, take time to learn how to use the libraries well, as they'll be excellent training rings. The Internet hasn't made

quiet work-spaces and comprehensive books obsolete just yet. No matter which way you look, computers are readily available as well, and they're useful for everything from working on assignments between classes or printing off an essay minutes before it's due. It's a good idea to always keep a few dollars on your ONEcard just in case the latter scenario does play out. Keep your assignments saved on a tricky little USB key so you can correct any glaring typos you might notice during your bus-ride to school.

Another element paramount to your success or failure is your professor. And though you may appear to be a kiss-ass to some of your fellow acrobats, cozying up to the ringmaster can almost always be beneficial in getting the top billing.

Taking part in class discussions helps your instructor learn your name — a rare accomplishment especially among the populous hordes that fill first-year lecture halls. Name recognition can make a positive difference when the spotlight dims and term papers are handed in. Visiting professors during office hours helps for face time, as well as gives direction for where to go with your writing, or what might appear on the next exam, letting you plan your act accordingly.

Above all, make sure to enjoy the walk across the rope, as it's often more thrilling than the arrival on the other side. Sprinting through too quickly just increases your risk for a fall. We hope this guide will help you during those cautious first steps onto the wire. Just *don't look down!*



# YOU KNOW A GOOD FREAK SHOW?

**F**orget sword swallowing, walking on shattered glass, or hammering nails into your face. Between ingesting copious amounts of caffeine and alcohol, performing incredible feats of overnight term-paper writing, and fearlessly taming scores of frightening roommates, student life is the ultimate Freak show.

But instead of charging admission to let the public gaze in on you and your creepy ways, this section will focus on freakishly affordable methods of entertaining yourself while you're escaping the straitjacket of classes, papers, midterms, and Finals. Remember kids, *do* try this at home!

So sit back, relax, and enjoy the show. It'll be more fun than regurgitating live goldfish.

## LIVE HUMANS! (ODDITIES OPTIONAL)

### Studio Theatre @ the Timms Centre (87 Ave & 112 St)

Before crawling into your bed of nails at night to watch *Eyelids*, take a quick jaunt to the east side of campus where the drama freaks play. Right under the Big Top, this sideshow displays the unusual talents of some of campus' most bizarre and most talented students. Student tickets begin at just \$5. This season, Studio Theatre will be home to the world premiere of *SPINE*, a play that will later be a part of the 2010 Paralympic celebrations on the world stage in Vancouver this February.

### Roxy Theatre (10708-124 St)

If theatrical oddities tickle your fancy, then look no further. This historical venue was erected in 1938, originally as a picture-house. But like a contortionist, the Roxy changed shape and now showcases some of Edmonton's more edgy

and alternative thespian offerings. It's theatre for freaks! Students receive a discount and every Tuesday is two-for-one. But if you act now, you can earn free tickets to shows by volunteering to usher or work at the concession. Catch the LRT (Light Rail Trolley) to Corona station and then board the 135 or 5 boxcars and you'll be taking in more human oddity than you can handle in a jiffy!





## THE MOTION PICTURES

### Movie Studio (8625–109 St)

When your finances are dangling dubiously into the lion's mouth, you'd best skip the pricy first-run theatrical releases and rent an old favourite from the award-winning archives. MovieStudio is a 10-minute walk (twelve minutes, if you're silly-walking) from campus and has a massive selection of DVDs, video games, and Blu-rays. Rentals start at a mere \$4.50, but that's not all! When you rent three of any new or old, films or games, the fourth is absolutely free. With a vast assortment of Shakespearean film adaptations, you may never actually have to read one of his plays! Warning: May result in an inexplicable crush on Kenneth Branagh and an uncontrollable urge to cast yourself as the lead role in everything.

### Movies 12 (5074–130 Ave)

This one may be a little far from the big top, but with your handy-dandy U-Pass and a spare half-hour, you'll be chortling and guffawing, or bawling and brawling at the film of your choice—for less! Simply hop aboard the LRT and chug-chug along to the Clareview station. Next, transfer to the number 2 boxcar and you'll be at the pictures in no time flat. Regular admission is a paltry \$3.50, or \$2.50 on Tuesdays. Movies 12 is a relatively no-frills affair, but for the price, who cares? Not you! By paying a third of the admission, it frees up a few bucks to buy a frogurt or an outlandishly large chocolate bar.

### Empire Theatre City Centre (10200–102 Ave)

But wait! There's more! If you're one of those wacky cosmopolitans who can't wait three weeks to see a film at the cheap theatre and insists on only the newest and finest, you can still indulge on a corset-tight budget. For a limited time only, students with valid Freak ID can enjoy a first-run film on the big screen (now with sound! In Technicolor!), a regular sized popcorn, and regular sized soda-pop for \$9.99. You heard right! Prepare to be mesmerized, galvanized, tantalized, and quite surprised. You'll laugh. You'll cry. You'll still be able to afford your textbooks.

## MUSICAL DELIGHTS

### Myer Horowitz (SUB)

Don't let the polished exterior and glitzy surface fool you — SUB's resident theatre can be as quirky and eccentric as any others within your freakishly long arm's reach. A veritable bevy of acts will take the stage this year, from classical acts to hard-poundin' music to motivational speakers — carnies that done gone hit the big time and want to share their rags to riches tales with all of us small-town goonies. It's also the central ring for the big cheeses in the Students' Union to stand on their soapbox and debate the line-ups, so keep an eye out for the latest attraction to travel through these doors.

### CJSR (Lower level SUB, FM 88.5)

Don't touch that dial! It's easy to forget sometimes, but on campus (and all over Edmonton, actually) you're just a radio knob away from today's newest and weirdest music, broadcast directly from the grimy underbelly of SUB. From house to blues, hip-hop, roots, and "indie" (whatever *that* means), CJSR has got music lovers of all varieties covered, perfect for tootling away in the background as you wander the midway.

### The Pawn Shop (10549–82 Ave)

Like so many Whyte Ave bars, you have to navigate a bouncer-guarded staircase to find yourself in the Pawn shop, one of Edmonton's smallest, most inexpensive, and quality music venues. It may not be big, but the 'Shop frequently trucks in some mighty fine up-and-coming musical acts, from pop-rockers like Two Hours Traffic and Immaculate Machine to horns-in-the-air metal bangers like Bison. The second-level location provides concert-goers with a number of lovely little perks: the large vent near the stage, for example, allows cold blasts of outside air to cool the hot moshpit haze between bands. The venue's intimate size allows for maximum proximity to the evening's band without blowing your savings or getting lost in the hubbub of crowds. And, of course, there's the chance of meeting that night's performing act in the bathroom before the show. Always, always a plus.

## WET YOUR WHISTLE

### RATT (SUB, 7th floor)

So you've failed your first assignment. To ease the sinking feeling in your gut that you've just swallowed a sword or missed the bullet you were supposed to catch in your teeth, pay a visit to campus' own three-ring circus — Room At The Top. After an elevator ride just long enough for you to bang your head against the wall a few times, you'll step out into a room full of strong men and tattooed ladies. Over the summer, the Room tightened up their act, revitalizing their menu items. Drink a beer through your ear, eat a nacho with your nose, jump up on the karaoke stage on Wednesdays and maybe semi-otics will make sense in the morning.

### Wunderbar (8120–101 St NW)

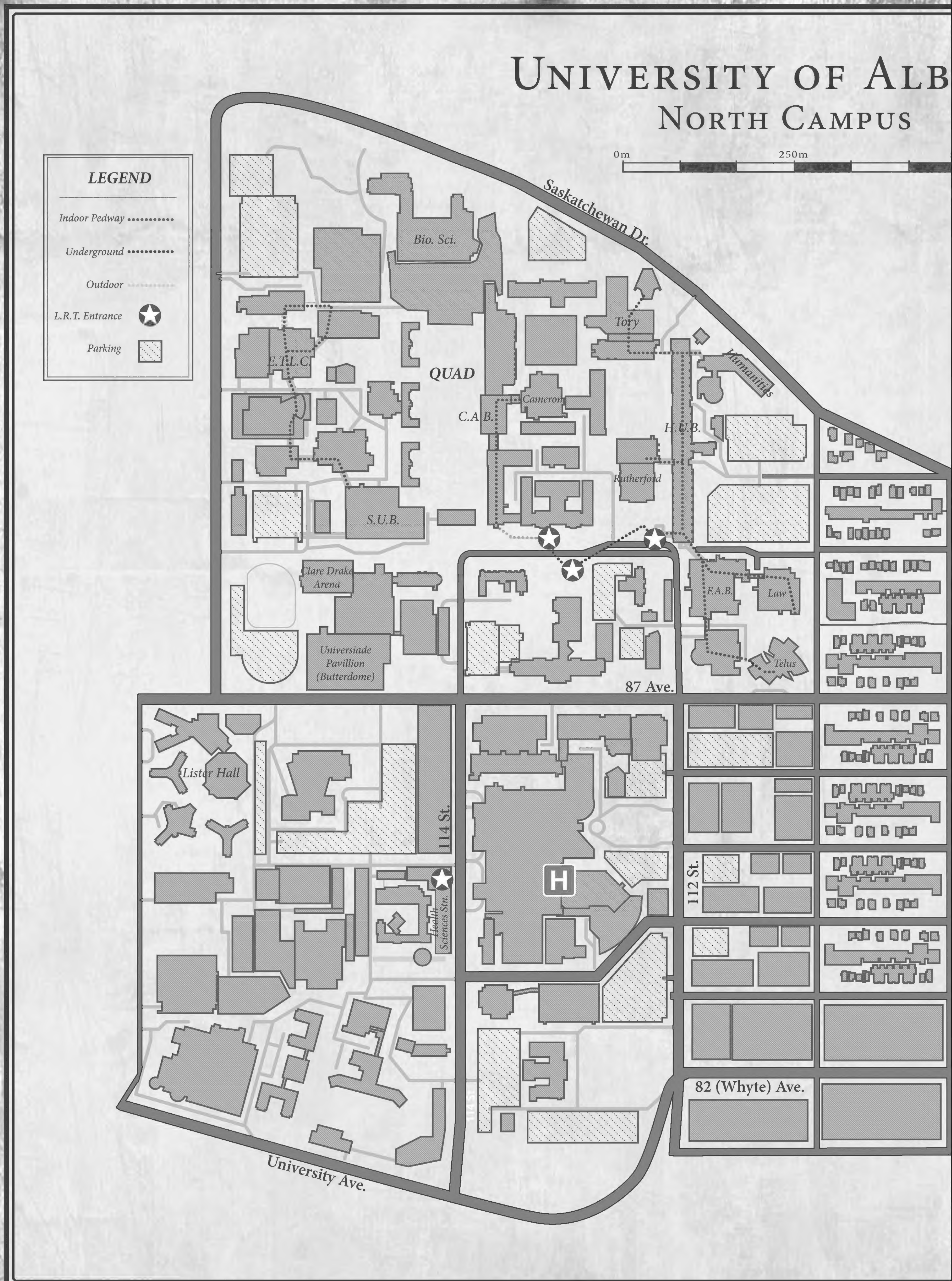
Ringmasters, tumblers, and acrobats alike, ponder this: what do students and the Germans have in common? A healthy love for good brew and good times, of course! A mere 2.1 km away (or 1,049 cartwheels), Wunderbar is a tiny hole-in-the-wall German-style pub for everyone from the beer connoisseur to the cocktail enthusiast. During Happy Hour (4:30–8 p.m. daily), pints are \$3.25 and ubersteins (1 litre) cost \$6.50. On Saturdays, Jack Daniels or Jägermeister will set you back \$3.75. Fridays are unofficially ladies night, offering up gin for \$3.75, or for free in exchange for your underwear. That's right, folks: g-strings for gin, skivvies for sauce, panties for potion, lingerie for liquor, and booze for bloomers. Not recommended for those prone to having "gincidents."

### The Garneau Pub (109 St & 85 Ave)

Boardwalk this and freak show that — treat those taste buds at the one and only Garneau Pub. Conveniently located on 85th Ave and 109 St, this dingy dive marks the spot where the legendary Combat Juice resides. Though the location may be the eyesore of the strip with its uneven tables and '80s décor, it's a place where friends can mingle cozily and snack on the cheap. Whether you enjoy your company indoors on the rickety chairs or out on the dilapidated patio, be sure to order up a Combat Juice or three. For those with pockets filled with lint, the \$20 pitcher of goodness will fill you up with hard liquor, beer, and a splash of orange, lemon, and lime juice: a drink fit for a balanced diet. With the pub so close, why not get a little extra booze and vitamin C? Scurvy is so not cool anymore.

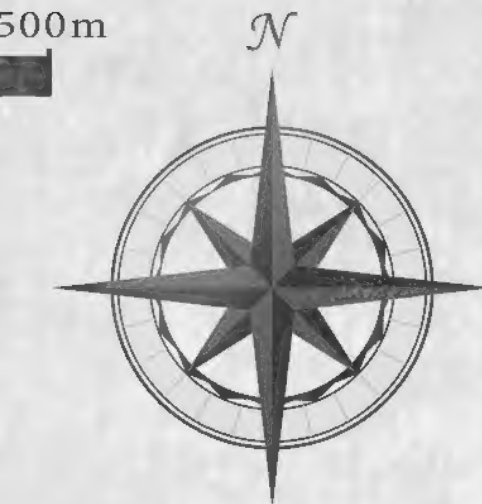








ERTA



WEEK of WELCOME TO-DO

Tuesday, September 1st  
Centenary Kickoff Party: 8pm @ Dewey's

Wednesday, September 2nd  
Clubs Fair: 1:45am - 4pm @ QUAD (runs till Friday)  
Campus St. Jean BBQ: 11am - 1pm @ CSJ Salon & Patio

Thursday, September 3rd - Friday, September 4th  
Pancake Breakfast: 7:30am - 1:30am @ Celebration Plaza  
Beer Gardens: 12pm - 6pm @ QUAD  
ECOS Bike Checks: 1pm - 4pm @ Celebration Plaza  
Taste of the U: 5pm - 8pm (Thursday only) @ Alumni Room. SUB

Saturday, September 5th  
Sleeping Bag Drive-In: 1pm @ SUBstage



NAME OF ADDRESSEE IMMORTAL STALLION KING GOD VII  
STREET ADDRESS S.U.B., 8900 114 ST., U. OF A.  
CITY, PROV. EDMONTON, ALTA.

RECEIVER'S NO.  
780-492-5168  
DATE  
AUGUST 27, 1937  
TIME FIELD  
11:57 P.M.  
MEMO

# TELEGRAM

*From Prussia to Siam, world's most reliable communicator via auto-gyro since 1910*

THE FILING TIME DISPLAYED ON THE DATE LINE OF THE TELEGRAM IS STANDARD TIME AT POINT OF ORIGIN.

TO MY CIRCUS FREAKS AND ODDITIES

ENCLOSED IS A RARE HAND-PRINTED MAP OF THE CAMPUS AREA STOP. IT WAS LABORED OVER BY A SMALL CHILD I KEEP LOCKED IN MY BEDROOM TRUNK SO PLEASE BE CAREFUL WITH IT STOP. PLEASE NOTE THE VARIOUS ENTRANCES AND EXITS TO THE CIRCUS GROUNDS AS THEY WILL COME IN HANDY FOR THE VANISHING ACT STOP. WHYTE AVENUE IS THE QUICKEST WAY TO SAIL EAST INTO THE SUNRISE WHILE 109TH STREET IS YOUR TICKET TO DOWNTOWN STOP.

THE LIGHT RAIL TROLLEY ENTRANCES ARE HIGHLIGHTED AND SHOULD BE USED FREQUENTLY AS YOU HAVE BEEN PROVIDED WITH THE MEANS TO STEALTHILY SNEAK ABOARD STOP.

ALSO PAY CAREFUL ATTENTION TO THE SECRET PEDWAY TUNNELS SPREAD ACROSS THE CAMPUS AS THEY WILL BE SOME OF YOUR GREATEST ALLIES THIS YEAR STOP. WITH A LITTLE LUCK AND EXPLORING IT IS POSSIBLE TO STAY INSIDE AND GET FROM TORY TO HUB TO FAB TO LAW WITH A STOPOVER IN HUMANITIES STOP.

KEEP AN EYE OUT FOR THE EVER-EXPANDING CONSTRUCTION SITES OF THE CIRCUS STOP. RIGHT NOW MY LACKEYS ARE ADDING MORE CONCESSION BOOTHS AND LION CAGES ALONG THE NORTH EDGE OF QUAD BUT THAT MIGHT CHANGE STOP. I CANNOT TELL YOU EVERY TIME WHERE THE BUILDERS WILL BE SO KEEP YOUR EYES OPEN AND PLAN ACCORDINGLY STOP.

AND FOR THE LOVE OF ALL THAT IS GOOD AND UNHOLY DO NOT GO INTO BIO SCI UNLESS YOU ABSOLUTELY NEED TO STOP. THAT PLACE IS SCARY AND COMING FROM ME THAT IS SAYING SOMETHING STOP. LEARN WHERE YOUR PERFORMANCES AND MIDWAYS WILL BE HELD AND MASTER THAT AREA OF CAMPUS STOP. I AM COUNTING ON YOU CARNIES SO DO NOT LET ME DOWN STOP.

SIGNED THE RINGMASTER

*R*

THE COMPANY WILL APPRECIATE SUGGESTIONS FROM ITS PATRONS REGARDING ITS SERVICE



## SEE THE STRONGMAN, BE THE STRONGMAN!

ANYONE WHO'S EATEN A LUNCH OR TWO AT RATT CAN TELL YOU IT'S EASY ENOUGH TO PUT THE POUNDS ON WHILE IN UNIVERSITY. BUT WHERE DOES A BRIGHT EYED FIRST YEAR TURN WHEN IT COMES TIME TO LOSE THAT WEIGHT? LUCKILY, EVEN ON A STUDENT'S BUDGET, OPTIONS ARE THICKER THAN A WILDCAT DONAIR.

**S**taying fit and dodging the freshman 15 doesn't have to be an entirely uphill battle. Of course, if you bike to campus, you might have the occasional uphill battle on your hands – but it's all in the name of fitness, right? There are many ways to reconcile your budget, your busy lifestyle, and your quest for a six-pack.

**N**o bike? Police auctions are held the first Saturday of every month at Fenske Auctions (12135 William Short Road). Make Edmonton's municipal bike path system your road-way to a healthier lifestyle. Consider all that snow a little added resistance training. See, you've already found a poor-ass-student fix to one aerobic conundrum.

**T**hroughout each season, Saskatchewan Drive, the snaking roadway bordering North Campus and the river valley, provides a new and beautiful way to look out over the downtown core while jogging trail systems down to Emily Murphy or Hawrelak Parks. That is, of course, once those pesky summer leaves get out of the way.

Yes, campus is jam-packed with ways to keep your butt from looking like a bell curve, but like any workout, it'll require your incentive. And if you're short on that, perhaps some of the U of A's more structured physical activity options will give you the jump-start you need.



### RESTING UP BETWEEN SETS

No fitness regime is complete without the students' oft-neglected need for sleep. We know it can be tempting to doze off in class. There are just so many people and no one will notice little old you, right? Wrong. You'll fart in your sleep or drool or something and we'll laugh at you, so by all means conk out in plain site.

If you'd rather catch your Zs in some (relative) privacy, personal favourites of Gateway staff include the couches on the fourth and fifth floors of Rutherford Library North and the nicely isolated basement of the Fine Arts Building. Finding your own ideal napping spot will be a test of patience, forcing you to find your perfect balance of noise, foot traffic and physical comfort. If you're feeling a little more adventurous, the glass-walled study space along the south side of the Students' Union Building is a bit rambunctious compared to home, but makes the SUB common area seem dizzy by comparison.

And don't forget to wrap a backpack strap around your comatose body. Nothing bites worse than waking up from recharging your batteries to find you need a new laptop.

### THE BEST BIG TOPS IN TOWN

The U of A also makes available to its students a variety of facilities, often available for use free of charge. The Saville Sports Centre on South Campus offers indoor tennis courts, curling, and will soon have a fitness facility expanding on the U of A's current 850-square-foot Fitness and Lifestyle Centre (FLC) located in the Van Vliet Centre on north campus.

The FLC offers a wide variety of strength, resistance, and aerobic fitness exercises, and requires only a ONEcard for access. Similarly, the aquatic centre provides splashy wet fun for nothing more than what you've already paid on your tuition. Schedules for weekly use can be found on the recreational use LCD TVs in the Van Vliet basement.

The Van Vliet also offers court bookings for badminton, squash, and other racquet sports. Racquets, towels, and locks are available for rental from the facility, but to avoid racking up a nasty bill over multiple uses, invest in your own equipment. Court booking rules are draconian and intolerant of your incertitude. Book in advance, and be ready to defend your turf.

### SCHEDULED APPEARANCES

Infrequently discovered before a student's second or third year, the Faculty of Physical Education and Recreation's online activity registration (located on the Faculty's website) is a great way to fit your favourite activity into a day of classes without having to motor down Whyte Avenue to one of its many yoga studios.

In fact, the University offers both yoga and pilates classes for what amounts to a pocket of spare change a class. But be forewarned: classes like these are in high demand and spots go quickly.

Activities offered include aerobics, kick-boxing, tennis, various sports camps/clubs, intramural rec sports, curling, swimming, and kayaking. Even less recognized is that online activity registration is not limited to just sports.

Students can also sign up for more academic health options and enhance their knowledge of first-aid, take physical condition assessments, or take nutrition counselling.





## *you are what you eat* **FOOD FREAKS**

**SO YOU'VE MADE IT THIS FAR. YOU'VE SIGNED UP FOR YOUR COURSES, YOU'VE GOT YOUR CLASSROOMS MAPPED OUT, AND YOU'VE STRAPPED ON YOUR BEST PAIR OF THINKIN' SHOES. YOU THINK YOU'VE GOT EVERYTHING FIGURED OUT? IT'LL BE AS EASY AS BREATHING, RIGHT? WRONG — YOU SEE, IT'LL BE AS EASY AS EATING, MY FRIEND! BUT AS YOU'RE ABOUT TO FIND OUT, KEEPING YOUR NUTRITIONAL AND FISCAL RESPONSIBILITIES IN CHECK CAN PROVE TO BE QUITE THE BALANCING ACT WITHOUT THE PROPER TRAINING.**

A financially self-sufficient student on a healthy meal plan is rarer than a set of conjoined twins, but help is always forthcoming even with the most unaccommodating of budgets — such as zero. The Campus Food Bank is your fall-back. The centre is a Students'-Union-run guarantee that while you might not eat like a king, you'll eat. Located in 2-900 of SUB, the Food Bank is open Monday to Thursday from 12 p.m. – 5 p.m.

But what if you've graduated from educationally enforced poverty and feel a little green in your pockets to throw around? Chances are your freshly paid self won't find an \$8 Room at the Top burger is worth the investment. Other options, such as Aramark-funded fast food in the basement of CAB, offer sub-par cuisine for premium prices, and the Tim Hortons popping up everywhere offer no price advantages to their off-campus counterparts. Remember, your grandpappy probably lived on \$8 a year while walking through way more snow than you will this year, so spend wisely.

Keep your eyes open while walking about campus. Throughout the fall months — and even a few of the winter ones — many of campus' green spaces and Quads are crowded with lineups for student group barbecues. \$4 is the typical price of one of these barbecued delights. Plus, you get to pat yourself on the back for giving back to your university community.

Administration-sponsored presentations and talks around campus frequently come with catering and are a good way to grab a snack without sacrificing any dollars. Even the big corporate man can help a student out once in a while as Taco Time proves with its Toonie Tuesdays

### *For love of Veggies*

Alberta is a tough place for vegetarian/vegan-types with all of its AAA beef and, well, lots and lots of beef. But the University area is, with a little searching, willing to reveal some local culinary gems.

On campus, students can choose from a few options. The Eurasian Bistro in HUB Mall is vegetarian- and vegan-friendly upon request, while L'express in SUB offers veggie lasagna and select salads and wraps. If you're between classes and speed is your game, veggie subs are available at both Mr. Sub and Subway, and as an added bonus both establishments have vegan bread available.

Marco's, located in the corner of SUB's food court, is usually home to meaty creations, but also serve vegetarian falafel, hummus, and veggie burgers. And the sweet potato fries at Dewey's (well-known to vegetarians and the carnivorous alike across campus) can be ordered with vegan chili and a salad to assemble

in SUB, which have helped many a hungry student steam through exams — straight to the outhouse, mind you. Even noodle and rice dishes are available for a couple paltry dollars at Edo in SUB and Oodle Noodle on nearby Whyte Avenue, respectively.

It's also important to remember that your newfound student-dom doesn't relegate you entirely to a pitiful diet — eating woes are easily dispelled by a slightly fatter wallet. And with a little investment, a healthy diet is easy to maintain throughout the scholastic year.

The recently opened Sobeys Urban Fresh store located south-east of the hospital provides an array of fruits, vegetables, meats and packaged goods, but expect to pay the prices of a pretentious cosmopolitan bistro. It's still possible to get a sandwich like mom made, too. Just swing by Motherly in HUB mall and grab soup of the day and a home-style sandwich for under \$10. Motherly also boasts campus' best chocolate muffin, edging Java Jive out to a close second in a pooling of local news editors. If you're on the hunt for some tasty salad and rice dishes while in HUB, Beez is also a notable stop: prices are reasonable, service is phenomenal, and your waistline won't hate you for anything you choose off the menu there.

Even a touch of sophistication is available to students in the form of the Arbour Restaurant at Rutherford House. Yes, that fancy looking house to the north of Humanities isn't just for decoration. In addition to being the home of U of A founder Alexander Cameron Rutherford, it houses the Arbour restaurant, a secluded café style eatery that offers a tame environment and a little class to students willing to spend a little cash.

a veggie feast.

Even Lister Cafeteria has a daily lunch and dinner station that specifically caters to vegetarians and offers a new meat-free dish every day. The menu includes curries, stir fries, and vegetarian chili. However, many options contain cheese and aren't always vegan-friendly. And don't feel left out in the cold just because you're not a residence kid; Lister Cafeteria is open to all students.

Off-campus, options are even more varied. Café Mosaics can be a little pricey, but the restaurant is pure vegetarian and quite a few meals can be made vegan. Remedy Café, located on 88 Avenue and 109 Street is also full of vegetarian options. From 11 a.m.–2 p.m. on Saturday and Sunday they serve up Samosa Dhosa, a crepe-style vegetarian option, along with many vegetarian and vegan options, including vegan cake on occasion.

## **RATT**

*Revisited*

The newly renovated Room At The Top (or "RATT" as it will still be called by everyone, despite the SU's most fervent re-branding efforts) is the local campus watering hole that allow sad clowns to drown their sorrows in bourbon and fat ladies to increase their already mountainous girth with many deep-fried goods. Located on the seventh floor of the Students' Union building and featuring a fantastic view, this pub is an excellent venue to grab a pint and some fries with friends after you're done walking the tightrope for the day. It's also the home of the infamous RATT burger. Though it seems like it was taken from the hindquarters of a Chinese dancing bear, Room At The Top only believes in cruelty to your colon — not cruelty to animals. Despite its lukewarm temperature, the beef patty topped with lettuce and tomatoes on a Kaiser goes down easily enough, before proceeding to make short work of your digestive tract in a way only a sword swallower in an earthquake can understand.

